



THE GOSPEL PROJECT SR. UNIT 10. 3 David and Goliath

Date: Sunday March 15, 2026 **Teachers:** Mike S, (lead) Caleb N (co-lead)

Bible Passage: 1 Samuel 16–17 **Key Passage:** Psalm 47:7-8

Props: from home: **chocolate bar with extra wrapping, oven mitts, (MS) a few small game pieces (CN). 3 Bibles

At centre: Tricky task game board, dice, masking tape

Review Rules:

One Mouth speaking at a time (Teacher points to mouths/kids point to their mouths)

Two Hands kept to myself (kids wiggle hands and keep them to themselves)

Two Feet kept to myself (kids cross legs)

Speak Kind Words like our God 3 in One

ACROSTIC OF JESUS: "L"

Vicky

INTRO TO BIBLE STORY: "Who am I"

Isaiah

materials:(draw slowly on whiteboard clues for the kids to guess David)

(sheep, fields, staff, then David)

Remind kids that the people of Israel demanded that God give them a king. God allowed the people a King, but what did we learn about Israel's first king last week? God rejected Saul as king because Saul chose his own way over God's way, this is one of the ways to describe what sin is. (*Khata*: missing the mark)

Saul did not stop being king right away, but God had a plan for someone else to become king. Saul was picked by the people because he was the tallest and strongest and most handsome, people sometimes pick leaders for all of the wrong reasons! In our story today God chooses a new King, and he doesn't choose according to the outward appearance . God chose based on his heart (his character, the person he is with his thoughts, actions and attitudes) David was a man with his heart set on God. He loved God, he trusted God, and he wanted to please God.

BIBLE STORY VIDEO: DAVID FIGHTS GOLIATH

DISCUSSION VIDEO

Mike

Why did the first person think the race would be easy? Why did the second person win? Our victories do not come by our own strength; God empowers us through His Spirit. Most of all, we already have the ultimate victory through His Son, Jesus. We are like the Israelites who were afraid to fight. Jesus did not look like a strong winner, but He won the victory for us.

David was not a big or strong warrior, but he trusted God. God gave David power. When God sent His Son to earth, Jesus did not look like a strong warrior either. But by dying on the cross and coming back to life, Jesus showed His power to save sinners.

NO KEY PASSAGE VERSE /PRACTISE SONG FOR EASTER (Vicky)

DISMISS JR. KIDS

BIBLE STORY REVIEW materials: (pop up trivia: kids are crouching and first to pop up gets to answer) **Mike**

How many sons did Jesse have? (eight, 1 Sam. 16:10-11)

How did Samuel show that God had chosen David to be king after Saul? (Samuel poured oil on David's head, 1 Sam. 16:13)

What instrument did David play for Saul? (the harp or lyre, 1 Sam. 16:23)

Why did David visit his brothers in the army? (to bring them food, 1 Sam. 17:17-18)

How many stones did David pick up to fight Goliath? (five, 1 Sam. 17:40)

ACTIVITY: "Strength challenge" materials: (masking tape, sticky notes in the black bin)

Mike

Create several obstacles in the room for the children to complete. Keep records and congratulate children on their efforts. **Possible choices:**

- Tape a long strip of masking tape to the floor. Invite kids to jump as far as they can. Mark how far each child can jump.
- Give each child a sticky note. Tell them to write their name on the note. Guide kids to jump up and stick it as high as they can on the wall.
- Push ups
- See how many children can hold a plank position for 60 seconds or longer.

We often reward people who are the fastest or strongest. While being fast or strong is great, God looks at people's hearts when choosing good leaders to accomplish His plans. That means God looks at the way we treat others and the way we love God.

ACTIVITY: "Tricky Tasks" materials" (gameboard for each group of 3, small dice, coins/objects, a few Bibles from home) **Caleb**

Provide a numbered cube for each group and give each player a coin or other small object to use as a game piece. Keep Bibles accessible for certain tasks. Explain the directions for playing the game: Roll the numbered cube and move the number of spaces indicated. Read the task on the space. If you can complete the task, you earn the number of points rolled on the numbered cube. Saul faced some serious consequences for disobeying God. God rejected Saul as king because Saul did what he thought was best, not what God asked, Saul's heart was not set to please God.

ACTIVITY: "Clumsy thumbs" materials: (**chocolate bar with extra wrapping, oven mitts, dice)

Mike

Before the session, cover the chocolate bar with at least three layers of wrapping paper. Make sure the chocolate bar is covered completely. It is the "present."

1. Guide players to sit in a circle. Position the oven mitts and the present in the middle of the circle.
2. Give one player the numbered cubes to roll. If the numbers rolled add up to five, the player should put on the oven mitts and try to open the present. If not, pass the cubes until a player rolls a sum of five.
3. As soon as another player's roll adds up to five, the first player must stop unwrapping. The player who rolled for a sum of five puts on the mitts and tries to open the present.
4. The first player to completely unwrap the present wins.

Did wearing oven mitts make unwrapping easier or more difficult? In the Bible, Saul tried to get David to wear something that was too big for David to fight Goliath. What was the outcome? David couldn't win wearing the King's armour, he knew the only way he would win was if God gave him the victory. David trusted God and that was better than any king's armour!

ACTIVITY : Draw yourself to scale next to Goliath