

## **Consistency Wins Every Time Pt. 1**

Discussion Notes- August 24, 2025

1. Who's someone in your life that inspires you because of their faithfulness or consistency?

Consistency doesn't always feel exciting, but it does make a difference in our walk with God and in every area of life. The Bible calls us to keep doing good and stay faithful, even when it feels hard or unnoticed. Real consistency means showing up daily, staying patient, and trusting God's timing. We see this in Daniel, who prayed faithfully every day, and in Noah, who kept building the ark for years before God's promise came to pass. Commitment gets us started, but consistency is what carries us to the finish.

### **Read 1 Corinthians 15:58**

"Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain."

2. Why do you think consistency matters more than occasional big efforts?

We've seen throughout Scripture that consistency isn't flashy, but it's powerful. It's often the quiet, unseen work; praying when no one's watching, showing up when it's hard, staying focused when distractions come that God uses to bring real growth. Whether it's building a family, pursuing a goal, or deepening our walk with Him, the results come through steady, daily obedience. Faithfulness in the little things may not get immediate applause, but it positions us for lasting impact. As we turn to life application, let's think through how we can build the kind of consistency that honors God and shapes our future.

### **Read Colossians 3:23-24**

*"Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ."*

3. What does it mean to "work heartily as for the Lord" in your current season of life? In what specific area do you feel God is calling you to be more consistent right now?

Daniel is one of the best examples in the Bible when it comes to living a consistent life. From the time he was a teenager taken into exile all the way through serving under different kings in a foreign land, he stayed faithful to God, to his values, and to who he was. He didn't compromise, even when it could have cost him everything. One of the clearest pictures of that is his prayer life. Even when a law was passed making prayer illegal, Daniel still prayed three times a day just like he always had. He wasn't trying to be dramatic or prove a point, he just stayed steady. He avoided distractions and stayed focused on what mattered most. Daniel's faithfulness wasn't about public recognition or applause. It was about doing the right thing quietly, even when no one was watching. That quiet, everyday faithfulness is what God used to give Daniel influence, wisdom, and favor. His life shows us that what we do in private matters because it shapes who

we become in public. Daniel trusted God even when things took time. Like Noah, he was in it for the long haul and God showed up.

### **Read Daniel 6:3-5, 8-10**

*Then this Daniel became distinguished above all the other high officials and satraps, because an excellent spirit was in him. And the king planned to set him over the whole kingdom. Then the high officials and the satraps sought to find a ground for complaint against Daniel with regard to the kingdom, but they could find no ground for complaint or any fault, because he was faithful, and no error or fault was found in him. Then these men said, "We shall not find any ground for complaint against this Daniel unless we find it in connection with the law of his God." ... Now, O king, establish the injunction and sign the document, so that it cannot be changed, according to the law of the Medes and the Persians, which cannot be revoked." Therefore King Darius signed the document and injunction. When Daniel knew that the document had been signed, he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God, as he had done previously.*

4. What do you think helped Daniel stay consistent even when his environment was constantly changing?

### **Read Galatians 6:9**

*"And let us not grow weary of doing good, for in due season we will reap, if we do not give up."*

God sees the quiet, steady steps of obedience we take every day. Just like Daniel, we're called to be faithful in the small things, even when no one's watching and even when it's hard. The Bible reminds us that if we don't give up, we will reap a harvest in God's perfect timing. Whether it's in our faith, our relationships, our work, or how we spend our time, the challenge is to keep showing up. Don't underestimate the power of doing the right thing consistently. God is working, even when you can't see it yet.

5. What is one small, specific action you will commit to doing consistently this week to grow in faith or obedience and how can our group support you in it?

### Closing/Prayer:

- Pray for steadfast faithfulness to remain consistent in daily walk with God and avoid distractions.
- Pray for patience and trust in God's timing during seasons of waiting.
- Pray for God to use quiet, consistent efforts to bring lasting impact and favor.

### **Deeper Dive: Consistency in Noah's Life**

#### **Read Genesis 6:11-14**

*"Now the earth was corrupt in God's sight, and the earth was filled with violence. And God saw the earth, and behold, it was corrupt, for all flesh had corrupted their way on the earth. And God*

*said to Noah, “I have determined to make an end of all flesh, for the earth is filled with violence through them. Behold, I will destroy them with the earth. Make yourself an ark of gopher wood. Make rooms in the ark, and cover it inside and out with pitch.”*

Noah’s story is not just about building an ark; it’s a profound example of walking faithfully with God amid cultural opposition and deep uncertainty. The Bible says Noah was “righteous” and “blameless” in his generation, which means he stood apart morally and spiritually from a world that was corrupt and filled with violence. This would have made him a target of ridicule, isolation, or worse. Imagine working on a massive, strange boat for decades with no visible sign of the coming flood. To the people around him, Noah was probably seen as a fool or eccentric. Even still, Noah’s story challenges us to think about the cost of consistency.

### **Read Hebrews 11:7**

*“By faith Noah, being warned by God concerning events as yet unseen, in reverent fear constructed an ark for the saving of his household. By this he condemned the world and became an heir of the righteousness that comes by faith.”*

His faithfulness required more than obedience; it demanded a deep trust in God’s character and promises. Hebrews 11:7 highlights this by saying Noah became an heir of righteousness by faith, preparing an ark for a salvation that had not yet appeared. This means Noah lived and worked in hope and certainty of what God had spoken, even though it was unseen.

### **Read Genesis 7:1,5-6**

*Then the LORD said to Noah, “Go into the ark, you and all your household, for I have seen that you are righteous before me in this generation... And Noah did all that the LORD had commanded him. Noah was six hundred years old when the flood of waters came upon the earth.*

Noah’s faithfulness also reflects an interesting tension between waiting and working. He did not just passively wait for God to act but actively participated by building the ark, a long-term project requiring persistence and discipline. This teaches us about the balance of trusting God’s timing while being diligent in our own efforts.

1. How might living “blameless” in a corrupt culture create tension or challenges in your own life? How can we prepare for that?
2. Noah was working on something that seemed crazy to others. What “ark-building” tasks is God calling you to, even if they don’t make sense to people around you?