



Repeat steps 2-5 until your lasagna garden is 8" - 2' deep. Ideally, a depth ratio of 2 browns to 1 green is best, but don't sweat it - it will still work if the ratio is off.

Layer 5 - Your brown/carbon layer.

Layer 4 - Your green/nitrogen layer.

Layer 3 - Your brown/carbon layer.

Layer 2 - Your green/nitrogen layer.

Layer 1 - Cardboard or several layers of newspaper that have been soaked in water.

What is Lasagna Gardening?

LASAGNA GARDENING IS SUSTAINABLE, PRODUCES FEWER WEEDS, AND YOU PROBABLY ALREADY OWN MOST OF THE MATERIALS REQUIRED.

Lasagna gardening is a great technique since it does not require you to dig up the earth to plant seeds. All you have to do is make an outline of your plot and begin preparing your layers.

It is sustainable, produces fewer weeds, and you probably already own most of the materials required. You can start the layers in the fall to allow it to decompose over winter or you can start your layers in early spring but will need to allow at least 2-3 months before considering planting.

Think of it like making a compost heap. If you give the layers time to bake into the ground, the soil will become nutrient-rich, and then you can start gardening. When beginning to organize your layers, the goal should be to add in as much carbon and nitrogen into the soil as you can.

So what goes into nitrogen and carbon layers?

Nitrogen Layers - Green Materials

Green materials are meant to incorporate nitrogen into your garden and can include items like coffee grounds, eggshells, vegetable scraps, grass clippings, manure, yard waste, and remnants of fruits and vegetables.

Carbon Layers - Brown Materials

Brown materials you may use for your garden, such as sawdust, hay, wood chips, twigs, straw, dried leaves, shredded newspapers, and peat moss. These are rich in carbon and you simply use anything that is readily available.

For more information, read "Lasagna Gardening: A New Layering System for Bountiful Gardens: No Digging, No Tilling, No Weeding, No Kidding!" by Patricia Lanza.