



Focus

Fix Your Focus

Sermon Recap

Conversation Starters:

- What rhythms and routines do you have to get you focused?
- What takes you off your focus?
- What do you do to refocus?

Ask your group members to share their favorite points from the sermon, what stood out to them, a phrase or moment from the sermon they related to the most, or questions they have. If your members have a hard time remembering, share your notes and favorite points.

Reflect:

1.) Read [Isaiah 43:18](#) NIV and [Proverbs 29:18](#) MSG: "Focus determines your future:" Pastor Jason shared three dimensions that God operates in.: Microscope – to see the **invisible**. Kaleidoscope – to see the **indescribable**. Telescope - to see the **incomprehensible**.

What does each device have in common and facilitate?

What do you need to “see” so you can let go of the past and move into a focused Fatherly future?

Pastor Jason said “the Devil doesn’t need to destroy you if he can distract you. You will be more defined by what you say no to than what you say yes to”

What do you need to say no to? What do you need to say yes to?

2.) Pastor Jason shared three ways in which we can have a wrong focus: We put **others** under the microscope - [Luke 7:44](#) and [2nd Corinthians 4:18](#) NIV. We see our **history** in the kaleidoscope – [Hebrews 12:1-2](#) NIV. We have **God** in the telescope – [Hebrews 3:7-11](#) NLT. He also said “anytime that you visit a memory from the past disconnected from grace, love, and forgiveness of Christ, you’re opening your life to a deception.”

How is our past a deception if we’re not bringing the righteousness of Christ into it?

How does the power of 1% out of focus speak to you?

What is the evidence of what’s truly first in your life?





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3.) Pastor Jason revealed the **Principle of Priority**: “Focus on what I do FIRST” – [Romans 12:2](#) MSG. Put God first – [Genesis 1:1](#) NIV. “In the beginning God ...” Give God the first of everything – [Leviticus 27:30](#) and [Deuteronomy 14:23](#) LB, including my year, month, week, and day, then expect God to bless the rest – [Proverbs 3:6-10](#) NIV.

Apply It:

God will occupy no other place than first place in our lives. God deserves nothing less than first place. Examine your year, month, week, day, and each morning. Is God first in all of it? If he's not, put Him first and keep Him first in everything – your thoughts, your time, finances, service, parenting, marriage, and everything that encompasses your life. Plans and goals are created to help us succeed. Don't plan to fail because you didn't create a plan to succeed, which places God in first place in every place of your life.

Prayer Requests and Closing Prayer:

Ask your group members if they have a prayer request. Write them down and continue to pray for them during the week.

Father, You have given us so much. Your provisions are clearly seen all throughout creation. You have loved us past the point of death to a part of Yourself. Your love for us never fails. You deserve to be first in our lives Lord God because of who You are. What You've done and what You've saved us from are cherries on top of the proverbial cake. Your goodness and our proximity to your goodness bring change in our lives. Help us see so we can reprioritize and refocus our lives in a way that puts You first in all things, in Christ we pray, Amen.