

## Group Discussion Guide

Summer @ One Life  
"A Guide To Prayer"

- Pastor Jared taught that prayer should be our 'first response' rather than our 'last resort.' What does this mean, and why do you think many people, including Christians, tend to make prayer their last option when facing problems?
  - Think about a current challenge or decision you're facing. How could you make prayer your first response in this situation instead of trying to handle it on your own first?
- The first step in Jesus's prayer outline is connecting with God relationally by calling Him 'our Father.' Pastor Jared said we should talk to God like we would talk to our own dad, not using fancy religious language. Why is this approach to prayer important?
  - How would your prayer life change if you truly believed God wanted to connect with you as a loving Father rather than as someone you need to impress with religious words?
- According to the sermon on 1 Thessalonians 5:16-18, what are the three things that represent God's will for our lives, and how do they work together in our daily walk with Him?
  - Which of these three aspects (rejoicing, praying continually, or giving thanks) is most challenging for you right now, and what practical step could you take this week to grow in that area?
- Pastor Jared taught that in prayer, we should 'pray God's agenda first' before asking for our own needs. What is God's primary agenda, and why should we prioritize this in our prayers?
  - Who are three specific people in your life who are far from God that you could commit to praying for regularly? How might praying for them change your heart toward them?

- The sermon emphasized the importance of getting our hearts right with both God and people through forgiveness. Pastor Jared suggested praying in advance to forgive people who might offend us. How could this practice change our relationships and daily interactions?
  - Is there someone you need to forgive right now, or someone you could 'pre-forgive' to prevent bitterness from taking root? What would it look like to release that offense to God this week?