

Week 1 - Sex, Lies, and Dating

Big Idea

Today's culture has been teaching lies regarding dating and sex, only glorifying the moment of pleasure without the truthful heartache that is attached to not following God's plan. Throughout the Bible we can see what God has to say regarding dating and sex. It is possible to have God honoring dating and sexual life.

Discussion Questions

- 1.) Pastor Jason taught that there are 3 rules for dating success. <u>Devote</u> yourself to God, don't lose your <u>third wheel</u>, and determine to do it <u>God's way</u>. Out of the 3 "rules" which one can you grow in the most? Why?
- 2.) There has been a downplay in culture on the topic of sex. Many think that sex is either an *isolated event*, *animalistic action*, *recreational activity*, or "*just physical*". With these viewpoints being dangerous, what are some ways we can keep the perspective of sex in a healthy biblical foundation in our life?

(1 Corinthians 6:15-17) Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! Do you know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." But he who unites himself with the Lord is one with him in spirit."

(1 Corinthians 6:18-20) Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.



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- 3.) Pastor Jason mentioned, "God's way isn't *just right*, *it's better*." If you were to apply the scripture to your life, what would change?
- 4.) Godly sex is in the context of between one married couple and it is <u>affirming</u>, <u>tender</u>, <u>passionate</u>, <u>secure</u>, and <u>holy</u>. How should the truth about sex shape the way you view/treat other people? If married, your spouse?

(Song of Solomon 4:9-11) You have stolen my heart, my sister, my bride; you have stolen my heart with one glance of your eyes, with one jewel of your necklace. How delightful is your love, my sister, my bride! How much more pleasing is your love than wine, and the fragrance of your perfume than any spice! Your lips drop sweetness as the honeycomb, my bride; milk and honey are under your tongue.

Next Steps

While it may be challenging to live a life that is going against the culture. A wise and smart tip is to surround yourself with like minded Christians that can hold you accountable to live by what God has said in the Bible. Find at least two close, trusted friends, and give them the permission to hold you accountable and to ask the hard questions or struggles that you may be going through.



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Prayer Requests & Final Prayer

God, we thank you for all the gifts you've given us. Help us to enjoy your gifts the way you've always intended for us to experience. Help us live a life that is honorable not only to others around us, but to You Father. Thank you for your unfailing love and for sending your Son to die for all my sins. We thank you in advance for the life change that will take place within our lives. Amen.