



# Red Flags

## Red Flags in Marriage

Sermon Recap

### Conversation Starters:

- **What level of commitment to your spouse did you enter into your marriage covenant with?** (What authority was your marriage foundation REALLY established upon?)
- **Is one ever relieved of one's commitment to one's spouse based upon performance?**
- **Under what authority are you remaining committed to your spouse?** (Yours or God's?)

**Ask your group members to share their favorite points from the sermon, what stood out to them, a phrase or moment from the sermon they related to the most, or questions they have. If your members have a hard time remembering, share your notes and favorite points.**

### Reflect:

1.) Read [Proverbs 27:12](#) NCV and [Matthew 19:3-6](#) NIV: Pastor Jason said: A contract is based on mutual **Distrust**. A covenant is based on mutual **Commitment**.

Share how each truth is speaking to you, any adjustments you need to make, and why.

Pastor Jason shared 21 **Red Flags** in Marriage:

- There is a lack of emotional intimacy
- There hasn't been physical intimacy in a long time
- They stop apologizing for bad behavior
- You don't share passwords or bank accounts
- Excessive jealousy or controlling behavior
- Unhealthy boundaries with the opposite sex
- You argue over who is right and wrong
- You use words with the intention to hurt or devalue
- They pick and choose certain scriptures that benefit them
- There are boundaries between in-laws or friends
- You prioritize time with kids over time with each other
- They don't have any friends
- You stop intentionally pursuing him/her
- You constantly make decisions based on what your partner wants or prioritize decisions based upon what they want
- Technology takes over your time and attention
- They stop wanting to grow in their walk with God



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- You constantly settle for 50/50 to maintain peace. (It takes 100/100 from both of you)
- You refuse to get counseling and help
- There are spiteful decisions or purchases (Intentional actions which hurt)
- You threaten leaving, separation, or divorce
- Constant arguing and criticizing

Visit each of the 21 **Red Flags**: ("Marriage is not a blessing when it's not a blessing.")

**What flags speak directly to you and why?**

**What steps is God directing you to take now and when?**

2.) Read [Proverbs 18:21-22](#) NKJV - Pastor Jason shared five components of successful communication in marriage: **Tone, Time, Trust, Truth, and Team.**

- Visit each component and identify why it's significant in marriage.

- Share some practical applications to live out each component.

- Share some examples of applications that are out of alignment with each component.

**How does each component work toward good communication and results in relationships?**

3.) Read [Malachi 2:15-16](#) NIV and [Psalm 127:1](#) NIV: Pastor Jason shared three covenant commitments that unleash power in our marriages: We will Make The Choice to love. We will Prioritize our relationship. We will Trust God.

**Apply It:**

Performance" is usually the measure we use to "commit" to or "cancel" our spouse. What our spouse does for us is what sustains our "loyalty" and what they don't do becomes "lethal." Marriage is supposed to exemplify God's love for the church. His love and commitment to us is not based upon our performance for Him, it's based upon His authentic love for each of us. We are increased by God and brought into attractive radiance through His Spirit and our Savior. Our commitment to our spouse should be built upon that same foundation. Through our love, our spouse becomes more radiant and more attractive. The husband should nurture his wife and the wife should honor her husband. Commit to pouring life and honor into your spouse. Not because of how they look or what they give you, but because it's what a wife's and husband's do authentically love God's way.

**Prayer Requests and Closing Prayer:**

**Ask your group members if they have a prayer request. Write them down and continue to pray for them during the week.**

Father, love is so powerful and transforming when it's lived out Your way. Help us see clearly so we can love others better. Help us esteem our spouse and others as You have esteemed us. In You we are lifted up into Your goodness. Help us do the same for our spouse and those in our circles of influence, in Christ we pray, amen.