21 Days of Kindness

Choose a different way to be kind each day. Color in the box of the activity you choose. When you are done, your sheet should be filled in with beautiful colors. If you do 2 acts of kindness in one day, color in 2 squares. Bring your completed kindness chart to church on January 21 or 28 and receive a special kindness certificate.

| Help someone | Color and give a picture to someone | Wave and smile | Give a compliment |
|----------------------------------|-------------------------------------|---------------------------|--|
| before they ask | | at someone | to someone |
| Clean up after | Thank an adult for | Hold a door open for | Push in |
| someone else | something they do | someone | someone's chair |
| Let someone | Share your toys | Secretly do something | Clean up |
| go before you | | kind for someone | after yourself |
| Give a hug | Call someone in your family | Write a thank you note | Say, "good morning" to everyone in your family |
| Say "thank you" | Donate something | Set the table | Tell someone you are |
| all day | | for a meal | thankful for them |
| Ask someone how their day was | 5 | | |
| Sprouts | | | Piss |