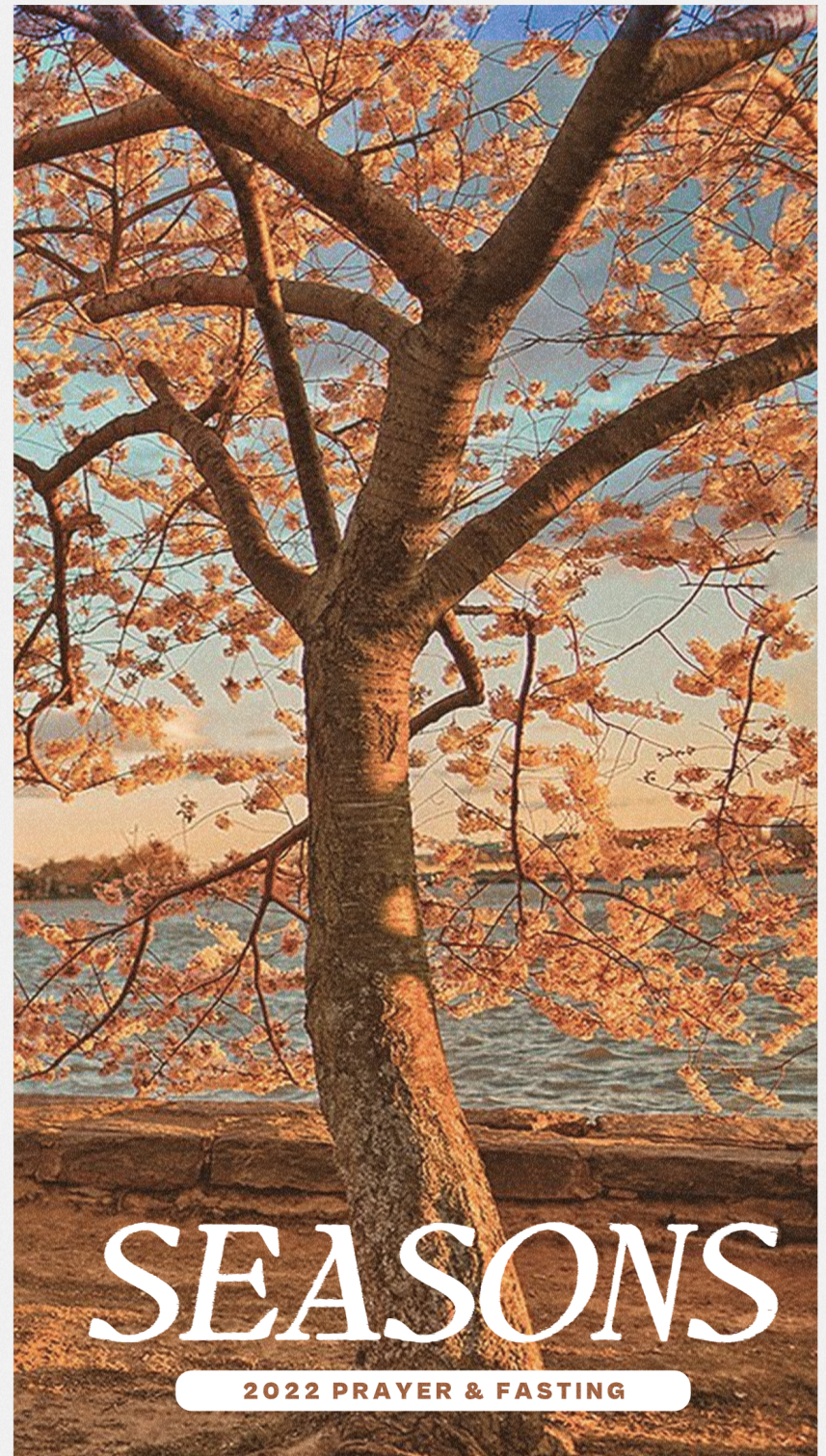
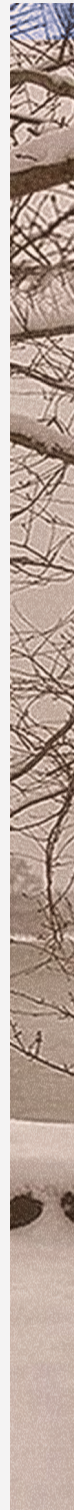


NOTES

Part 3 - A TIME TO ENCOURAGE

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Devotional Week 3 - A Time to ENCOURAGE

Welcome to **week 3** of your fast. As a reminder the devotions will be divided weekly into sevens based on three general themes of 'Seasons'- **Evaluation, Embrace & Encourage.**

This week's 'Season' devotions focus on the theme of **ENCOURAGE**. These next seasons move us from evaluation and embracing to now giving away what we have learned. So I invite you over the next seven days to find time to think and pray over how these types of seasons how you may encourage others.

As a reminder make sure you read through Ecclesiastes 3:1-8 slowly and repetitively throughout the day. Circle the phrases or words that stand out to you and notice how they have meaning from your past. Then, evaluate how they have impacted your heart, relationship with others, and your faith.

Below you will find a simple definition of the following seven seasons. And then a scripture reference to reflect on, a question to ponder, and a declaration to make.

Day 1 - Discipleship Seasons... a time to plant

When you are mentoring and discipling others.

REFLECT: Matthew 28:20

PONDER: Who are you intentionally discipling?

DECLARE: Jesus, thank you for the privilege of helping others grow in Christ. Guide me today in being a better disciple maker.

Day 2 - Wise Seasons... a time to speak, keep silence, seek.

When God imparts wisdom for you to share with others.

REFLECT: Psalm 37:30; James 3:13

PONDER: What area in your life has God imparted a wisdom for you to share with others?

DECLARE: Holy Spirit, wisdom is a gift that should be shared with others. Help me to humbly discern when to speak and who to speak with today.

Day 3 - Hope Seasons...a time to heal, laugh, dance

When Hope is a gift you both received and have to share.

REFLECT: Romans 15:13

PONDER: Who today in your life needs a dose of hope?

DECLARE: Father, today give me eyes to see the person I can share the hope of Christ with today.

Day 4 - Blessed (Fruitful) Seasons... a time to build up, love.

When you are abiding in fruitfulness and blessing.

REFLECT: John 15:8,16

PONDER: What favor do you walk in? How can you share it with others?

DECLARE: Jesus, I recognize my favor, blessing and fruitfulness come from you to be used not just for my gain but for the benefit of others.

Day 5 - Courageous Seasons... a time to sew, throw away.

When God gives you courage to overcome obstacles.

REFLECT: Joshua 1:6,9

PONDER: Where do you need God level courage today?

DECLARE: Holy Spirit, I trust you today to fill me with the courage to be an overcomer and inspirer others.

Day 6 - Giving Seasons... a time to plant.

When you lean into living a life of generosity.

REFLECT: 2 Corinthians 8:7-8

PONDER: Who could you bless with your time, treasure or talent?

DECLARE: Father, show me who I could bless financially (big or small) today as an act of sacrifice and generosity.

Day 7 - Loving Seasons... a time to love.

When the love you received must be given away.

REFLECT: John 13:34-35

PONDER: Who today needs to know and hear how much they are loved?

DECLARE: Jesus, I have received your love in abundance so today let me a conduit of your love in speech and action.

