

Seniors on the Move with Jesus

To love and serve God, each other, and our community

Calvary Community Church
15116 Gary St E, Sumner WA
253-863-3352

August 2025 - Senior Highlights

Thursdays

Potluck - August 14th – at noon

Outing – August 21st-- see page 1

Social Event & games – August 28th at 11:00

Fridays at 9am

Breakfast Social - Tim's Café, Orting

Alan's message

Seniors:

OK it's August already and what have we done?

So far, this year we have had...

- 6 amazing Potlucks and fellowships.
- 6 outings with activities that were fun entertaining, and we exercise our minds and bodies.
- We had 5 game days / socials, where we played cards and bingo, then shared our lunch with each other, told stories and had more fellowship.

What are you waiting for?

I know (because I asked) that most of you get our Senior Newsletter. Most of us Seniors (not all but most) are retired and have the time to come to Calvary to mix and mingle with other Seniors.

Now I know that every Senior that wants to come can't always because of mobility issues or don't drive, I get it. But if you can make it, we are an amazing group that loves Jesus, fellowship and being active.

We can't drive everyone (or anyone) because of insurance issues as a group but perhaps someone out there can, and we may be able to put the two of you together. Not saying we can, I'm saying we will try.

Our last outing was to Point Defiance Rose Garden and a picnic to Owen's Beach. If you love the beautiful gardens of Point Defiance it was amazing, and the smells were fantastic. Anyway, we missed not having you with our group.

In August it will be like we will have two potlucks. Our main potluck will still be on August 14th so be sure to arrive by 11:30 to get a good seat and dessert! Then for our outing we will be going to Daphne's place in Graham and we (the Senior group) will provide the hamburgers, hot dogs and maybe brats. You just need to sign up, get on the shuttle or follow us out to Graham. This will happen on August 21st.

As always let us know what we can do for you and how we can improve our group and the things we do. Stop by the Senior Kiosk at any service (Saturday or Sunday) and pick up a copy of our newsletter. Sign up for our group and ask any questions. That's all I have for now. The Lord Bless you and keep you.

See you at church,
Alan & Nancy

Bible Verse for August Isaiah 46:4

"Even to your old age and gray hairs I am He; I am He who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you."

What this emphasizes is God's unchanging nature. From youth to old age. He remains constant-faithful, present, and sovereign. It's a powerful declaration that aging does not distance us from HIS care.

Outing Committee Report:

Upcoming Outings!!

August 21st BBQ and picnic potluck at Daphne's place in Graham.

The senior fund will provide the meat and buns (Hamburgers, hot dogs and bratwurst or Italian sausage if Costco is out of brats again).

We will have a sign-up sheet for the side dishes, condiments, desserts and beverages just like we did for Lee's place on the lake.

We will meet at the church at 10:30 and leave, either by carpool or shuttle at 10:45. Or you can meet us at about 11:15.

September 11: (YES, THAT IS THE 2ND THURSDAY AND NOT USUAL 3RD THURSDAY)

Mark and Delda Jones will be leading this one to the sculpture park in Ashford.

This switch is due to the church hosting Cascade Christian School on September 11th.

Do any of you have Ideas for the winter? Bruno's, Mazatlan, Sorci's all come to mind. Your ideas are welcome (I may even let you take the lead.)

gw.hobbit@gmail.com or text 253-831-6792

Help Wanted with the Outings Committee

Do you want to get more involved? We can use your help on the outings committee.

Outing with Wanda

Shakespeare's A Midsummer Night's Dream
at Wright Park in Tacoma on August 9th at 7:00 p.m.

Bring a low lawn chair or blanket to sit on, picnic dinner if you like, and a jacket in case it gets cool.

Come early for best seats as the space fills up. No RSVP required.

If you have questions or want to meet up or walk beforehand, email me at wccdmcde@yahoo.com.

Wanda

August Recipe

 **Tropical Coconut Trail Mix** 
(August 31st - National Trail Mix Day)

Ingredients

- 1 Cup Unsweetened Coconut Flakes
- 1 Cup Macadamia Nuts
- 1 Cup Pineapple Chunks (dried)
- ½ Cup Pumpkin Seeds
- ½ Cup Banana Chips
- ½ Cup Cashews

Directions

1. In a large bowl, combine all ingredients.
3. Mix until evenly distributed.
4. Store in an airtight container at room temperature for up to two weeks

Birthday Treats by Heidi Hunter



I know most people say that they don't like to make a big fuss over their birthday but not me at least when it comes to little treats!

I love that it is the one-month day of the year that I get to go and collect free little treats from the places I enjoy going to throughout the year. Make sure you check each website as most require you to sign up with your birthdate the month before.

Here are a few of our favorites:

A&W All American Food

Get a free root beer float on your birthday by joining the **Mug Club**.

Applebee's

Get a free dessert on your birthday when you join **Club Applebee's**...if you spend \$15 or more on your big day. You'll also get a free appetizer with your first order after signup, though the \$15 order minimum still applies.

Chick-fil-A

Join **Chick-fil-A One** to get "something sweet" for your birthday." It'll probably be a free cookie, but your individual offer may vary. You can find your offer by checking the 'Rewards' tab in the Chick-fil-A app on your birth date.

Cinnabon

Subscribe to **Cinnabon Rewards** to get a free iced coffee on your birthday and a free order of Bon Bites (with purchase) when you sign up.

Stay tuned for more!

Are you Looking for more to do?

Consider checking out a Senior Centers near you

Auburn Senior Center

808 9th St SE

253-931-3016

WWW.Auburnwa.gov/seniors

Bonney Lake Senior Center

Open M-F - 8am - 4pm

19304 Bonney Lake Blvd

253-863-7658

Orting Valley Senior Center

Open Mon-Thurs 9am-2pm

120 Washington Ave N (meals)

112 Varner Ave SE (activities center)

360-893-5827

www.seniorcenter@orting.wednet.edu

Puyallup Activity Center

Open M-F - 8am-5pm

230 West Pioneer

253-841-5555

Sumner Senior Center

Open M-F - 8am-4:30pm

15506 62nd St Ct E

253-863-2910

Tacoma Senior Centers

Pt Defiance/Ruston Senior Center

Opens at 9am

4716 N Baltimore

253-756-0601

Beacon Senior Center

Open Mon & Tues 8am-3pm

415 S 13th St

253-301-3369

Lighthouse Activity Center

Open Mon/Tues & Thurs/Fri

at 8am-3pm

5016 A Street

253-426-1282

Here are a few local Senior Centers that are in our area. I also have a printed list of senior centers in Pierce County; I plan on putting current newsletters somewhere they'll be available for people to look at. Most senior centers offer a hot meal for seniors Monday – Friday for a donation but will provide a meal even when someone is unable to donate. There are also some Senior Centers which will deliver a meal if you can't make it in to get one. Some food banks will also deliver groceries to those who can't pick up.

If you're looking for more to do, you can go to your local senior center, register with them and they should be able to mail you copies of their current schedule of events and meals each month. Make some friends, invite them to Calvary seniors' group or to Church.



Church is Fun

Word Search

L B L M C U D C O U R A G E G R A C E R
H E A L I N G V K F W T P E A C E I C B
J E S U S F N K P C H U R C H M X L F O
X O P F Q L U H O L Y N F A I T H I O N
W R C O M P A S S I O N Z D H A A K D E
I Q F A X T W J P I H S D N E I R F M O
S K U A E G N I T G O D S L B E L I E F
D J O Y I T M A B N Y L Q F G U Z K F E
O V M S R T V A I E Z Z G N I V I G N W
M B O W P L H R K P S R E C N E I T A P
H W Q O A I L F Q W O D E I Q X J L Q A
F O X S B V R F U U Q G L A N R E T E F
G N T V A E U I Z L D B L E S S I N G S
A W R J K U D C T Y N J W V U F Q U Q T
M K T L O V E I N S S E N E V I G R O F
G U I D A N C E E T H P S T S I R H C X
M U Y K W O S Y U N N N B S Q L V H P O
L Y Y C R E M S K J C H O P E Q F U F I
O N E V A E H D A J G E J M X U L K S Q
T R U T H J B E F D D K B U V M N D V F

Word list:

BELIEF

BLESSINGS

CHRIST

CHURCH

COMPASSION

COURAGE

ETERNAL

FAITH

FAITHFULNESS

FORGIVENESS

FRIENDSHIP

GIVING

GOD

GRACE

GUIDANCE

HEALING

HEAVEN

HOLY

HOPE

JESUS

JOY

LOVE

MERCY

OBEDIENCE

PATIENCE

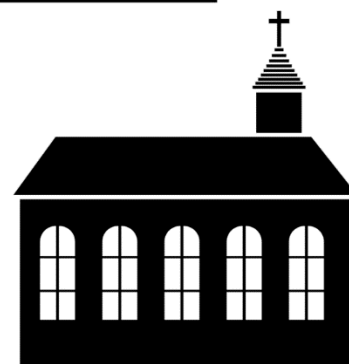
PEACE

SALVATION

SPIRIT

TRUTH

WISDOM





Scripture

CROSSWORD PUZZLE

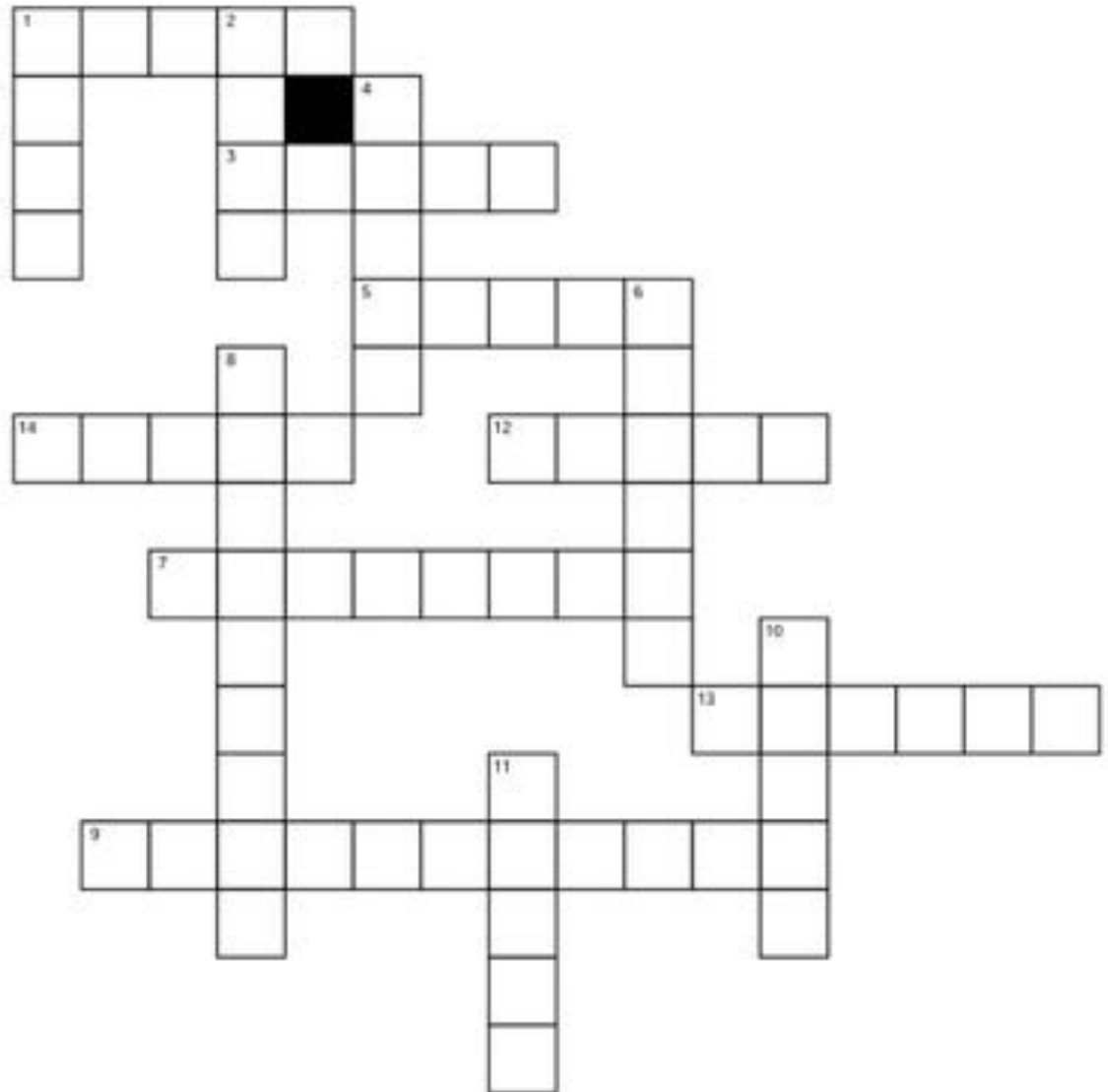
1

DOWN

1. The greatest commandment
2. Confident expectation of God's promises
4. Belief and trust in God
6. Eternal home with God
8. The Word of God
10. Where Jesus died for our sins
11. The Son of God and Savior of the world

ACROSS

1. Jesus said He is this of the world
3. A book of songs and prayers in the Bible
5. God's Word is this
7. A follower of Jesus
9. Letting go of offense or debt
12. Calm and assurance from trusting God
13. Talking and listening to God
14. God's unearned favor toward us



August 2025 – Calvary Seniors Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday also to any seniors whose birthday may have missed. Everyone have a Blessed Month! Nancy Ribeira				1 9am Breakfast/coffee Tim's Kitchen, Orting	2
3	4	5	6	7 Bev Nelson Nancy Brabec	8 9am Breakfast/coffee Tim's Kitchen, Orting Phil Morris Hank Stockman	9
10	11	12 Nancy Ribeira Beth (blood-pressure)	13 Bill Esser	14 Potluck	15 9am Breakfast/coffee Tim's Kitchen, Orting Daphne Lynch	16
17 Kay Creech	18 Heidi - (seniors)	19	20 John O'Neil	21 Outing	22 9am Breakfast/coffee Tim's Kitchen, Orting Heavenly Birthday Irene Feller	23
24 Wendy Bradshaw	25	26	27	28 MPR 11am games/social Bring your lunch	29 9am Breakfast/coffee Tim's Kitchen, Orting	30 Cindy Zitterich
31						