



## THE GOSPEL PROJECT JR. Unit 10.3 David and Goliath

**Date:** Sunday March 15, 2026 **Teachers:** Brittany G (lead), Isaiah D ( co-lead)

**Bible Passage:** 1 Samuel 16–17 **Key Passage:** Psalm 47:7-8

**Props: from home:** empty tissue box, rubber bands,(BG) measuring tape, tape/sticky notes, 5 smooth stones, (ID)

**At centre:** printable

**Review Rules:**

**One Mouth speaking at a time (Teacher points to mouths/kids point to their mouths)**

**Two Hands kept to myself (kids wiggle hands and keep them to themselves)**

**Two Feet kept to myself (kids cross legs)**

**Speak Kind Words like our God 3 in One**

**ACROSTIC OF JESUS: "L"**

*Vicky*

**INTRO TO BIBLE STORY: "Who am I"**

*Isaiah*

**materials:**(draw slowly on whiteboard clues for the kids to guess David )  
(sheep, fields, staff, then David)

Remind kids that the people of Israel demanded that God give them a king. God allowed the people a King, but what did we learn about Israel's first king last week? God rejected Saul as king because Saul chose his own way over God's way, this is one of the ways to describe what sin is.

Saul did not stop being king right away, but God had a plan for someone else to become king. Saul was picked by the people because he was the tallest and strongest and most handsome, people sometimes pick leaders for all of the wrong reasons! In our story today God chooses a new King, and he doesn't choose according to the outward appearance . God choose based on his heart (his character, the person he is with his thoughts, actions and attitudes) David was a man with his heart set on God. He loved God, he trusted God, and he wanted to please God.

**BIBLE STORY VIDEO: DAVID FIGHTS GOLIATH**

**DISCUSSION VIDEO**

*Mike*

Why did the first person think the race would be easy? Why did the second person win? Our victories do not come by our own strength; God empowers us through His Spirit. Most of all, we already have the ultimate victory through His Son, Jesus. We are like the Israelites who were afraid to fight. Jesus did not look like a strong winner, but He won the victory for us.

*David was not a big or strong warrior, but he trusted God. God gave David power. When God sent His Son to earth, Jesus did not look like a strong warrior either. But by dying on the cross and coming back to life, Jesus showed His power to save sinners.*

**NO KEY PASSAGE VERSE /PRACTISE SONG FOR EASTER (Vicky)**

**DISMISS JR. KIDS**

**SING A SONG:** Sing to the tune of "God Is So Good"

**Brittany**

"Who is our King? Who is our King?"

Who is our King? Our King is Je-e-sus."

God's people wanted a king to lead them, but later God sent Jesus to be our King.

**ACTIVITY: "who is the tallest?" materials:** (activity sheet in folder)

**Isaiah**

Guide preschoolers to circle the tallest in each row. Good job choosing the tallest! In today's Bible story, a very tall BAD GIANT warrior named Goliath picked on the Israelites. No one wanted to fight Goliath except one boy. Can you guess who that boy was? David was just a small shepherd boy, but David trusted God!

**ACTIVITY: "play the harp" materials:** (\*\*empty tissue box, rubber bands)

**Brittany**

Make a simple harp by stretching rubber bands across an empty tissue box. Show how they can pluck the harp. God chose David to be king after Saul. David liked to play a harp. God sent Jesus through David's family. David had a heart that wanted to love and worship God, he played the harp and sang songs of worship to God. A lot of the Psalms in the Bible are songs of God's people written by David.

**ACTIVITY: "Count the stones" materials:** bring in 5 smooth stones

**Isaiah**

Pass around the stones with the children and count them. In today's Bible Story a mighty Bad Guy Giant was defeated by a young shepherd boy named David, and 1 stone. David collected 5 but only one was needed. David trusted God.

**ACTIVITY: "Giant tall"**

**Isaiah**

**materials:** (tape or sticky note -JR/SR bin has them if you need them, measuring tape from home\*\*)

Measure 9 feet, 9 inches on a wall and mark it with a sticky note. Measure the toddlers and adult helpers to compare heights. David was not afraid of Goliath because he trusted God. God sent Jesus through David's family. JESUS IS OUR KING!

**ACTIVITY : "Not you, not you, king" materials:** none

**Isaiah**

Play this version of "Duck, Duck, Goose." Invite children to sit in a circle. Choose one child to be king. The king walks around the outside of the circle, gently tapping each child on the shoulder and saying, "Not you." When the king taps a child and says, "New king!" the child tapped must chase the king around the circle until the king sits in the open spot. Play again with the new king.

We had a new king each round! Remember in our last Bible story, Saul disobeyed God, so he could not be king anymore. God was going to give Israel a new king who would obey Him. God chose David because his heart/loves were set on God and God's ways

**PRAY. King Jesus you are the King of all the earth, you gave your life because of your love for the world. Amen**  
**COLOURING SHEET /FREE PLAY/SNACK**