



ITINERARY

Monday, March 9

2:30 AM Meet at ChristWay
2:45 AM Travel to Atlanta
7:09 AM Flight AA 1046 to Miami
9:15 AM Arrive in Miami
12:05 PM Flight AA 33071 to XPL
12:55 PM Arrive in Comayagua
Drive to Choluteca, Check-In, Unload,
Dinner, Crash!

Tuesday, Wednesday, Thursday

Dental/Medical/Vision Clinics in
Villages

Picnic Lunch at Clinic Site
Dinner at a Local Restaurant
Team Devotion & Worship

Friday, March 13

Dental/Medical/Vision Clinic in a
Village Until Lunch
Dinner at Local Restaurant
Team Devotion & Worship

Saturday, March 14

Drive to Comayagua/Lunch in Airport
2:40 PM Flight AA 366 to Dallas
7:20 PM Arrive in Dallas/Ft. Worth
Customs/Dinner in Airport
8:40 PM Flight AA 2749 to Atlanta
11:45 PM Arrive in Atlanta
2:00 AM Arrive at ChristWay

MARCH 9-14

HONDURAS 2026

DENTAL/MEDICAL/VISION CLINICS

ABOUT HONDURAS

- Is located in Central America. Guatemala is to the north, El Salvador is to the west, Nicaragua is to the south, and the Caribbean Sea is to the east.
- Is approximately the size of the state of Tennessee and has a population of approximately 9 million.
- Tegucigalpa is the capital city, and Spanish is the primary language.
- Per capita income is \$3040 per year, making it one of the poorest countries in the western hemisphere.
- 1/3 of the country are unemployed and over 66% of the population lives below the poverty line. 1 out of 5 people live off of \$1.90 per day.
- Roman Catholicism (47%) is the main religion, but Protestants (36%) are gaining.
- Choluteca is in southern Honduras near the Pacific coast, about a 2.5 hour drive from the capitol of Tegucigalpa. It is the poorest province in all of Honduras, & it experiences high heat and humidity year round.
- We will be working with missionaries Asten & Vilma Hull through Servants of the King Ministries.

REQUIREMENTS

- Team participants **MUST** be over the age of 18. Medical and dental professionals are definitely needed, but we also need others to help with crowd control, sharing the gospel, taking care of children and more. Preference is given to ChristWay partners, but, if space allows, professionals from outside of ChristWay will be considered. All must have a growing relationship with Christ, and a desire to share about Him.
- Everyone must be physically able to manage two 50-pound suitcases, to withstand **extremely long days** in high temperatures, climb steps & walk on uneven surfaces without assistance.
- You must have a passport with the expiration date being at least 6 months after our trip or you must apply for one within the next week.
- You **MUST** participate in a mandatory pre-trip team meeting set for **February 8** at 12:15. where we will prepare for the mission. Participants who have never been to Honduras will have some additional online training to do at their convenience. You should also plan to participate in pre-trip email devotions.
- Everyone must have his or her own email account and check it regularly for updates, information and devotions.
- You must be current on routine immunizations. Tetanus and Hepatitis A vaccines are strongly encouraged. It is your responsibility to consult with your doctor regarding any other medical concerns.
- You will need to enlist 3 prayer partners who will be praying specifically for you and the mission before and during the trip.

DETAILS

- We'll stay at Aparthotel Las Brisas in Choluteca. It's a modest, local hotel where there will be 2-4 people per room. There is air conditioning and a private bathroom with hot water. Expect a basic but clean, safe room.
- The hotel offers a breakfast, but you should also plan to pack & take some of your own breakfast items for the mornings (granola bars, etc.). We will have a sandwich picnic lunch each day at our clinic sites, and then our evening meals will be eaten at either the hotel or local restaurants known to be safe for Americans.
- We will have translators to help with our clinics. You are not required to know Spanish in order to participate, but we highly recommend you learn some phrases.
- We will meet at ChristWay on the morning of departure and travel to the airport together. We will fly to Comayagua by American Airlines. Everyone on the teams will be expected to travel together (with the exception of dental professionals coming from Memphis)! Within Honduras, we will travel by rented trucks.
- Honduras is a developing country, and there are certainly no guarantees of safety, but we have always experienced a warm and welcoming environment. Of course, we make wise choices by always traveling in groups, not going to certain areas after dark, etc. It is imperative that team members heed the instruction of team leaders in order to preserve a safe experience for all. As for concerns about illness, you will need to make wise food choices, we carry a basic first aid kit and we are familiar with local medical options should the need arise. You will also have insurance that will cover a medical evacuation in the case of extreme emergency.

COST

Trip Cost is \$1500

\$500 is Due with Sign-Up

\$500 is Due by January 11

\$500 is Due by February 22

- The trip cost covers all transportation, hotel, materials, lunch every day, water, translators and some evening meals.
- Please read the "Mission Team Guidelines" VERY carefully before you sign up because there are very important things you should know regarding payments. All payments are non-refundable.
- Payments must be done at Connection Central or the church office during business hours.
- We strongly prefer a check (but do not put your name on the "for" line or it will not be considered a tax-deductible contribution). If you must pay with a card, please add 3% to your payment to cover the card fees.

TO SIGN UP

- Pray! Then pray again.
- Understand that committing to this trip is also committing to pre-trip obligations. You will need to learn about the culture and what to pack, but you also need to be spiritually prepared. There will be only 1 preparation meeting & 3 weeks of email devotions in which your participation is MANDATORY. Please understand that if you are feeling called to go, then you must be able to take part in the pre-trip requirements.
- Be ready to "be fluid!"
- Please read through the mission team guidelines to make sure you understand all the policies.
- The trip is limited to only 27 participants, and we expect spaces to fill quickly. Space is available on a first come, first served basis, but the absolute deadline to sign up is November 23.
- To sign up, please complete the online form found at [Events.ChristWay.Church](https://www.christwaychurch.org/events/honduras-dental-medical-vision-trip). Scroll down to the Honduras Dental/Medical/Vision Trip event to find the link.
- After you have completed the online form, you will receive an email confirming your place on the team then you must submit a copy of your passport (you can email a scan or photo of it to awaters@christwaychurch.org) AND pay the non-refundable deposit of \$400. You do not have a secured spot on the team until your deposit, form and passport are turned in.

QUESTIONS? CONTACT ANGIE WATERS
AT AWATERS@CHRISTWAYCHURCH.ORG OR 423.238.7677.