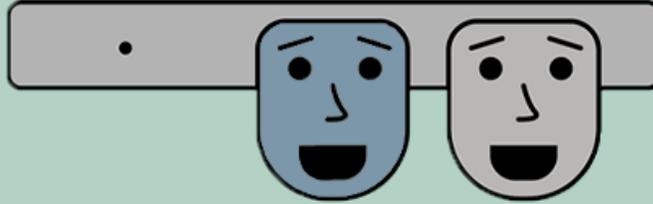


# Pretend



what's at stake when your faith is fake



Choose the format that works with your family:

Pick a few questions and ask casually during the week, Have a small group discussion at lunch, or Have a small group with your teen and their friends. *Take what your teens give you, don't force it. Slowly create a culture of authentic conversation.*

## MATTHEW 6:5-8 | Sept 19 PRAYER

**THE TEXT** | *Matthew 6:5-8; Philippians 4:6-7*

**PLAY** | TELEPHONE | Play the classic game of telephone. Choose a phrase and whisper it to the next person, until it reaches the starter, and see how close it is to the original phrase. **Lesson Lead In:** It's so easy for communication to get messed up. Isn't it comforting to know that God hears us? In today's verse, Jesus talks about prayer.

**SHARE** | What is the biggest gift you've ever received?  
What is the biggest gift you've ever given? Why did you give it?

**DISCUSS** | Read **MATTHEW 6:5-8** and discuss:

- What stands out to you?
- What does it reveal about God?
- What does this tell us about our nature?
- What do you like/dislike about this verse?
- What do you need to do about this truth this week?

*Use the above questions to discuss any of today's Scriptures.*

**PRAY** |

Use the ACTS method of prayer and have a popcorn prayer time with your family. Invite members to say sentence prayers, spending a couple minutes for each section, before moving to the next.

### ACTSMETHOD

ADORATION

CONFESSION

THANKSGIVING

SUPPLICATION

DISCUSS EACH TYPE OF PRAYER  
FOCUS & DISCUSS EXAMPLES.



### TALKITOVER



“The heart of the matter is a matter of the heart.”

### THINKABOUTIT

Do your prayer habits indicate that you view prayer as...

**SUPPLEMENTAL**

**OR FOUNDATIONAL?**

## PARENT CHECK |

What do your prayer habits teach your kids about the importance of prayer?  
How can you model prayer for your teens to show that it is foundational, not supplemental to our faith?