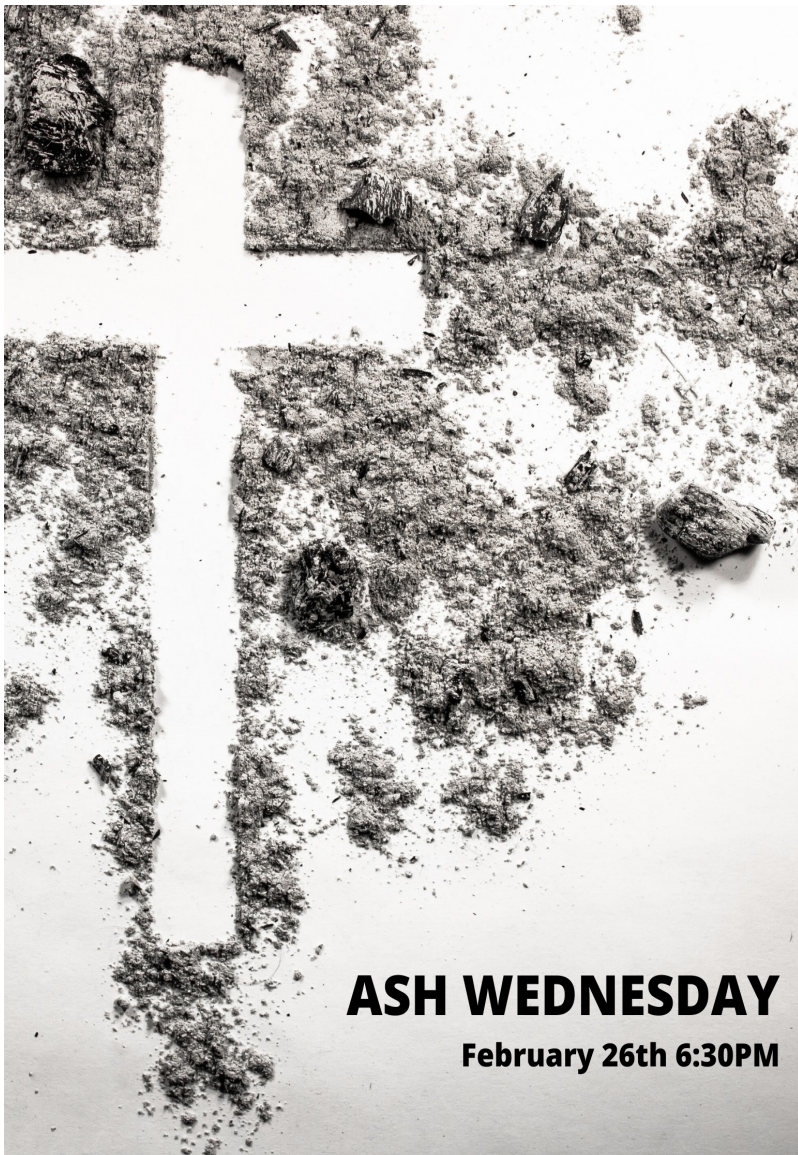


# February 2020



## The Voice Of Crestwood United Methodist Church



Create in me a clean heart,  
O God, and put a new and  
right spirit within me.

- Psalm 51:10

### FEBRUARY GAFFA

#### Studies

Raising Christian Children  
What happens....when we die?  
Rev Kev's Mr. Rogers Study

#### Meals

FEB 5 - Chick-Fil-A  
FEB 12 - Martini's  
FEB 19 - Hometown  
FEB 26 - El Acapulco

## From the Church Office

Our Budget for 2020 was finalized at the Finance Committee Meeting on January 13, 2020. Our breakdown is as follows: Ministry at Home is 14.5%, Care of Church Property is 23.7%, Staff is 50.8% and Conference Apportionments is 11%. Year end giving statements have been emailed. If you did not receive it or need a paper copy mailed, please contact Delores. If you have any questions please contact her anytime in the church office at [delores@crestwoodmethodist.com](mailto:delores@crestwoodmethodist.com) or 241-8984.

## 2020 Giving Through January 31

## February Meetings & Events

Costa Rica Mission Trip—February 1st—9th

Children's Council Meeting and Storage Clean Out—February 2nd—12:30-2:00PM—Fellowship Hall  
MOPS—February 7th—CLC

Father Daughter Dance—February 7th—6:30PM-8:30PM - CLC

Scout Sunday—February 9th

United Methodist Men— February 10th—6:30PM—CLC

Mary Louise Guild—February 18th— 6:30PM—CLC—Heaven Bound Classroom

Youth 30 Hour Famine—February 22nd-23rd

Missions and Ministry Meeting—February 20th—The Baker's Home—7:00PM

Ash Wednesday Service—February 26th—6:30PM—Sanctuary

GriefShare—March 1—2:00-3:30—Education Building 105/106

## Office Volunteers Needed

Our office staff is supplemented by volunteers to help greet office visitors, answer the phone, assist with paper work and other tasks. Volunteers typically commit to a few hours in the morning or afternoon to work with Karen, Kim and Delores. We currently have needs for the morning or afternoon on Wednesday, Thursday morning and Friday morning or afternoon. Friday is our biggest need as Karen runs the bulletins on Friday's and having someone to help with the phones is of great assistance. You can call the church office at 241-8984 or contact Karen Grimes at [kgrimes@crestwoodmethodist.com](mailto:kgrimes@crestwoodmethodist.com).

## Discipleship – How did the Early Disciples Act

In the final two verses of Matthew, Jesus tells his disciples “go and make disciples of all nations.” (Matt 28:19) and “teach these new disciples to obey all the commands I have given you” (20). Then in the early verses of ACTS, Jesus tells His disciples to not leave Jerusalem until they receive from the Father the gift of the Holy Spirit (Act 1:4). And just prior to ascending into heaven, Jesus tells them that after receiving the power of the Holy Spirit, “you will be my witnesses, telling people about me everywhere, .... to the ends of the earth.” (8).

We are then told that the eleven disciples return to Jerusalem and remained together and were constantly in prayer having been joined by Jesus’ mother, several other women, and the brothers of Jesus.

These directions from Jesus and the response of the disciples serve as a very clear statement of what He would have you and I do as His modern day disciples, His disciples in 2020, residing here in the Crestwood area, united together as members of Crestwood UMC. Are each of us, individually, and all of us as a group, prepared to respond to the words of our Savior as His followers 2000 years ago responded? What were the results of their obedience and what might be the results if we are obedient in our response?

Acts goes on to tell us that the 11 became 120, the Holy Spirit came upon them on Pentecost and the disciples, led by Peter, began sharing the Good News with others. On that day, 3,000 became believers and were baptized. Further, these believers met together in one place and shared everything they had, they worshiped together, met in homes for the Lord’s Supper and shared meals with great joy and generosity (Acts 2:41-47). As time moved forward, their numbers grew, even though they were ridiculed and persecuted and dispersed throughout the surrounding countries. God’s new church was growing and prospering and now over 2000 years later billions throughout the entire world have come to accept Christ as their Savior and continue to grow in their faith and relationship with Jesus.

Eleven obedient faithful followers, united together under the power of the Holy Spirit, have served the Lord and been used by Him to bring billions into a saving relationship with Christ. And now, in our community, it is our turn to be obedient and faithful disciples (followers) of Christ.

How are we going to accomplish that? What specifically are we going to do? Stated simply, ***each of us must continue to grow as a disciple if we are to help make disciples of others, therefore:***

- We are going to unite as a church, a community of believers, meeting together in worship, prayer and study of God’s Word.
- For all in our church who have accepted Jesus as our Savior we are going to help one another grow in that relationship.
- For those in our church who have not yet fully committed to following Christ, we are going to encourage and help them come to that personal decision and welcome them into the eternal Kingdom of God.



## Discipleship – How did the Early Disciples Act, Cont.

- As a community of believers, we are going to go forth into our local community, country and all nations (wherever and whenever God calls us) to share our faith – by example, by boldly sharing the Good News of Jesus, and by sharing with our neighbors the abundance of riches the Lord has blessed us with.
- And in all things and at all times we will praise and glorify the Father, Son and Holy Spirit.

Over the next couple months the Discipleship Team, in conjunction with the Council on Ministries and our Ministerial Staff, will be announcing plans for a variety of new opportunities to help our members grow in their faith, reflect that faith in their day-to-day lives and share that faith with others (**Know/Grow – Show – Go**). These plans will include a focus on things such as:

- New programs at GAFFA on Wednesday evenings for **young adults** through our most senior members – promoting greater church-wide fellowship is essential
- New bible studies on other days and times during the week to give **each** of us an opportunity to better study the Bible – we must be equipped with the Word of God
- Encouraging each member of the church to become active in an **Accountability** Group that meets their needs – we can each help others in our faith journey
- Establishing regular times for corporate prayer – communication with the Lord is key

We look forward to providing you with more information in each Newsletter and most importantly, receiving and incorporating your feedback into our plans.

## Trustees

The Trustee's Committee elects new officers at the beginning of each new year. On January 16, 2020, the Trustee's Committee met and elected new officers for the year.

Elected for 2020:

Bruce Yeagle: Committee Chair

Terry Grimes: Committee Vice-Chair

Kathleen Line: Secretary

The committee has hit the ground running. They are working on appraisals of properties, roof evaluations for all buildings and lighting changeovers to LED bulbs. Bruce has developed a comprehensive plan for all of the buildings on campus. If you have any concerns with any of the buildings or grounds, please let the trustees know or contact the church office.

## Noteworthy News

### Our choir needs you!

**There is no better time to join as we begin work on music for Lent and Easter, especially Handel's Hallelujah Chorus for Easter Sunday! Numerous scientific studies have been conducted that show the powerful effect of community singing in the brain. I'd like to highlight a few excerpts from "*The New Science of Singing Together*" published in The Greater Good Magazine/Greater Good Science Center at UC Berkley, 2015:**

"...group singing not only helps forge social bonds, it also does so particularly quickly, acting as an excellent icebreaker. We've also shown that community singing is effective for bonding large groups, making it an ideal behavior to improve our broader social networks. This is particularly valuable in today's often-alienating world, where many of our social interactions are conducted remotely via Facebook and Twitter."

"...Music-making exercises the brain as well as the body, but singing is particularly beneficial for improving breathing, posture, and muscle tension. Listening to and participating in music has been shown to be effective in pain relief, too, probably due to the release of neurochemicals such as  $\beta$ -endorphin (a natural painkiller responsible for the "high" experienced after intense exercise)"

"...There's also some evidence to suggest that music can play a role in sustaining a healthy immune system, by reducing the stress hormone cortisol and boosting the Immunoglobulin A antibody. Regular choir members report that learning new songs is cognitively stimulating and helps their memory, and it has been shown that singing can help those suffering from dementia, too. The satisfaction of performing together, even without an audience, is likely to be associated with activation of the brain's reward system, including the dopamine pathway, which keeps people coming back for more."

"... Singing has also been shown to improve our sense of happiness and well-being. Research has found, for example, that people feel more positive after actively singing than they do after passively listening to music or after chatting about positive life events. Improved mood probably in part comes directly from the release of positive neurochemicals such as  $\beta$ -endorphin, dopamine, and serotonin. It is also likely to be influenced by changes in our sense of social closeness with others."

Please come check us out on Wednesdays from 6:15-7:30.

The choir room is located off Pryor Ave. in the education wing, next to the gym.

## Noteworthy News—Continued



### ATTENTION BAND STUDENTS

Would you like to perform your solo/ensemble piece? Our church loves to hear you play and we want to support your musical endeavors. If you'd like to play in the 11:00 service, contact us at [valerie@crestwoodmethodist.com](mailto:valerie@crestwoodmethodist.com) or 241-8984.

### Tech Team Help wanted:

Do you like interesting designs? Cool videos? Eye catching visuals? We are looking for someone to create the words and visuals for our worship services. We have great tools, and we need your creativity! No experience necessary - you will get lots of loving help to learn. You just need a desire to create and share God's message on the big screens on Sunday mornings.

## Annual CUMC Fish Fry – VOLUNTEERS NEEDED!

The CUMC Fish Fry is a long held tradition enjoyed for many years by bringing the congregation, our families, and the community together for a pleasant evening of dinner, fun and fellowship.

The Fish Fry has been an annual tradition initiated and sponsored by the CUMC Methodist Men Group. Unfortunately, because of a dwindling and aging membership, this group can no longer sponsor this event. Therefore, the Fish Fry scheduled for Friday, April 24, 2020 will need a team or committee formed to oversee, plan, organize and carry-on this tradition as a church-sponsored event.

Organization and planning for this event must start in early to mid-March. Your service is needed. The Methodist Men's Group offers their knowledge, experience and resources. Persons willing to Chair and Co-Chair this team or committee should contact Ted Burke.

Please volunteer....your assistance will make the 2020 Fish Fry a success.



## Youth Ministries

# YOUTH MINISTRIES

### February 2020

- 2/5 Wednesday Night Youth 6:15-7:30
- 2/12 Wednesday Night Youth 6:15-7:30
- 2/19 Wednesday Night Youth 6:15-7:30
- 2/22-23 Thirty Hour Famine
- 2/26 Ash Wednesday Service 6:30
- 2/29 Night of Praise 7:00 (w/ youth soloists)

Pictured below is a picture of worship and a group shot at our annual Winter Blitz event at Broadbent arena.



Romans 15:5 NLT  
"May God, who gives this patience and encouragement, help you live in complete harmony with each other, as is fitting for followers of Christ Jesus"

### Weekly Activities

#### Sunday School

**10:15AM - Meet in THE PLACE**

After fellowship & donuts in lobby:

All Youth meet @ The Place

#### Wednesday Nights

**5:30-6:15PM - Family Dinner**

@ CLC (reservations required)

**6:15-7:30PM**

All Youth @ The Place

#### Small Groups

**Sundays @ The Youth House**

**4:30-6:00PM - Unashamed**

(High School Boys)

**5:30-7:00PM - Edge**

(8th/9th Grade Girls)

**5:30-7:00PM - Good Shepherds**

(Middle School Boys)

**5:30-7:00PM - GEMS**

(6th/7th Grade Girls)

**Sundays @ The Stoess' House**

**5:15-7:00PM**

(10th/11th/12th Grade Girls)

### What's Happening

#### February

Feb 22 @ 10am to Feb 23 @ 1pm  
Thirty Hour Famine

Feb 29 @ 7:00pm  
Night of Praise

**Small Group Dates: 2/2, 2/9, 2/16, 3/1, 3/8, 3/15, 4/5, 4/19, 5/3, 5/17**

#### March

March 20-22  
Loucon Engage Retreat

#### April

April 26  
Youth Pancake Breakfast



Pictured above: Isaac Calvert with Winter Blitz guest speaker Wes Olds



crestwood\_youth



Crestwood Youth



crestwoodmethodist.com



abby@crestwoodmethodist.com



## Senior Adult Ministry—Triple L

2020 brings not only a new decade but opportunities for new goals to serve as Christians. In order to serve others, we have to also focus on our individual health and wellness. We have an invitation to visit the new Anytime Fitness center located in Crestwood Station to meet with Janet Goodman, lead fitness instructor. In January, Janet spoke to the Triple L Seniors on how we can Live Longer and Love it!!

In the coming year, we will meet at least once a month for lunch and programs. If there are topics you want us to offer, please let us know. Also the Triple L Seniors group is looking for members who can assist us to begin coordination of social outings and trips. Anyone interested in joining our group, please contact [joytabler@gmail.com](mailto:joytabler@gmail.com) or call (502) 417-6725 to talk with Joy.

Faithfully serving,

Joy Tabler

Senior Team Ministry Leader



## Sanctuary Blankets

Do you get a little chilly on Sunday morning? Did you know that we have blankets available for extra warmth? Linda Hoosier and Peggy Townsend joined forces and placed monogrammed blankets in a basket in the church lobby for those who may need them during Sunday Service.

## Billy Pott's 90th Birthday Card Shower

Billy Pott's will turn 90 years young on March 2nd. Would you please help us celebrate Billy Potts 90th Birthday by sending him a birthday card. He loves to get mail!

Billy Potts

Magnolia Springs East, Room 114

13600 LaGrange Road

Louisville KY 40245



## United Methodist Women's 2019 Treasurer's Report

**January 1, 2019 thru December 31, 2019**

For general information, in addition to the monies given to our Heartland UMW as indicated in the following report, our two circles donated to various local charities:

Faith and Service Circle     \$775.00

Mary Louise Guild Circle   \$1,495.00 (in addition, \$800 spent for Laundry Love)

### **Local Mission activities of our Circles:**

#### Mary Louise Guild Circle:

Held their annual Diamond Jubilee Luncheon for church members 75 and older along with a guest, serving 55 people.

Prepared and served a meal to an average of 50 people attending Celebrate Recovery at Portland's Church of the Promise in April and October.

Held a "house" shower for the McCauley House in April, bringing supplies that they needed for their "home" and holding the monthly meeting there as well.

In June, prepared 55 hygiene kits for UMCOR for disaster relief.

In April and September worked the Laundry Love ministry at Crestwood Laundry, supplying folks with detergent and dryer sheets, along with money to operate the machines, and had snacks and coloring books for the children that were there.

#### The Faith and Service Circle:

Participated in an exchange with Watson-Powell center in Berrytown, preparing a meal for one another and a providing a program.

Prepared 100 hygiene bags for the homeless and Veterans.

Made 100 decorated Christmas stockings for the Dream Factory.

Prepared 1,000 decorated tent cards for dinner trays at Baptist LaGrange that contained a bible verse.

Served a "Hot Dog Hover" at Highpoint Ministries in the fall which consisted of a hot dog, chips, dessert and a drink for the families using their services.

As one can see, we are active United Methodist Women, serving others in various ways. If you would like to join us, the Mary Louise Guild circle meets on the 3<sup>rd</sup> Tuesday of each month in the Heaven Bound classroom of the Christian Living Center, and the Faith and Service circle meets on the first Wednesday of each month in the double classroom across from the choir room in the education wing off of Dot King Fellowship Hall. You may contact Ann Whitfield at 502-648-2419 (Mary Louise Guild) or Betsy Price at 502-758-1822 (Faith & Service) or Joan Bryant (502-387-0386).

## United Methodist Women's 2019 Treasurer's Report—Cont.

### Crestwood United Methodist Women

#### Unit Treasurer Report

January 1, 2019 thru December 31, 2019

Beginning Balance: \$207.90

#### Receipts:

Close out of Grace & Unity Circle	761.78
Anonymous donation	50.00
Mary Louise Guild pledges	2,610.00
Faith & Service pledges	856.50
World Thank offering	37.74
Fish Fry Dessert sales	1,016.00
Steve O's Fundraiser	200.00
Kroger Community Rewards	105.17
Mother's Day Rose sale	1,068.75
Legacy Fund donations	<u>375.00</u>
<b>Total Receipts</b>	<b>\$7,080.94</b>

#### Disbursements:

Pledge to Missions-Heartland District (pledged \$2,400)	3,466.50
World Thank Offering-Heartland Dist	37.74
Gift to Missions-Heartland District	30.00
Gift in Memory-Heartland District	30.00
Legacy Fund-Heartland District	375.00
Special Mission Recognition	40.00
Response Magazine	24.00
Minish & Potts-roses	623.00
Thailand Methodist Mission	500.00
CMA	1,000.00
Methodist Homes of KY	500.00
Mary Louise Guild-share of fundraisers	101.72
Faith & Service-share of fundraisers	<u>101.72</u>
<b>Total Disbursements</b>	<b>\$6,829.68</b>
Ending Balance	<b>\$459.16</b>

Respectfully submitted,

Joan T. Bryant, Unit Treasurer of Crestwood United Methodist Women

## GriefShare Spring 2020

[CrestwoodMethodist.com/GriefShare](http://CrestwoodMethodist.com/GriefShare)

Sundays, starting March 1, from 2:00PM-3:30PM in the Education Building room 105/106, Susan Sherrod will be leading a 13-week GriefShare group. Everyone is welcome to come. Each session is independent and you can join anytime.

Registration is requested. Please contact the Church office at 241-8984 or email Susan at [susan6015@gmail.com](mailto:susan6015@gmail.com).



13 WEEK SESSION - BEGINS MARCH 1

Sundays 2:00PM -3:30PM  
March 1 - May 24  
Education Building -  
Room 105/106

## Preschool News

This is an exciting time of year for the preschool! We have been blessed to have 106 children registered so far for the 2020-2021 school year and are still doing tours as needed. If you know someone looking for a preschool, please send them our way – soon! We have lots of room for 3 year old's. Our website, [www.crestwoodmethodist.com/preschool](http://www.crestwoodmethodist.com/preschool) is full of information they will find helpful. They may also call us at 553-9362.

This month the children will celebrate Valentine's Day with classroom parties, we will hold our long-standing Mamas in Pajamas parties celebrating our fabulous mommies.

We would like to thank the moms of CUMC MOPS for helping us provide free childcare to our families during parent-teacher conferences at the end of January. Parents were grateful for not having to arrange for this on their own and for being able to focus on their child's conference.

# RAISE SOME DOUGH

Enjoy yourself and support our cause  
at a special fundraising event for:

**CUMC Preschool**

February 11, 2020

4:30 p.m. to 7:30 p.m.

**Blaze Pizza - Paddock Shops**

4118 Summit Plaza Drive, Louisville, KY 40241

**Bring in this flyer or show it on your phone before paying.**

Blaze Pizza will donate 20% of proceeds from your meal  
back to our organization.



Donation amount excludes proceeds from tax and gift card purchases. Valid for dine-in and take-out only. Not valid for online orders. Alcoholic beverages excluded. Event proceeds void if flyers are distributed in or near the restaurant.

On February 11, we will have a fundraising night at Blaze Pizza at the Paddock Shops from 4:30 – 9:00. Show the flyer below before you pay and 20% will come back to the preschool. Thank you in advance for your support!

As always, we are grateful for the home CUMC has allowed our ministry. Thank you!

With gratitude and love,

Tina





## Children's Ministry

SUNDAY FEB 2-12:30-2

### CHILDREN'S COUNCIL MEETING

Bring finger food to share

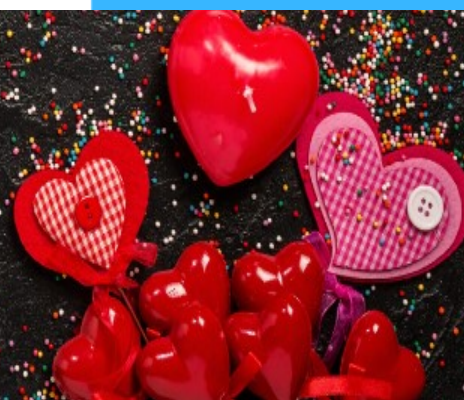
Dungeon Storage Cleanup - You might get dirty

Nursery  
Children's Sunday School  
Children's Church  
GAFFA programs for Children  
Children's Choir  
Acolytes  
Family Events  
Vacation Bible School  
Upward Basketball

12TH ANNUAL

## FATHER DAUGHTER DANCE

Friday, February 7th  
6:30-8:30 PM



*Faith Adventure*  
*4th & 5th Grade Lock-In*



MARCH 6-7  
6:37PM - 9:54AM

## SAVE THE DATE!

### CHILDREN'S MINISTRY 2020

4th & 5th Grade Lock-in - March 6-7

Easter Egg Hunt - April 11

VBS Music Camp - July 7-10

VBS - Knights of the North Castle - July 13 - 17

Trunk-or-Treat - October 25



## February Birthdays & Anniversaries

### February 2

Diane Ferebee

Seth Pollitt

### February 3

Samantha Rash

### February 4

Greyson Hack

### February 5

Kimberly Drake

### February 7

Leisa Spencer

### February 8

Alan Fryrear

### February 9

Judy Settle

### February 10

Carolyn Key

### February 11

Amber Wooldridge

### February 12

Krystal Knuth

Andy Sears

### February 13

Gretchen Sherican

### February 15

Adam Sears

### February 16

Carolyn Joyce Lochner

### February 18

Bob Bynum

Eva Forseth

Richie Rash

### February 19

Ruth Ann Beard

Brad Harruff

### February 21

Sophie Goldman

### February 25

Karen Carter

Elanor Shuster

### February 26

Allison Wroblewski

### February 27

Grace Baker

Clair Marie Davis

Tim Deibel

Rick Rash



### February 28

Jean Oldfather

Chet Rozak

## February Anniversaries

February 1- Mr. & Mrs. Charles Davis

February 19 - Mr. and Mrs. Buddy Kittle

February 27 - Mr. & Mrs. Dudley Thompson

## Please remember in prayer

### By Request:

Connie Armstrong, Sandy Ball, Carol Blair, Melva Blair, Madie Bohnlein, Bob Bynum, Karen Carter and Family, Sydney Chapman, Bonnie Cruz, Betty Deibel, Renee, Tim & Jared Densler, Logan Dewitt (brain tumor,) Stephanie Doring, Lindsey Doyen, Susanne Doyle, Sam Doyle, John Eaves, Drew Esposito (4 yr old with cancer), The Family of Dave Evans, Bishop Leonard Fairley, Billy Fisher, Walter Forbey, Dee Foster, Rose Frazar, Alan Fryrear, Henry Gagnon (11 yr old with cancer), Sharon Ganslen, Jennifer Goodin, Bob and Lindy Graham, Atleah Grubb, Robbie Grubb, Roberta Hafele, Cathy Henney, Kim Hamilton, Cobbie Harrison, Addison Hasten, George and Barbara Hemphill, John Hendrickson, Michelle Hendrickson, Anna Hennings, Gordon Hettinger, Blanche Jernigan, Pat Johnson, John and Mona Jones, Lewis Jones, Lisa Jones, Mona Jones, Wayne Jones, Lydia Kiesewetter, Jim Little, Joyce Lochner, Ruth Lockyer, Linda Martin, Bill Martin, Laura Mason, Hugh McBurney, Katy McDaniel, Heather Graham McLaughlin, Joyce Moberly, Patrick Moore, Tommy Moore, Tom Morgan, Bob Ogburn, Melanie Parrish, Tom & Carol Payne, Joanne Pitchford, Billy Potts and Family, Dolores Rawson, Hope Ray, Margaretta Roy, Lizzie Sheridan, Eleanor Shuster, Joe Slone, Connor Stewart, Brenda Thompson, Rita Vaught, Eddie Ward, Ryan Warner, Steve Weber, Sara Westerman, Dawson Whitaker, Sara Williams

### Our Missionaries:

Christian & Angelica Dickson, Stephen & Beth Dupree, Tim & Jennifer Goshorn, Debbie Kitchel, Jim & Mary Newman, Mark & Rebecca Smallwood, and all the people with whom they serve.

### Our Military:

Mike Baker, Adam Bullard, Alex Bullard, Dale Carter, Patrick Davis, Nicolas Ferrera, Will Hanna, Dylan Hinson, Alex Hodges, Lisa Kiesewetter, Mike Hieb, William Scritchfield, Tyler Stewart.





## Addresses for our Nursing Home/Rehab friends

Juanita Blevins  
7832 Aiken Road  
Louisville, KY 40245  
502-241-8371

Marilyn Davis  
Rm 204, Forest Springs Health Campus  
4120 Wooded Acre Lane  
Louisville, KY 40245

Pat Johnson  
Rm 112, Forest Springs Health Campus  
4120 Wooded Acre Lane  
Louisville, KY 40245

Jim Little  
7701 W. Hwy 22  
Crestwood, KY 40014  
502-550-0611

Laverne McMahan  
13600 LaGrange Road, #136  
Louisville, KY 40245

Mickey McMahan  
13600 LaGrange Road, #138  
Louisville, KY 40245

Billy Potts  
13600 LaGrange Road, #114  
Louisville, KY 40245

Eleanor Shuster  
98 Adams Street, Apt 15  
New Castle, KY 40050-3091

Milt Stoess  
3976 Morton Ridge Rd.  
Bedford, KY 40006



WE ARE INVITING YOU TO OUR

# NIGHT OF PRAISE

SATURDAY FEB 29 @ 7PM

In the Sanctuary of  
Crestwood United Methodist

Praise Team and Youth Soloists

