



**Marriage Reflection- SPEAK WELL/James 3:5-6
August 26, 2018**

Diagnosing the Communication Breakdown
Psalm 119:28; James 3:2; Proverbs 18:21

Underestimating the power of speech
Proverbs 12:18; James 3:5-6; Galatians 5:15; 1 Cor. 13:1; Psalm 141:3

Underestimating the effectiveness of speech
Matthew 7:21-23

Underestimating your control of speech
James 3:7-10; Psalm 138:6

Underestimating the exposure of speech
John 14:10; Matt. 12:35-36

Key Truth: _____

Key Verse:

Ephesians 4:15 (ESV) Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,

4 Ways to Grow up in Loving Communication

1. Speak well by _____
Psalm 46:10; Proverbs 17:28; 1:5; 12:15; 18:2
2. Speak well by _____
James 1:19; Proverbs 17:27; 18:13; Ephesians 4:29-32

3. Speak well by NOT speak _____
Deuteronomy 5:11 & 20; Proverbs 18:8; Philippians 2:14; 1 Peter 3:10
4. Speak well by speaking _____
Colossians 3:16; Philippians 4:8; 1 Corinthians 13:4-7

Key Practice: _____

Psalm 66:19; 17:6; Romans 8:26-27; 1 Peter 5:7; 2 Peter 1:3

Resource to help:

Start Well:

***NEXT WEEK: Worship in the Redwoods**

Questions for the Community

1. Begin with God. Spend unhurried time basking in the joy of communicating with God Almighty. With an open Bible and heart, stay long enough to have a quieted soul so you can hear.
2. Did you ID with one of the "underestimations of speech"? Which one? Name it, repent, invite God to lead you in a more excellent way. Look up and listen to the verses listed on each one.
3. Read Proverbs 2 and write out the listening principles found there.
4. Eph. 4:29 was read on Sunday. Go on to read 4:29-32 as a couple out loud. Confess to God, out loud the grieving that has occurred. Seek his forgiveness and receive his cleansing. Agree with God and cooperate with his work in your life to put away and put on all the various descriptions listed in those verses.
5. Consider the power of speech in your own life both *positive* and *negative*. Is there someone you need to thank today? (parent, friend, coach, pastor, co-worker) Is there someone you need to meet with today to seek forgiveness or resolution?
6. Review the Key truth, verse and practice. Participate wholly in the repentance, inspiration and trusting obedience that God leads you in as you try to engage with this. Be confident that this is in line with his will... it is how he designed your mouth to work!



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