



Psalms can serve as a guide to worship. Psalms demonstrates to us how we can relate honestly to God. Psalms demonstrates the importance of reflecting & meditating on what God has done for us.

Psalms are musical poems and tend to appeal to our emotions. There are seven types of Psalms: laments, thanksgiving, praise, salvation history, celebration and affirmation, wisdom and songs of trust.

Tips for reading through the Psalms:

- Decide what type of Psalm you are reading.
- Take time to take in the imagery and emotion expressed.
- Pay attention to patterns and repetition.
- Learn to look for metaphors and think about what they mean.

Grab your bible & journal as we go through this Summer in the Psalms reading plan. Take notes, pray & ask God to speak to you through His word.

Week 1: July 3rd - July 9th

- Day 1: Psalms 1-5
- Day 2: Psalms 6-10
- Day 3: Psalms 11-16
- Day 4: Psalms 17-20
- Day 5: Psalms 21-25
- Day 6: Psalms 26-30
- Day 7: Reflect

Week 2: July 10th - July 16th

- Day 8: Psalms 31-35
- Day 9: Psalms 36-41
- Day 10: Psalms 42-46
- Day 11: Psalms 47-51
- Day 12: Psalms 52-56
- Day 13: Psalms 57-61
- Day 14: Reflect

Week 3: July 17th - July 23rd

- Day 15: Psalms 62-67
- Day 16: Psalms 68-72
- Day 17: Psalms 73-77
- Day 18: Psalms 78-82
- Day 19: Psalms 83-87
- Day 20: Psalms 88-92
- Day 21: Reflect

Week 4: July 24th - July 30th

- Day 22: Psalms 93-97
- Day 23: Psalms 98-102
- Day 24: Psalms 103-107
- Day 25: Psalms 108-112
- Day 26: Psalms 113-117
- Day 27: Psalms 118-119
- Day 28: Reflect

Week 5: July 31st - Aug 6th

- Day 29: Psalms 120-125
- Day 30: Psalms 126-130
- Day 31: Psalms 131-136
- Day 32: Psalms 137-140
- Day 33: Psalms 141-144
- Day 34: Psalms 145-150
- Day 35: Reflect