

## Group Discussion Guide

Summer @ One Life

“Priority of Prayer”

- Pastor Jared mentioned that Paul says to 'pray continually' in 1 Thessalonians 5:17, but clarified this doesn't mean locking yourself in a closet all day. What does it actually mean to 'pray continually' and how can we practically apply this in our daily lives?
  - What are some specific moments in your daily routine where you could pause to pray first before taking action? How might this change the way you approach challenges or decisions?
- The sermon emphasized the importance of having a 'priority of prayer' - making prayer the first thing we do rather than something we fit in when convenient. Why do you think the order of what we do first matters so much?
  - What currently gets the 'first' priority in your day, and how might rearranging your priorities to put prayer first impact other areas of your life?
- Pastor Jared talked about finding a specific 'place of prayer' - a consistent, solitary location where you can turn off the world and focus on God. Why is having a designated place important for developing a prayer life?
  - Where could you establish your own 'prayer place' - whether it's a room, a spot on your couch, or even your car? What would you need to do to make that space conducive to focused prayer time?
- The sermon warned about going to our 'third place' (social media, online activities) before going to our 'prayer place.' How do you think our digital habits might be affecting our relationship with God?
  - What changes would you need to make in your morning routine or daily habits to ensure you're connecting with God before connecting with the digital world? What might be the benefits of making this shift?

- Pastor Jared described experiencing the 'persons of prayer' - the Trinity working together in our prayer life. How does understanding that we can experience Jesus's grace, the Father's love, and the Holy Spirit's friendship change the way we approach prayer?
  - Which aspect of the Trinity's involvement in prayer - Jesus's grace, the Father's love, or the Holy Spirit's friendship - do you most need to experience right now? How might this understanding help you move from seeing prayer as a duty to experiencing it as a joy?