



It is not a Place
Psalm 23:2
October 5, 2025

This verse points us directly to Jesus, who fulfills the heart of this Psalm.

1. Green _____

2. Still _____

3. It is not a place, _____

Personal Reflection

1. What are the “deserts” in your life right now — areas where you feel dry, restless, or tired?
2. How do Jesus’ words in **Matthew 11:29–30** (“Come to Me... and I will give you rest”) speak to your current season?

Next Week: PSALM 23:3

Questions for the Community

Group Discussion

1. The land of Israel is mostly desert, yet David writes about “green pastures” and “still waters.” What does this reveal about *where* and *how* God provides rest?
2. Why do you think so many people today look for rest in circumstances (a better job, vacation, relationship) rather than in Christ?
3. Read **John 4:13–14** — Jesus promises “living water.” How does this connect to Psalm 23:2, and what does it mean to experience that living water daily?
4. Revelation 7:17 says, “The Lamb will be their shepherd... and lead them to springs of living water.” What does this verse reveal about God’s eternal desire for His people?
5. When have you personally experienced Jesus bringing peace or rest to your heart in the middle of a “desert” season?
6. What practical steps can you take this week to slow down and let Jesus restore your soul — spiritually, emotionally, or physically?