



COMMUNION

Welcome to the family of St. John Lutheran Church!

If you're joining us on the 1st or 3rd Sunday, you'll notice that we will be having Communion as part of our worship service. Communion (or the Lord's Supper) is a meal we share together as Jesus did with His followers the night before His crucifixion.

At St. John we believe God gives us Holy Communion for the forgiveness of sins (Matthew 26:26-28) and the deepening of our relationship with Him as well as with each other. All who share in our profession of the Christian faith are encouraged to partake in Holy Communion provided they:

- have received a Christian Baptism (Acts 2:36-38)
- recognize & confess their sinfulness (Proverbs 28:13; 1 John 1:8-9)
- forgive others (Matthew 5:21-24; Matthew 6:12)
- believe the body and blood of our Lord Jesus Christ are truly present, offered under forms of bread and wine (1 Corinthians 10:16; 1 Corinthians 11:27-29)
- earnestly desire to amend the sinful part of their life going forward (Matthew 18:3)

For parents of children wishing to receive Communion (who have not yet received Communion instruction) or for any other questions, please stop by the Connection Counter after service. We would love to connect with you!



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What to Expect During Communion

An usher will give you an opportunity to come to Communion.

You can choose to kneel at the rail or walk through to take Communion.

A server will give you the bread, and you will then take the wine from the server.

We have gluten-free wafers (just ask your server) and grape juice (found in the center of the tray) if you need them.

If you're not ready for Communion but would like a blessing, please come forward with your arms crossed.

During the season of Lent, right before Easter, we offer a 4-week class on the significance and meaning of Communion. You can sign up at the Connection Counter!