



THE GOSPEL PROJECT PRESCHOOL Unit 4.6 The Wilderness/Bread from Heaven

Date: Sunday September 14, 2025 **Teachers:** Lesly P, (lead) Elaine S (co-lead 😊)

Bible Passage: Exodus 15:22–17:7 **Key Passage:** John 6:35

Props: from home: ** see below; socks/basket (Lesly), rocks (Elaine) **at centre:** activity sheet/napkins paper towels

Review Rules:

One Mouth speaking at a time (Teacher points to mouths/kids point to their mouths)

Two Hands kept to myself (kids wiggle hands and keep them to themselves)

Two Feet kept to myself (kids cross legs)

SPEAK KIND WORDS LIKE OUR GOD THREE IN ONE

INTRO ACTIVITY: “What does not belong?” **materials:** (activity sheet)

Lesly

There are 4 things that **do not belong** in this picture, can you help me find them and cross them out?

God’s people were in the wilderness/desert, this is not where they belonged. God rescued them from slavery in Egypt and wanted to bring them into a promised land, they had to go through a desert/wilderness where there was no food or water, they needed to **TRUST GOD** for Him to provide, they didn’t trust God, they complained, but God in his love provided food and water. Let’s listen to our Bible Story.

BIBLE STORY: “In the Wilderness/Bread from Heaven”

SING A SONG:

Elaine

Sing to the tune of “Mary Had a Little Lamb” :

God brought water from a rock, from a rock, from a rock.

God brought water from a rock,

And manna in the desert!”God gave His people water from a rock. He gave His people bread from heaven called manna. God took care of His people. God takes care of us.

KEY PASSAGE VERSE: Jesus said: “ I am the bread of life.” John 6:35

Lesly

When God’s people were hungry and thirsty, God gave them food and water. Later, God sent His Son, Jesus. Jesus said, “I am the bread of life” (John 6:35). Bread and water gives people life for a little while, but Jesus gives people life forever. He fills the true hunger we have, His life is what we are made for.

GOSPEL GEMS

Lesly

God gave His people food and water in the desert.

God took care of His people. God takes care of us.

God sent Jesus because He loves us.

ACTIVITY: “Gather the manna” **materials:** (napkins/papertowel)

Lesly

rip pieces of napkins/paper towel up and write different things that God supplies (get specific ie: clothes, socks, winter boots, water, milk, fruit, bed, blankets) scatter the “manna” over the floor, tell the kids to gather the manna as the children of Israel gathered what God supplied. Once the kids have gathered their manna have them take turns giving each piece to you and you read aloud what God provides.

ACTIVITY: "Toss the Quail" materials:

Lesly

(**bring a few pair of rolled up socks or small balls from home to be the quail/basket or large pail from home)

Help toddlers toss the quails into a basket. God gave His people food and water in the desert. God is so good! God takes care of His people, and God takes care of us! God sent Jesus because He loves us.

ACTIVITY: "Explore rocks" materials: (bring in a few rocks)**

Elaine

Pass around the rocks for the kids to touch/hold. God's people traveled in the wilderness. They were hungry, and thirsty and God gave His people food in the wilderness. He gave them water from a rock. GOD IS GOOD. God sent Jesus because He loves us.

OPTIONAL ACTIVITY: "Thank you God" materials: (play a worship song from your phone)

Play music as toddlers march around the room. Stop the music and invite toddlers to shout "Thank You, God!" God is so good to us. God took care of His people. God takes care of us, too! God sent Jesus because He loves us.

PRAY: Father God you rescued your people and took care of their needs. Jesus you are what we most need! You give us life from death! Amen.

COLOURING SHEET/SNACK/ FREE PLAY