

ONE



WAYS TO USE THIS CUE

1. IN THE CARE | Pick a few questions or quotes to spark conversation.
2. 1 ON 1 | Take your teen to breakfast use it as a guide for discipleship.
3. AS A FAMILY | Lead the whole family thru "PLAY/SHARE/DISCUSS/PRAY."
4. DO YOUR OWN THING | You know your teens, adjust it to fit their level and needs.

KATALAMBANÓ | WK3

THE TEXT | *Ephesians 3:14-21; 2 Timothy 1:7; Psalm 34:8a*

PLAY | HUMAN KNOT | This works best with 5 or more. Circle up, everyone puts their right hand in the circle and grabs someone else's hand (not the persons next to them). Then, put in the left hands and do the same (being sure not to hold the same persons hand). Now, without letting go, untangle the knot. **LEAD IN:** Sometimes in life, it is important to grasp hold and not let go.

SHARE |

- What is something you hold on to tightly? Why?

DISCUSS | Read **Ephesians 3:14-21**

- What stands out to you?
- What does it reveal about God?
- What does this tell us about our nature?
- What do you like/dislike about this verse?
- What do you need to do about this truth this week?

Use the above questions to discuss any of today's Scriptures.

PRAY |

Take turns praying Eph 3:14-21 for each other.

A PRAYER ...

VERSE BY VERSE

LET'S BREAK DOWN EXACTLY WHAT PAUL IS PRAYING FOR THE EPHESIANS.

V14-15

- WHAT'S UP WITH KNEELING?
- FAMILY NAME FROM GOD?

V16

- HOW DOES GOD GIVE US STRENGTH?

V17

- HOW COMFY IS JESUS LIVING IN YOU?
- HOW DOES GOD'S LOVE ROOT US?

V18

- HOW IS 'TOGETHER' KEY IN GRASPING THE LOVE OF CHRIST?
- "DIVERSE, OF DIFFERENT COLORS OR VARIETIES"

V19-21

- HOW DOES GOD'S LOVE FILL US?
- WHAT IS THIS POWER WORKING IN ME?
- HOW CAN OUR FAMILY/CHURCH GLORIFY GOD?

DAILY PRAYER 4 THE WEEK

EMPTY ME OF ME SO I CAN BE FULL OF YOU.

How can you remind each other to pray this prayer throughout the week?

TALKABOUTIT

Is your heart a home or hotel to Jesus?

PARENT CHECK |

What we hold on to matters. How have you seen your family mimic what you hold tightly too? What good things are they holding onto because you do? What bad things? What do you need to do about it?