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LIFEHOUSE  
WOMEN'S MINISTRY

# monthly devotional

to encourage you in your walk with Jesus

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## Let Go and Let God

**"The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him."**

**Psalm 28:7**

As an Enneagram 1, Type A personality, and perfectionist I dread the thought of failing. There are a few days where I think "Yes, I rock at being a wife, mom and full-time working mom!" but most days I think I failed at everything that was placed before me. I failed my daughter when she was recently diagnosed with ADHD and needs so much more than I can offer her. I failed my husband when I couldn't keep up the laundry, housework, and dinner on the table that evening. I failed my parents when I forgot my dad's birthday. And the biggest one of all I failed God when I couldn't remember to spend time with him that day. Failure is a frequent flyer in my vocabulary, but should it be? Hasn't God called me to rely on him and less on myself? Aren't I failing because I am not relying on him? How many times has he been standing right next to me as I am failing and just begging me to call on him?

Ladies, the Lord wants to be our crutch. He wants you to lean and rely on him to lead the way forward. The reason we fail is because we are trying to do it all ourselves. God desperately wants to take our burdens and hand them over to him. After you hand it over, trust him to take care of the situation.

Now I don't know about you, but I struggle with that idea, hand over and trust. The first thing that pops into my mind is how do I give these things to God? Then once I figure that out, what happens if I'm scared to give it to Him? What if I don't like how he handles this situation? Control ladies. We all like having control. We want everything to be handled by ourselves and in our own way. Especially if you are like me...Type A, Enneagram 1, perfectionist...I hate losing the control. But daughters of the Most High God, he's begging you to hand it over to him. Once you release it over to him, "Let Go and Let God" because he will make the end result be even better than you ever could've done alone!

**Lord, I know I struggle with giving things over to you. I want to be the one in control of every situation in my life, but Father I need you to take the reins. I am asking you to have your way in this situation/problem/challenge and I am giving it over to you. Remind me daily to continue to let go of this and let you God handle it from here. Amen.**