

(New) Normal

Choose the format that works with your family:

Pick a few questions and ask casually during the week, Have a small group discussion at lunch, or Have a small group with your teen and their friends.
Take what your teens give you, don't force it. Slowly create a culture of authentic conversation.

MATTHEW 5:5 | May 30 | Week THREE
BLESSED ARE THE MEEK

THE TEXT | *Matthew 5:5; 11:29; Psalm 37:11; Hebrews 5:2*

PLAY | MEEK, WEAK, or WILD | Sit in chairs in a circle. IT will stand in the middle hold a folded newspaper, or something soft to gently whack people of the head. IT will stand in front of a play and say one of the three (“meek” “weak” or “wild”), the player must response by the count of three (to avoid a whack on the head) with an example of it in nature. There will undoubtedly be some controversy over the responses, this is ok as it will create dialogue over what it means to be MEEK.

Discussion Lead In: How is being meek a good thing?

SHARE | Share about a time when you had the power to do something, wanted to do it, but chose not to?

DISCUSS | Read **Matthew 5:5** and discuss:

- What stands out to you?
- What does it reveal about God?
- What does this tell us about our nature?
- What do you like/dislike about this verse?
- What do you need to do about this truth this week?

Use the above questions to discuss any of today's Scriptures.

PRAY |

As a family, pray through Matthew 5:1-12, asking God to create these realities in you. God, help me be...a peacemaker, etc....

BLESSED ARE THE MEEK, FOR THEY WILL INHERIT THE EARTH.

TALKITOVER

“the meek sacrifice power for relationships, but the proud sacrifice relationships for power.”

POWER & RELATIONSHIP

Talk about these definitions |

BLESSED = GOD'S FACE LOOKING MY WAY PLEASED

MEEK = STENGTH UNDER CONTROL

SUBMISSION = YOUR MISSION UNDER THE MISSION OF SOMEONE ELSE.

Discuss what it looks like to be “meek.”

- Give an example of “meek” in nature?
- Why is meek confused with weak?
- When do you most struggle to be meek?

PARENT CHECK I

Take a moment to think about how you model MEEKNESS, controlled strength, for your family. If you were to ask your kids, would they say you sacrifice power for the sake of relationships or relationships for the sake of power? Ask the Holy Spirit to give you the confidence to surrender power to Him as you look to lead your family.