

Seniors on the Move with Jesus



To love and serve God, each other, and our community

Calvary Community Church
15116 Gary St E, Sumner WA
253-863-3352

July 2026 - Senior Highlights

Potluck – July 9th in MPR

Outing – July 16th Rhododendron Garden

Social event/games – July 23rd in the MPR

Fridays at 9am

Breakfast Social - Tim's Café, Orting

Thoughts from Mark

I want to say a very special thanks to Dr. Brent McDaniel who spoke at our June potluck. Although Delda and I were away on vacation, I have heard nothing but wonderful comments about his message to our group.

During June we had two opportunities to volunteer. Wanda Crow led the effort to fold 1000 t-shirts for our upcoming Vacation Bible School. A group predominantly of seniors turned out and accomplished the task easily. We also gathered to assemble our NEW DIRECTORIES!! These will be distributed at our July potluck, so make it a point to be there to get yours. I think you will be very pleased with the final product. Thanks so much to Tami, Heidi and their staff in making this happen!

The following was submitted by John Haager.

There is something about the story of the lost sheep that becomes almost overwhelming once you truly see it.

Jesus says a shepherd leaves the ninety-nine to go after one sheep that wandered away.

Most people picture this as soft and gentle. A clean little lamb carried peacefully home.

But that is not the reality Jesus was describing.

Lost sheep are filthy.

They fall into mud.

They get tangled in thorns.

They become covered in dirt, sweat, and their own mess.

And the longer they are lost, the worse it gets.

A sheep cannot rescue itself. Once trapped, exhausted, or injured, it becomes completely dependent on the shepherd to come find it.

That is humanity.

Scripture says all we like sheep have gone astray. Every person has wandered. Every person has become stuck in places they could not escape on their own.

And this is where the story becomes breathtaking. When the shepherd finds the sheep, he does not punish it.

He does not lecture it.

He does not force it to clean itself first.

He lifts it.

Jesus says the shepherd places the sheep on his shoulders and carries it home rejoicing.

Think about that image carefully.

The dirtiest parts of the sheep would rest against the shepherd's neck and face. The mud. The smell.

The filth. The weight.

The shepherd willingly carries all of it.

And that is exactly what Jesus did at the cross.

He did not save humanity from a distance.

He stepped directly into the mess.

The shame people try to hide.

The guilt people cannot erase.

The weight people were never meant to carry alone.

Jesus took it upon Himself willingly.

Scripture says He became sin for us so we could become the righteousness of God in Him.

The Shepherd carried the sheep.

The holy carried the unclean.

The spotless carried the stained.

The sinless carried the sinful.

And He did not do it reluctantly.

He rejoiced.

That may be the most beautiful part of the entire parable.

Jesus does not describe the shepherd dragging the sheep home in frustration.

He describes celebration.

Joy.

Love.

The Shepherd is glad to carry what the sheep could not.

Religion says, "Clean yourself up and then come back."

Jesus says, "I will carry you home Myself."
Religion says your mess disqualifies you.
Jesus says your need is exactly why He came.
This is the Gospel.
You are not saved because you stayed clean.
You are saved because the Shepherd came for you.
You are not held together by your strength.
You are held by His shoulders.
And maybe someone reading this needs to hear this today.
God is not exhausted by your weakness.
He is not repelled by your wounds.
He is not waiting for a polished version of you before He draws near.
He already carried the worst of it to the cross.
The nails prove that.
So stop hiding from the Shepherd who already knows where you wandered.
Let Him carry you.
Because the heart of God has never been about finding perfect sheep.
It has always been about bringing lost ones home.
Author Unknown

July Scriptures

Psalms 143:5, Phil. 1:4, I Thess. 1:3

I remember the days of long ago: I meditate on all your works and consider what your hands have done. Psalm 143:5 Do you reflect on your life and remember what the Lord has done in your life and in others' lives? Even a down day can turn into a day of gratitude and praise when thinking back on all the LORD has done. In the past 8 years, I can look back and see God leading us to Washington and a cross-country move. I can see our youngest granddaughter drawing a picture of a larger family including Mark and I as she adjusted to her grandparents being more in her life. A memory comes to mind of a Tehaleh man coming to our home for moving boxes and his sharing about Calvary Community Church. We visited and the LORD showed us Calvary was to be our church home. Through meeting Leslie, Alan and Nancy we were invited to senior group and later Bible studies we still enjoy today. We have seen the LORD work in many ways in our lives and others during times of A-G-I-N-G, illness, surgery, financial stress and family issues. We have seen "you, our senior

group", step out to serve in our senior ministry in various ways. We are grateful to remember how the LORD is working in you to serve with hospitality, senior activities, devotions, transportation, and coming along side new leadership. Phil 1:4 "I always thank my God as I remember you in my prayers." Mark, and I are grateful for each of you and the LORD's work in your lives. I Thess. 1:3, "We remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired our hope in our LORD Jesus Christ." Thank you, Jesus. Thank you, brothers, and sisters in Christ.
-Mark and Delda

A Spoonful of Sugar - Hospice

by Dr. Wanda Crow, Pharm D

Excluding divine intervention, all of us will go through the process of dying. The biggest mistake most people make is waiting too long to start hospice. Some people wait, fearing they will "give up" and die. Hospice is designed to provide comfort, dignity and improved quality of life. By going through the process with someone who knows what to expect, you can be more confident in your care and focus on what matters most to you.

Hospice eligibility is based on (1) a terminal diagnosis and (2) a life *expectancy* of 6 months or less. You can graduate off hospice if your condition improves and re-enter later if you choose. During your hospice time, you can expect an initial in-home doctor visit then at least one nurse visit weekly. You can receive hospice care in your home, an adult family home, or a nursing facility. There are also dedicated inpatient facilities that serve only people on hospice.

Depending on the program, hospice provides medication, mobility devices, commodes, hospital beds, and incontinence supplies. They may provide respite care, massage, bathing assistance, music therapy, volunteer services, housekeeping, chaplain visits or grief counseling. Not all drugs are covered. Medications used to *treat or slow progression* of a disease state (i.e., chemotherapy) are generally not covered. Comfort medications (for pain, constipation, anxiety) are covered. Routine medications (i.e., for blood pressure, diabetes, etc.)

may be covered by hospice. You may choose to pay for non-hospice covered medications.

Each hospice program is unique. They are businesses for profit. As such, feel free to shop around. You want to be comfortable with the people and the services. Ask questions. Find one that suits your needs and is covered by your insurance. (Medicare Part A covers hospice.) You are not alone.

This is not medical advice. Questions? Please speak to your medical provider.

Recent Senior Activities

Calvary Seniors: We had our regular events for the month of June. The Potluck and the Outing to Lee



Karsten of Lake Tapps. I hope you enjoyed them both. I would like to recap the June Potluck since it was such a great Potluck. I think the main reason the June Potluck was so well attended was because June has Father's Day and everyone loves Father's Day, right? Ok, ok Mother's Day is awesome as well. We had great food and awesome fellowship. If you were not there, this is what happened. First, we had 72 seniors and three new couples attended. Normally we have around 45 to 50ish seniors so this was a very good turnout. Our very own Pastor Dr Brent McDaniel spoke on the Prodigal Son from a parent's point of view. If you have a copy of June's newsletter, you can read what he had to say.

You know if you came to the Senior Potluck, and you have a Senior friend or neighbor who you think would enjoy what we do then bring them along with you. They do not have to go to Calvary, and it doesn't matter if they are non-believers. That's the great thing about our God. He loves everyone and we do to.

That's all we have for now. See you in church

-Alan & Nancy Ribeira
the Senior Group.



Seniors in Action:

Thank you to everyone who was able to come out and help with folding VBS shirts. We heard it was done in record time!

Upcoming Activities/Events

July 9th Potluck 12:00

July 16th Rhododendron Garden we are partnering with Bonney Lake Senior Center
Meet at Church at 10 depart at 10:15 then lunch at Mama Stortinis
\$20 for guided tour or \$9 for self-guided tour

July 23rd Social we are partnering with Bonney Lake Senior Center

July 28th Tacoma Rainiers Game

Meet at the church at 10, depart at 10:15 game time 12:05

Tickets have been purchased and distributed, plan to join us next year for this event

Month	2026 Outings	Leader
July	Rainiers Baseball Game	Mark & Ken
August	Point Ruston	Wanda
September	2 Day Orcas Island Trip	Mark & Delda
October	Harvest Festival	
November	New Day NW	Tami
December	Scrooge & Christmas Lights	

*****Items in purple still need someone to lead***

July Recipe

Apple Pie Bars

10x13 pan

2 1/2 c flour

2 tsp sugar

2 egg yolks or whole + milk to fill 2/3 c

1/2 tsp salt

1 c butter

11x15 pan

3 c flour

1 T sugar

2 egg yolks or whole + milk to fill 3/4 c

3/4 tsp salt

1 1/2 c butter

Mix dry ingredients and butter as for pastry. Add milk and egg mixture. Mix well. Roll out half of the dough onto a jelly roll pan. Spread with a light coat of egg white.

6 apples, peeled and sliced

9 apples, peeled and sliced

Or use as many apples as you want, depending on size.

Sprinkle over apples:

1 1/4 c sugar

1 3/4 c sugar

1 tsp cinnamon

1 1/2 tsp cinnamon

Roll out remaining dough and place on top of the apple mixture. Spread with a light coat of egg white. Bake at 400 degrees for 35-40 minutes, or until brown. Drizzle with thin powdered sugar icing or sprinkle with more cinnamon and sugar before baking.

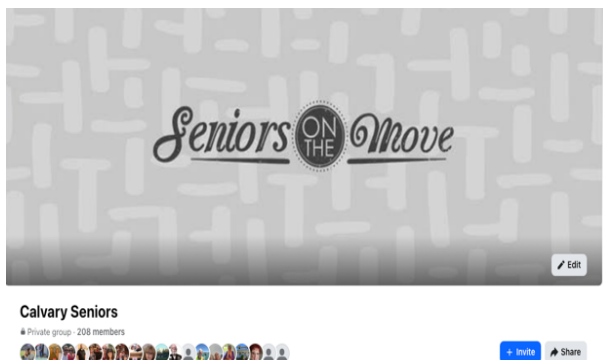
Beth Jones made this dessert for our Mud Mountain picnic. Thank you, Beth, for joining our group and submitting your recipe.



Make sure to join us each weekend for services at:
Saturday at 6pm
Sunday 8, 9:30 and 11:15

Are you on Facebook? We are!

Join one or both facebook groups to get connected and be in the know



Search for and join "Calvary Seniors" & "Calvary Seniors Laughs & Encouragement"

July 2026 – Calvary Seniors Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy birthday & anniversary to anyone we may have unintentionally missed! Have a great July & be blessed! -Nancy Ribera			1	2	3	4
				Nancy Slater 	9am Breakfast/coffee Tim's Kitchen, Orting Linda Hagger 	
5	6	7	8	9	10	11
		Blanca Credelle 		Potluck Vicki Lyon 	9am Breakfast/coffee Tim's Kitchen, Orting Mike Walker 	
12	13	14	15	16	17	18
Sherry Benedetti Connie Walker 			Loren Wambach Scott Davison 	Outing	9am Breakfast/coffee Tim's Kitchen, Orting	Marcy Weber Bud Harrington 
19	20	21	22	23	24	25
			Jill Walk 	Social	9am Breakfast/coffee Tim's Kitchen, Orting	
26	27	28	29	30	31	
						

Seniors Connecting Card

Name: _____ **Phone:** _____ **DOB:** _____

Mailing Address: _____

Email: _____

Bible Study: Yes Not at this time

Life Group: Men's Women's Couples

I would like to receive the newsletter by email: Yes No

Serving Opportunities Care Shuttle Driver Hospitality Outings

Ideas (Potluck programming, outing ideas, other activity ideas): _____

I need assistance with: _____

Prayer Request: _____

**Please tear this page off and turn in at the HUB or take a picture and send to
seniors@wearecalvary.com**