

# REFUGEE GUEST HOUSE

## ONGOING NEEDS

### Personal Hygiene Items

Body Wash

Shampoo

Razors & Shaving cream

Feminine Hygiene products

### Fresh Produce

Fruits (Apples, Mangos, Lemon, Tomatoes, Strawberries, grapes, etc.)

Salad items (Lettuce/ pre-packaged salads)

Garlic and Onion

### Other Food items

Rice

Chicken and beef (no pork)

eggs

sliced bread

Flour

### Personal Protective Equipment

Gloves

Hand sanitizer

### Laundry Detergent

Bed Sheets (Brand new twin and full/double size)

### CONTACT VANESSA TO ARRANGE A DROP OFF:

519-571-1912 EXT 1015

[vanessa@mcrs.ca](mailto:vanessa@mcrs.ca)

208 Allen Street East, Waterloo