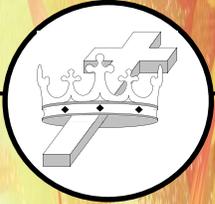


THE BANNER



OCTOBER
2021

Fight all your battles on your
knees and you win every time.

Charles F. Stanley

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FIGHT

by Pastor John Mochel



After some recent conversations with a number of Christians, young and old, I have been struck by how pressing a problem it is for people today to ward off depression and anxiety. Maybe it is the incessant news media telling us to be angry or sad about the state of the nation and the world. Maybe it is the loneliness and divisions that come from all the COVID business, masks, no-masks, vaccine, no-vaccine, and on and on. Maybe it is the crops, or the schools, or the rioting over the past year and a half. Probably it is all these things, and more.

In Ephesians 6:10-20 we find instruction from Paul the Apostle to people in a war, Christian people. We know that this is the case because he writes of standing strong, putting on armor, using a sword, and staying alert.

¹⁰ Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

¹⁴ Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵ and, as shoes for your feet, having put on the readiness given by the gospel of peace. ¹⁶ In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷ and take the helmet of salvation, and the sword of the Spirit, which is the Word of God, ¹⁸ praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, ¹⁹ and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, ²⁰ for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

(Continued on page 2)

(Continued from page 1)

This is all warrior language. But what war?

Clearly, he is speaking of a spiritual war. Moreover, from the list in verses 14-17 it is obvious that the enemy will be attacking our mind, emotions, and spirit. Satan wants you to wallow in depression and mental misery. He wants you to hate your life and feel like he is winning in the world.

What then are we to do? Well, for starters we can obey the commands in this passage. Much misery for Christians comes from simply not obeying what the Bible says. We are to “stand firm” against the Devil and his minions. Don’t give in or give up. We are to be ready constantly for his attacks by being in the truth, remembering that our righteousness is in Jesus, sharing the gospel, trusting in God’s promises, knowing that we are saved, and knowing the Bible. In all of this we need to be alert in prayer, praying often through the day and having an attitude of prayer.

In Philippians 4:4-9 is Paul’s principal encouragement to have our minds in the right place.

⁴ Rejoice in the Lord always; again I will say, rejoice. ⁵ Let your reasonableness be known to everyone. The Lord is at hand; ⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. ⁹ What you have learned and received and heard and seen in me-- practice these things, and the God of peace will be with you.

What are you thinking about all day long? Are you thinking about the presence of God in your life? Are you thinking about good and beautiful things? Are you always lifting up problems and challenges to the Lord rather than worrying about them? This requires constant choosing to trust Him. Be relentless. Satan isn’t quitting. Why should you?

God commands you not to fill your mind with fears and worries. But you cannot just have an empty mind. Vers-

es 8-9 tell us what to focus our thinking on. Read these two verses and think about what each word means for you.

When I counsel with people, I give them ten battlefields on which to be constantly fighting. You might be surprised at what starts the list:

- ***Get good sleep.** Most people need at least 7-8 hours.
- ***Eat healthy food, not junk.** Eat slowly and avoid sweets.
- ***Get regular exercise.** It is harder to fight for your mind if your body is weak.
- ***Be in the Bible every day.** Study it and always have a memory verse.
- ***Pray continually and praise God.** (1 Thessalonians 5:17) Make special times for prayer.
- ***Open your eyes.** Find things every day that you can thank God for. Tell Him.
- ***Write down prayers and lessons that you are learning from God.**
- ***Listen to worship music.** Avoid pop-music, most movies, news media, and social media.
- ***Don’t spend lots of time with people who are depressing or hurt your walk with God.**
- ***Be aware of others.** Look for opportunities to bless other people and talk about God.

This will change your life, and your mind. †

Parent’s Night Off!



October 29

5:30-9:00pm

Ages 11 & under

Enjoy football, tug of war, flashlight tag, art~fall leaf painting, cookie decorating, pizza, full feature movie & laughter!

If you're not sure of your schedule today, please call Julie Saugstad by Wednesday evening October 27

641-236-6000.

ADULTS who are missing out on kid action at home, join in our fun (**help!**). If you cannot help supervise, would you be willing to bake sugar cookies for our event or donate frozen pizzas?

Sign-up at the Welcome Desk!

October is

Pastor

APPRECIATION MONTH

Pastor John and Nancy do so much to encourage the flock. As teachers, counselors, comforters and ones who unselfishly serve, we appreciate them for urging and guiding us along as we journey through this life and it's challenges.

Overwhelm them with appreciation and love!

**Champions
Forever**
with **AM**



**Coming to Beresford High School
Wednesday October 13th**

7:00pm

**Get inspired! The Crevier's were finalists on
America's Got Talent!**

**Bruce and Diane and their family of 12 children
have been in 40 countries, using their
Spin-tacular Basketball Show to entertain and
share a message of HOPE to this generation!**

All ages Welcome!

Pray to End Abortion.

40 DAYS FOR LIFE™
WWW.40DAYSFORLIFE.COM

40 Days for Life is an internationally coordinated campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. Help save lives by praying for an end to abortion in Sioux Falls at Planned Parenthood October 11th from 8:00am - 12:30pm by signing up for a half hour or even an hour slot on the sign-up sheet in the prayer room. Contact Nancy Mochel with your questions or to request another time to pray.

OCTOBER 31

HARVEST festival

*Please join us as we worship the
Lord of the harvest*

*We also take opportunity to give back to the Lord a
portion of what He has given to us.*

*A Fellowship Dinner will follow the morning worship
service! If you are able, please provide a main dish
and a salad or dessert.*



sunday	monday	tuesday	wednesday	thursday	friday	saturday
					1	2
3 9a SS 10a Fellowship 10:30a Worship Communion 6p Evening Study	4	5 8:30a CC 6:30p Women's Study 7p Deacon Board Meeting	6 12p Community Study, Library 6:30p AIC Youth	7 9:30a Women's Study 9:45a Bethesda Service 7:30p Men's Dis- cipleship	8	9
10 9a New SS 10a Fellowship 10:30a Worship 6p Evening Study	11 	12 8:30a CC Tutor Meeting 6:30p Women's Study	13 12p Community Study, Library 7p Champions Forever, HS Gym	14 9:30a Women's Study 7:30p Men's Dis- ciple Group	15	16
17 9a SS 10a Fellowship 10:30a Worship 6p Evening Study	18	19 8:30a CC 6:30p Women's Study	20 6:30p AIC Youth	21 9:30a Women's Study 7:30p Men's Dis- ciple Group	22 6p AIC Youth Hayride & Bon- fire @ Church	23
24 9a SS 10a Fellowship 10:30a Worship 6p Evening Study	25	26 8:30a CC 6:30p Women's Study	27 12p Community Study, Library 6:30p AIC Youth	28 9:30a Women's Study 7:30p Men's Dis- cipleship	29 5:30-9p Kid's Night Out, Youth Building	30
31 9a SS 10a Fellowship 10:30a Harvest Festival of Praise 11:45a Fellowship Dinner	<p style="text-align: center;">Happy Birthday to:</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> 10 Jon DeLay 19 Owen Bovill 22 Nora Hyronimus 22 Barb Koth 23 Sophie Leikvold </div> <div style="width: 45%;"> 25 Robby Dressen 26 Rhonda Wynia 27 Bethany Hoffman </div> </div> <p style="text-align: right;">Happy Anniversary: 6 Jon & Brandi Snell 17 Ricky & Jen Gordon 22 Rob & Teresa Knutson</p>					

MINISTRY AND WORSHIP

October 3

AM: Isaiah 56:1-12, Communion
 Theme: "My Salvation is About to Come"
 PM: Great Doctrines of the Bible

October 10

AM: Isaiah 57:1-21
 Theme: "There is No Peace for the Wicked"
 PM: Great Doctrines of the Bible

October 17

AM: Isaiah 59:1-21
 Theme: "He Saw that There Was No Man"
 PM: Great Doctrines of the Bible

October 24

AM: Isaiah 60:1-22
 Theme: "Arise, Shine, for Your Light Has Come"
 PM: Great Doctrines of the Bible

October 31

AM: Isaiah 61:1-11, Harvest Festival
 Theme: "The Spirit of the Lord is Upon Me"
 Fellowship Dinner following Worship



MINISTRY INVOLVEMENT

Date	Greeters	Nursery	Storytime	Music/Missions	Scripture Reader
10/3	A Sveeggen	Morgan Fahlberg	Connie Schmidt Owen Bovill	Communion	Jackie Hovland
10/10	R/M Jensen	Karla Bovill	Sandy Fahlberg Ethan Bovill	Open	Robin Leikvold
10/17	D/M Nelson	Paige German	Rachel Smith Andrew Bovill	Missions Moment	Barb Koth
10/24	N/K Erickson	Barb Koth	Sandy Fahlberg Adelle Zylstra	Lindsay Zylstra	Allen Sveeggen
10/31	M/K Bovill	A Hyronimus	Nancy Mochel Trevin Fahlberg	Open	Lindsay Zylstra
11/7	C/M DeLay	Talisha Fahlberg	Connie Schmidt Hannah Fahlberg	Missions Moment	Reid Jensen
11/14	K/R Leikvold	Karla Bovill	Lindsay Zylstra Sydney DeLay	Abby Wergin	Marilyn Jensen
11/21	A Sveeggen	Paige German	Rachel Smith Isabel DeLay	Open	Sandy Fahlberg
11/28	R/M Jensen	Barb Koth	Sandy Fahlberg Jon DeLay	Missions Moment	Rena Hoffman

October Worship Leader: Pete Fahlberg
Sound Tech: Ben Fahlberg
Keyboard: Connie Twedt

November Worship Leader: John Fahlberg
Sound Tech: Chris Smith
Keyboard: Doreen Fahlberg