

Summer At One Life

Week 10 - Turning Up The Heat

Sermon Recap

Spiritual passion doesn't stay strong automatically—it fades unless you tend it on purpose. Using Romans 12:11 (“Never be lacking in zeal, but keep your spiritual fervor serving the Lord”), Pastor Bryan Bigger teaches that God calls believers to a steady, sustained spiritual fire—not a constant emotional high, but a resolved, ongoing “boiling point” kind of faith.

The sermon invites everyone to honestly check their current spiritual “temperature.” Many people feel worn down by busy schedules, responsibilities, and life's pressures, and without noticing it, their zeal can drift into a lukewarm faith—something Jesus warned against. The point isn't shame; it's awareness. Every believer has seasons where they cool off, which is why Scripture calls us to “keep” our fervor through intentional maintenance.

Pastor Bryan gives three simple takeaways: - You were made to be on fire: God's presence is often pictured as fire in the Bible, and our lives are meant to radiate spiritual heat that others can sense. - You have to fight for your fire: spiritual zeal is something you protect and rebuild, like refilling a car that's running on empty. - You have to focus your fire: the goal isn't passion for its own sake, but passion directed toward serving the Lord and living with eternal purpose.

Practically, he encourages people to get close to the source of fire—God—through regular time in Scripture and prayer. He also urges people to identify what uniquely increases their spiritual temperature, offering “three P's” as prompts: places that stir your soul, practices that help you connect with God, and people who strengthen your faith rather than drain it. The message closes with a reminder that Jesus' zeal is ultimately for us—shown at the cross and in the resurrection—and an invitation for anyone far from God to return, receive grace, and recommit their life to Christ.

You cannot stop the fire of God, One Life, because our Jesus is alive. He is risen from the dead. He has defeated the grave.

Discussion Questions

1. **How would you describe your current “spiritual temperature,” and what pressures or patterns in your life have been pushing it higher or lower lately?**

The sermon frames zeal and fervor as a sustained posture, not a temporary emotional high. Talking through real-life factors—stress, busyness, discouragement, isolation, or healthy rhythms—can help you identify what is actually shaping your spiritual heat right now.

2. What does it look like for you to “fight for your fire” in a realistic way during a busy season, and why do you think spiritual passion tends to fade by default?

The message emphasizes that fervor requires ongoing maintenance, like checking a fuel gauge before you run empty. Naming the “default drift” in your life can help you choose a few simple, repeatable actions rather than relying on motivation.

3. What are specific “places, people, or practices” that tend to increase your spiritual temperature, and how could you build them into your week with intention?

The sermon suggests that while some foundations apply to everyone (Scripture, prayer, drawing near to God), God also uses unique triggers that stir your soul. A helpful next step is picking one concrete change—where you’ll go, who you’ll be with, or what practice you’ll do—and putting it on the calendar.

4. How do you personally relate to the warning about “lukewarm” faith, and what might repentance or renewal look like without sliding into shame or performance?

The sermon warns against self-condemnation while still taking Jesus’ words seriously. Renewal can begin with honest assessment, receiving God’s kindness and grace, and returning to closeness with God rather than trying to earn your way back through frantic effort.

5. What might change in your home, friendships, or church if your spiritual fire became more focused on “serving the Lord” rather than staying private or self-focused?

The message highlights that fire isn’t only for personal benefit—it’s meant to be directed toward God’s purposes. Discussing tangible outcomes (how you love, lead, forgive, serve, and show up for others) can help connect spiritual fervor to everyday impact.

Prayer

- May we take ownership of our spiritual lives, choosing daily steps that move us toward God instead of drifting on empty.
- May we draw near to the source of spiritual fire through Scripture, prayer, and unhurried time with God, trusting that closeness will steadily raise our spiritual temperature.
- May we notice when our zeal is fading and fight for our fire with consistent rhythms, refusing to settle into lukewarm complacency.
- May we identify the places, practices, and people that strengthen our faith and intentionally build them into our week so our souls stay fueled.
- May we focus our spiritual fervor on serving the Lord in concrete acts of love, letting God’s passion shape our priorities and impact others.