



Check In

Connect with God honestly about where you are at



Reflect

'Review until' something stands out to talk to God about



Share

Talk with God & others about what is now on your heart to do

Check-In

God is glad to connect with you. He wants to hear how you are doing. Take a moment to notice your primary emotion of the day to help yourself be fully present. Consider whether you are primarily sad, angry, scared, happy, excited, tender. Share with God that emotion. What are you thankful for?

Reflect

Spend some time with the biblical texts and the resources below. Consider starting by making some observations or reading until something stands out to you; feel free to pause when the Lord prompts you. Talk with God about what encourages, challenges, or confuses you.

Read Deuteronomy 5:1-10

Moses begins his second address, which will cover the Torah following the 10 Words/Decalogue. The full address will last until the end of chapter 26 and covers collections of legal sayings for each of the 10 Words. The intro provides historical context (Deut. 4:44-5:5), a restating of the 10 Words for a new generation, and a clear reminder that "keeping Torah" comes from a heart of devotion to the Lord (see 5:26-30). Moses wants the people to realize that God is not doing this with people in the past, but with them in the present. He chosen them; they were to choose Him. How does that choice express itself? Living the Decalogue. For those "In Christ," similarly, "I'm accepted; therefore, I obey." Said another way, "I've been given life; so I will choose the way of life."

Relationship - What stands out to you about being in relationship with God and our stewardship as his covenant people?

Revelation - What do you notice about the reality of God's world and ways?

Character - What do you learn about God as holy, and how, as his covenant people, we are invited to be like him?

Review [Idolatry Chart](#) and **Watch** the [Spiritual Beings Video](#) by the Bible Project

Share

Be quiet for 3 minutes. What do you sense God is saying to you? How will you respond faithfully this week? The community is built and encouraged when we share out of our like experiences, gifts, time with God, and reflect on Scripture. What insight, question, or experience do you want to share with us?

Steps for Everyday Faith, Family, and Mission because of Jesus

- What are you thankful for? What challenges are happening in your life, family, and community?
- What did you like/not like about the Scripture?
- What did you discover about God and/or people in the passage?
- How is God inviting you to respond and live with Him this week?
- Who do you know that needs to hear this?
- Ask God: How can I bless (body, labor, emotions, social, spiritual) those people who need this?