

## God First

### Lesson 02 in the series "First Things First"

#### A. We put God first through our time and thoughts.

"I rise early, before the sun is up; I cry out for help and put my hope in your words." Psalm 119:147 (NLT)

##### 1. Read the Bible

"Your word is a lamp to guide my feet. and a light for my path." Psalm 119:105 (NLT)

"Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do."

Joshua 1:7-8 (NLT)

- Schedule it!
- Stack it! (a cue, a routine, a reward)
- Share it!

##### 2. Pray

"In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly." Psalm 5:3 (NIV)

"...Pour out your hearts in his presence. God is our refuge." Psalm 62:8 (GWT)

- Adoration: Give God praise and honor for who He is.
- Confession: Confess with the sin I.
- Thanksgiving: Verbalize what you're grateful for in your life and in the world around you.
- Supplication: Pray for the needs of others and yourself.

##### 3. Meditate on God's Word

"Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do." Psalm 1:1-3 (NLT)

"You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!"

Isaiah 26:3 (NLT)

- Listen to one worship song before you get to work.

"I will bless the LORD at all times; His praise shall continually be in my mouth."

Psalm 34:1 (NKJ)

- Read one verse before you go to bed, and meditate on it.

"I lie awake thinking of you, meditating on you through the night." Psalm 63:6 (NLT)

- Fall to sleep listening to the Bible.

"...faith *comes* by hearing, and hearing by the word of God." Romans 10:17 (NKJV)

##### 4. Gather with Other Believers

"And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near." Hebrews 10:25 (NLT)

"They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer." Acts 2:42 (NIV)

- Commit to regularly attending worship services.
- Commit to being part of a small group.

"They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity." Acts 2:46 (NLT)