



i5 ELITE ACTIVITIES RELEASE

I, _____, have given my permission for my child, _____, to be enrolled in the personalized health and fitness program offered through

i5 ELITE. I recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm my child is in good physical condition and does not suffer from any known disability or condition which would prevent or limit their participation in this exercise program. I acknowledge that my child's enrollment and subsequent participation is purely voluntary and in no way mandated by i5 ELITE.

In consideration of my child's participation in this program, I, _____(Parent), hereby release and discharge any and all claims, injuries, damages of whatever kind or of whatever nature, and hold harmless, i5 CHURCH, Inc. and/or i5 ELITE, and their officers, agents, directors, pastors, counselors, teachers, or any other persons however associated with these entities, from any claims, demands, and causes of action as a result of my voluntary participation and enrollment. I am hereby authorized to sign and bind my child on behalf of both parents.

I fully understand that my child may injure themselves as a result of their enrollment and participation in this program and I, hereby release i5 CHURCH, Inc. and/or i5 ELITE and its agents from any liability now or in the future for conditions or injuries of whatever kind that my child may obtain. These conditions may include, but are not limited to, heart attacks, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that my child may incur, including death.

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

Parent's signature: _____

Participant's signature: _____

Date: _____

DISCIPLINE POLICY:

PARENTS, PLEASE REVIEW THESE RULES WITH YOUR CHILD AND SIGN AT THE BOTTOM!

- We expect each and every athlete to show all of our Coaches and Staff respect at all times
- No athlete should be talking when a coach is addressing or teaching the team
- There is to be no horseplay or disruption while the team and/or a teammate is being addressed
- Every athlete will show respect to his/her teammates
- Fighting, arguing or disruption will NOT be tolerated and subject to disciplinary penalties
- In any event that a child refuses to follow directions or exhibits aggressive or unsafe behavior, we will notify the parent(s)/guardian(s) and request that the child be picked up immediately and subject to disciplinary penalties.
- Disciplinary Penalties (Subject to Discretion of the Coaches, determined by the type of infraction):
 - 1st Offense: Counseling (with athlete/parent)
 - 2nd Offense: No participation in next meet
 - 3rd Offense: Expelled from Team

Participant Signature: _____

Parent Signature: _____

INFORMATION CARD

Participant's Name: _____ Age: _____

Date of Birth: _____ ***(new athletes please provide copy of birth certificate)

How did you hear about us? _____

CONTACT INFORMATION:

Parent's or guardian's name: _____

Email address(es): _____

Address: _____

Phone: (h) _____ (c) _____

Additional Contact's Name: _____

Relationship to Athlete: _____

Address: _____

Phone: (h) _____ (c) _____

Does your child have allergies (e.g. bee stings, dust)? _____

Does your child have any of the following? Asthma Diabetes ADD ADHD Epilepsy

Is your child currently taking medication? Yes No If yes, what? _____

Does your child wear contact lenses? Yes No

Is there additional information we should know about your child's health or physical condition? Yes No If yes, please explain ...

Parent's or Guardian's signature: _____ Date: _____



Registration Paid by CHECK # _____ CC _____ CASH _____ BALANCE DUE _____

