



I AM the Bread of Life

JOHN 6:48
APRIL 18, 2021

Psalm 63:5 (NLT) — 5 You satisfy me more than the richest feast. I will praise you with songs of joy.

NEXT WEEK: I AM the Light of the World

Questions for the Community

Personal Reflection

1. Our appetites require careful attention and ruling over. Do you have checks and systems in place to make sure you are eating healthy...both for your inner and outer life?
2. Write down what it means that Jesus is the “Bread of Life”. How have you changed your mind about food since being *born* and *born again*? (consider both your physical and spiritual satisfaction and nourishment)

Group Discussion

3. What most impacted you from the worship service this past week.
4. Why is Jesus’ “Bread of Life” title for himself so delicious? How does it tie into the Bigger Story being written (think BACK to O.T. pointers to Messiah and FORWARD to what is coming for future believers). Much of John 6 provides answers to this.
5. In our sin, we are prone to repeat the failings of those we see in John 6. Which one most stands out as YOUR danger? [*Seeking immediate gratification (26), working for grace (28), devoting self to the temporal, doubting Jesus’ word (41), being disgusted with what he asks (52)*]
6. Why is it so important to personally eat the flesh of Jesus AND to feast together with other Christians? What does this look like for you?

Plan of Action

7. Consider your daily sustenance. Don’t go by stated beliefs but by lived truths. What has your attention when you wake up or daydream? What do you strive for and prioritize? What would devastate you if taken away? Do this without judgement. Look at what IS, not what you think should be.
8. NOW take time to evaluate how it’s going? Is your steady diet of _____ working for you? Ask God for one specific action to DO then do the work of God and believe Him by obeying.