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LIFEHOUSE
WOMEN'S MINISTRY

monthly devotional

to encourage you in your walk with Jesus

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Do you ever feel you are not doing enough? Enough to help your kids, enough to help the church, enough to help the world. When someone we know is ill, we ask "what can I do to help you?" Sometimes they tell you what they need, but many times we are told things are ok and I'll call if we need something. Hmmm, not a good answer for either of you. This year has been a tough year, yet sometimes we forget the most important thing that we can do and need to do. Pray. No permission is needed to pray for someone.

Psalm 17:6 says **I call on you my God, for you will answer me, turn your ear to me and hear my prayer.** Pray without ceasing. Pray for one another.

Do you share your prayer needs with others? If we are indeed brothers and sisters in Christ, we need to share our troubles and cares. Sometimes it is very humbling to admit that we need help. Have you felt the arms of Jesus suddenly wrap around you and peace settles in?

Ever have the days that someone pops into your mind time and time again? Must mean we need to pray for that person. Take a few minutes (or seconds if it's one of those crazy days) and lift them up to God for His help. He always listens.

I grew up with the phrase "cover yourself in prayer." Take a prayer shawl, quilt, etc. and hide in it. As you pray feel the warmth coming to you and to your soul. If you have a soul mate/prayer warrior, ask for their strength. Draw from each other. God's got this. God's got you.

Dear Lord, please wrap your arms around those who are hurting today. Let them feel your love and be comforted. Amen