



Stay Connected ~ Psalm 143:8
January 4, 2026

Gravitational forces that send you spinning

1. _____

1 Corinthians 2:14 (NIV84) — 14 The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because **they are spiritually discerned**.

2. _____

John 6:26-27

3. _____

Handles to help you hold on

1. _____

Psalm 1:1-2 (NLT) — 1 Oh, the **joys** of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. 2 But they delight in the law of the Lord, meditating on it **day and night**.

2. _____

3. _____

4. _____

5. _____

next week: Stay Connected with Prayer

Questions for the Community

Personal Reflection

1. The sermon compared Bible and prayer to breathing and blinking. Which of these feels more natural to you right now: Bible or prayer?
2. From the sermon on Sunday...where are YOU on the merry-go-round today? (at the center? holding on near the edge? slipping? sitting on the bench? flat on the ground and getting stepped on?)

Group Discussion

3. Read our text from Sunday. What stands out most to you? (hearing God's love? trusting God? God giving direction? lifting up your soul? Why?) What might it look like-practically- to live out this verse?
4. Gravitational forces are pulling you away from spiritual growth. Review the passages and ones mentioned from the sermon, which of these pulls at you? Are there others the Bible warns us about?
5. We get a hold on God's word in more than one way. Review what they are. Which of these is strongest, which are weakest?
6. What is lost when we fail to hold on to the truth God has gifted us? (2 John 8-9; 1 Timothy 6:20; Hebrews 10:23)

Plan of Action

7. You've been given helpful handles to help you stay connected to God which means you'll grow up in God. What is your plan to stay with it?
8. How do you make sure you "don't trade the relationship for reading"? Use Psalm 119:18 to help your heart posture remain where it needs to be.
9. If you already feel established in Bible habits, who might God be calling you to **teach**, **model**, or **walk alongside** this year?