

SHATTERPROOF

Groups Discussion Guide – October 18, 2020

We all want to be shatterproof. But we all have sinful natures, and it is a constant struggle to walk away from our old lives and embrace our new life in Christ. There is a desire to have life both ways — we want God’s goodness and blessing, but we also want to hang onto the sin that we surround ourselves with every day. We must learn to give it up to God, be done with our old life, and start living a new life with Christ leading the way.

TALK ABOUT IT

1. Read 2 Corinthians 5:17. God calls us to live according to our new lives in the Spirit, not our sins. But we know that this walk will always be full of conflict. What are some of these conflicting desires in your own life? Who in your life can help keep you accountable for turning from sin and embracing your new life in Christ?
2. In Romans, Paul says we are weak in our natural selves. Nobody had to teach us how to sin — it just came naturally to us. What sins are you having difficulty breaking free from? What will it take to walk away from those sins?
3. In the message, Jared says that whatever you starve dies, and whatever you feed lives. What might you need to starve out of your life in order to walk closer to God?

ACT ON IT

This week, work on starving out the old life you’ve been living. Look at what you focus on and ask yourself if it is led by sin or led by the Spirit. Discuss your struggles with someone close to you and keep each other accountable in leaving your old lives behind.

MEMORIZE IT

“This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!” – (2 Corinthians 5:17)