



WELCOME BACK!

We are so excited to be opening back up! We have missed you all and are so pleased to be able to serve our community again! With that said, there are some changes as we open up. We've received guidelines from the state we must adhere to in order to be open. We will also be opening areas up slowly over the next weeks and months, so please be sure to check in with us regularly to see what is available. Below we will walk you through what a visit to the Y will look like as we open up.

SUMMER FACILITY HOURS:

Monday - Thursday 5:00am to 8:00pm | Friday 5:00am to 6:00pm
Saturday 8am to 4pm | Sunday 1:00pm to 5:00pm

SUMMER POOL HOURS:

Mon. & Wed. 6am - 12pm & 3pm - 7pm | Fri. 6am - 12pm & 3pm - 5:45pm
Saturday 8:30am to 3:30pm | Sunday 1:15pm to 4:45pm

Areas Currently Open

Fitness Center Child Care
Pool (Guide on p. 4) Child Watch
Lobby & Lobby Restrooms
Racquetball & Pickleball
Track
Gymnasium
Limited Classes

Areas Currently Closed

Hot Tub & Saunas
Adult Locker Rooms
Individual Locker Rooms
Play Center





What to do when I come in:

- Members should do a self assessment before entering the building. Do not enter if you are ill.
- Members **MUST** wear a facial covering inside the building. Exceptions are made for medical conditions, during physical activity, and for those under the age of 10.
- Members must practice social distancing when inside the facility.
- Members need to sanitize or wash their hands upon entering the facility. Hand sanitizer and front restrooms will be available.
- Members must check-in with their swipe card or wait at the member services desk to be checked in.
- Please leave personal belongings in your vehicle, as locker space is very limited and locker rooms are unavailable.
- Members must grab a spray bottle upon entering the fitness center.
- We encourage vulnerable populations to remain home at this time.

Currently Unavailable:

- We will not be accepting cash at the member services desk.
- Vending machines are unavailable.
- We are not permitting guests or the purchase of guest passes.
- We are not accepting Nationwide memberships (visiting members) at this time.
- Adult Locker rooms are unavailable at this time.
- Locks, balls, equipment checkout is not available. Members must bring their own at this time.
- We are unable to hold keys at this time.
- We do not have a lost and found.
- Towels are not available at this time. The disinfectant is most effective when allowed to dry on the machines.
- Water fountains are not available, however, the bottle filling station is still available.



What to do when I come in:

- Members must spray each piece of equipment after use.
- We encourage you to limit your workout to 1 hour as to limit congestion and allow for social distancing.
- Partners exercising together and sharing equipment must maintain group separation from others.
- Socializing is not permitted. Members are encouraged to come dressed for their workout and proceed through their workout with little interruption.



Additional steps to help prevent the spread:

- Hand sanitizer is available throughout the facility as well as hand washing is available throughout the facility.
- All staff have been trained on cleaning and sanitation procedures. Deep cleaning overnight.
- We have an increased staff presence in the building during open hours for cleaning and sanitizing as well as guiding and educating our members on safe practices.
- Our staff will be sanitizing all spray bottles after member use.
- We have spaced the equipment to allow for social distancing.
- We have propped open or removed doors to avoid a frequently touched surface.
- We are following state guidelines on cleaning practices in the restrooms as well as common areas and frequently touched surfaces.



What to do when I come in to use the Pool:

- Please enter the pool area from the entrance near the member services desk.
- Please proceed to the family locker room to use the shower before entering the pool.
- Belongings can be placed in one of the lockers. Remember locks are not available at the front desk, please bring your own.
- Private showers are not available at this time.
- Members are encouraged to shower at home after pool use. Showers are just for rinsing and not bathing at this time.
- Some equipment will be available for your pool workout. When done with the equipment, please place it in the marked tub for proper sanitation. Please do not leave equipment at the pool's edge.
- Exit the natatorium near the member services desk.

Additional steps to help prevent the spread in the pool and locker rooms:

- We are following state guidelines on cleaning practices in the restrooms as well as common areas and frequently touched surfaces.
- Locker rooms are limited to a capacity of 7 occupants.
- The diving board, basketball hoop, water volleyball net, and like items are unavailable to prevent group contact and activity.
- We will be reminding and encouraging members to remain socially distanced from one another.

