



Swim Lesson Selector



Is the student comfortable working with the instructor without a parent or guardian in the water?



Work with the child individually until they are ready for Stage 1



Can the student put their face in the water?



Stage 1 - Water Acclimation



Can the student do a front and back float on their own?



Stage 2 - Water Movement



Can the student swim 10 or 15 yards on their front or back?



Stage 3 - Water Stamina



Can the student swim the width of the pool, freestyle or backstroke?



Stage 4 - Stroke Introduction



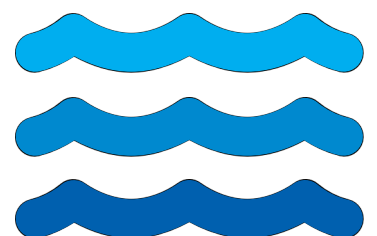
Can the student swim the length of the pool with any stroke?



Little Waves Swim Class



Waves Swim Team



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY