



## THE GOSPEL PROJECT JR. Unit 4.6 The Wilderness/Bread from Heaven

**Date:** Sunday September 14, 2025 **Teachers:** Isaiah D, Brittany G

**Bible Passage:** Exodus 15:22–17:7 **Key Passage:** John 6:35

**Props: from home:** \*\* rocks (Isaiah), small socks rolled up/basket/pail (Brittany) **at centre:** activity sheet/cotton balls

### Review Rules:

**One Mouth speaking at a time** (Teacher points to mouths/kids point to their mouths)

**Two Hands kept to myself** (kids wiggle hands and keep them to themselves)

**Two Feet kept to myself** (kids cross legs)

**SPEAK KIND WORDS LIKE OUR GOD THREE IN ONE**

**INTRO: What is it? (bring in some small items from home ie. (croutons, lego, marbles/ other small objects. ) Mike**  
Here is where we are in the Story of the Bible. The unified Story that points to Jesus. After spending our summer talking about Stories of Jesus, we are going back to the Old Testament, back to the original story of Redemption. The story of God rescuing His people Israel from their slavery and bondage to the Egyptians. God rescued them and brought them across the Sea and into the wilderness on their way to the promised land.

Pick a volunteer to close their eyes/or blindfold and show the class the object, while the volunteer guesses what it is. Today, we will hear about a time God miraculously provided something for them to eat: bread from heaven and when the Israelites saw it; they called it manna: which means what is it?

**BIBLE STORY:** Bread from Heaven

### DISCUSSION VIDEO:

*Isaiah*

The gang sure let each other down, didn't they? God will never let us down because He is faithful and true! God wanted to see if Israel trusted Him to care for their daily needs. The Bible says that God let them be hungry so they would know that man doesn't just live on bread and water, but on every word that comes from the Lord. [See Deut. 8:3.] God provided for their needs, and ultimately provides through Jesus the true Bread from Heaven.

### DISMISS JR. KIDS - GR. 1

**ACTIVITY: "What does not belong?" materials: ( activity sheet)**

*Isaiah*

There are 4 things that **do not belong** in this picture, can you help me find them and cross them out?

God's people were in the wilderness/desert, this is not where they belonged. God rescued them from slavery in Egypt and wanted to bring them into a promised land, they had to go through a desert/wilderness where there was no food or water, they needed to **TRUST GOD** for Him to provide, they didn't trust God, they complained, but God in his love provided food and water. Let's listen to our Bible Story.

**SING A SONG:***Brittany*

Sing to the tune of "Mary Had a Little Lamb" :

God brought water from a rock, from a rock, from a rock.

God brought water from a rock,

And manna in the desert!" God gave His people water from a rock. He gave His people bread from heaven called manna. God took care of His people. God takes care of us.

**TEACH KEY PASSAGE: Jesus said, "I am the bread of life" (John 6:35).***Isaiah*

Bread and water gives people life for a little while, but Jesus gives people life forever!

**ACTIVITY: "Get the Manna!" materials: (bag of cotton balls or torn paper in bin)***Brittany*

Scatter an entire bag of cotton balls around the room. Instruct the kids to collect as much of the manna as they would need to eat for a day. Tell them that God asked the Israelites to only collect what they needed for the day, God provided for the physical needs of His people, the manna points to Jesus the true Bread from heaven.

**PRAY: Father God you rescued your people and took care of their needs. Jesus you are what we most need! You give us life from death! Amen**

**ACTIVITY: "Explore rocks" materials: (\*\*bring in a few rocks)***Isaiah*

Pass around the rocks for the kids to touch/hold. God's people traveled in the wilderness. They were hungry, and thirsty and God gave His people food in the wilderness. He gave them water from a rock. GOD IS GOOD. God sent Jesus because He loves us.

**COLOURING SHEET**

Have all the kids gather around the tables to work on the colouring sheet for a few minutes.

**SNACK/FREE PLAY****OPTIONAL ACTIVITY: "Thank you God" (play a worship song from your phone)**

Play music as toddlers march around the room. Stop the music and invite toddlers to shout "Thank You, God!" God is so good to us. God took care of His people. God takes care of us, too! God sent Jesus because He loves us.