

# Asking for a Friend.

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Part 1 • September 6, 2020 • #TCMESA

*How do I handle all the negativity on social media?*

"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"— **but not everything is constructive.**" (1 Corinthians 10:23)

1. What Social Media makes \_\_\_\_\_ is not always

\_\_\_\_\_.

✓ Declining \_\_\_\_\_

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Whoever derides their neighbor has no sense, but the one who has understanding holds their tongue. (Proverbs 11:12)

2. Social Media isn't \_\_\_\_\_, it is

\_\_\_\_\_.

"Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness," (Luke 4:1, NIV)

## THE REAL CONNECTION

1. Get alone \_\_\_\_\_ and \_\_\_\_\_.

"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed." (Mark 1:35)

Jesus answered, "It is written: 'Man shall not live on bread alone, but [you live] on every word that comes from the mouth of God.'"

(Matthew 4:4)

✓ Have a \_\_\_\_\_.

✓ Set a \_\_\_\_\_.

2. Make time for \_\_\_\_\_.

So many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." So they went away by themselves in a boat to a solitary place." (Mark 6:30–32)

"They left that place and passed through Galilee. Jesus did not want anyone to know where they were..." (Mark 9:30)

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