

1

1:00 PM
Counseling

2

Meet with
the Principal

3

Mortgage
Payment Due

4

6

Doctor's
Appointment
3:00 PM

7

★ Don't
Freak
Out! ★

Don't Forget to
change the Filter

10

Soccer Practice
6:00 PM

11

13

Pay the
Water Bill

14

17

Job Interview
9:00 AM

18

20

21

24

25

FEARLESS & FAITHFUL FAMILIES

27

28

29

30

End of History Illusion

“Young people, middle-aged and older people all believed that they had changed a lot in the past but would change relatively little in the future. People, it seems, regard the present as a watershed moment at which they finally become the person they will be for the rest of their lives.”

“End of History Illusion” study conducted by
Jordi Quoidbach, Daniel T. Gilbert and Timothy D. Wilson
American Association for the Advancement of Science



Exodus 16:2-3

NIV

² In the desert the whole community grumbled against Moses and Aaron. ³ The Israelites said to them, “If only we had died by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”



The Wilderness - Freak Out!

- Family Dynamics are Present (Systemic Factors)



★ Don't
Freak
Out! ★



Family Dynamics

² In the desert **the whole community** grumbled against Moses and Aaron.

Tribe ➡ Clan ➡ Family

★ Don't
Freak
Out! ★

The Wilderness - Freak Out!

- Family Dynamics (Systemic Factors)
- External Attribution



External Attribution

² In the desert the whole community grumbled **against Moses and Aaron.** ³ The Israelites said to them, “If only we had died **by the LORD’s hand** in Egypt! There we sat around pots of meat and ate all the food we wanted, but **you have brought us out into this desert** to starve this entire assembly to death.”



The Wilderness - Freak Out!

- Family Dynamics (Systemic Factors)
- External Attribution
- Catastrophic Thinking



Catastrophic Thinking

³The Israelites said to them, “**If only we had died** by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert **to starve this entire assembly to death.**”



When we **“Freak Out”** we empower
the **Future** we **Fear.**



The Wilderness - Freak Out!

- Family Dynamics (Systemic Factors)
- External Attribution
- Catastrophic Thinking
- **False Nostalgia**



False Nostalgia

³The Israelites said to them, “If only we had died by the LORD’s hand **in Egypt! There we sat around pots of meat and ate all the food we wanted**, but you have brought us out into this desert to starve this entire assembly to death.”



How Do We Develop a Healthy Approach to Change as a Family?



Develop a Family Approach to Change that...

- Evaluates Change in the Context of the Good News**
- Embraces Patience over Panic**
- Embodies a Reconciliation Identity**



“How Do We” must be Preceded by
“Who is He...”



Exodus 3:13-15

NIV

¹³ Moses said to God, “Suppose I go to the Israelites and say to them, ‘The God of your fathers has sent me to you,’ and they ask me, ‘What is his name?’ Then what shall I tell them?”

¹⁴ God said to Moses, “**I AM WHO I AM.** This is what you are to say to the Israelites: ‘I AM has sent me to you.’”



Exodus 3:13-15

NIV

¹⁵ God also said to Moses, “Say to the Israelites, ‘The LORD, **the God of your fathers—the God of Abraham, the God of Isaac and the God of Jacob**—has sent me to you.’ “This is my name forever, the name you shall call me from generation to generation.”



Develop a Family Approach to Change that...

- **Evaluates Change in the Context of the Good News**



Evaluates Change in the Context of the Good News

- Is My Family Spending Time in the Word?



Evaluates Change in the Context of the Good News

- Is My Family Spending Time in the Word?

“The Bible helps us understand that most families dealt with some dysfunction, yet God was able to work through these flawed families to accomplish holy purposes.” –

Robert Oglesby Jr.



Evaluates Change in the Context of the Good News

- Is My Family Spending Time in the Word?
- Is My Family Being Shaped by the Word?



Evaluates Change in the Context of the Good News

- Is My Family Being Shaped by the Word?

“Without a story to give a framework to our lives, they become fragmented and scattered; indeed, without a story to guide us, our lives become little more than a series of disconnected events.” – **Paul Waddell**



To Embrace His **Story** is to
Embrace His **Ending** (Promise).



Develop a Family Approach to Change that...

- Evaluates Change in the Context of the Good News
- Embraces Patience over Panic



Embraces Patience over Panic

- How Can My Family Grow Together in Patience?



After the “Freak Out” in the Wilderness...

- **God Displays His Glory**
- **God Provides Manna and Quail for his People**
- **God Institutes the Sabbath**



Exodus 16:9-10

NIV

⁹ Then Moses told Aaron, “Say to the entire Israelite community, ‘**Come before the LORD, for he has heard your grumbling.**’”

¹⁰ While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the **glory of the LORD appearing in the cloud.**



Exodus 16:11-12

NIV

¹¹ The LORD said to Moses, ¹² “I have heard the **grumbling of the Israelites**. Tell them, ‘At twilight you will eat meat, and in the morning you will be filled with bread. **Then you will know that I am the LORD your God.**’”



Exodus 16:32

NIV

³² Moses said, “This is what the LORD has commanded: ‘Take an omer of manna and keep it for the generations to come, so they can see the bread I gave you to eat in the wilderness **when I brought you out of Egypt.**’”



To Embrace His **Rescue** is to
Embrace His **Rhythm** (Patience).



James 5:7-8

NIV

⁷ Be patient, therefore, brothers, until the coming of the Lord. **See how the farmer waits** for the precious fruit of the earth, being patient about it, until it receives the early and the late rains. ⁸ You also, be patient. **Establish your hearts**, for the coming of the Lord is at hand.



Embraces Patience over Panic

- **How Does Panic Manifest Itself in My Family?**



Exodus 16:19-20

NIV

¹⁹ Then Moses said to them, “No one is to keep any of it until morning.”

²⁰ However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.



Develop a Family Approach to Change that...

- Evaluates Change in the Context of the Good News
- Embraces Patience over Panic
- Embodies a Reconciliation Identity



Embodies a Reconciliation Identity

- What Would Your Family Say It's Identity Is?



To Embrace Our **Identity** is to
Embrace Our **Mission** (People).



2 Corinthians 5:16-17

NIV

¹⁶ So from now on we regard no one from a worldly point of view. Though we once regarded Christ in this way, we do so no longer. ¹⁷ Therefore, if anyone is in Christ, the new creation has come:

The old has gone, the new is here!



2 Corinthians 5:18-19

NIV

¹⁸ All this is from God, who **reconciled us to himself through Christ and gave us the ministry of reconciliation:** ¹⁹ that God was reconciling the world to himself in Christ, not counting people's sins against them. And **he has committed to us the message of reconciliation.**



2 Corinthians 5:20-21

NIV

²⁰ We are therefore **Christ's ambassadors**, as though God were making his appeal through us. **We implore you on Christ's behalf: Be reconciled to God.** ²¹ God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.



The Change Happening **Within Us**
is **Stronger** Than the Change
Happening **Around Us.**

