

THE NAVIGATOR
DELTONA PRESBYTERIAN CHURCH



Sing joyfully to the LORD, you righteous;
 it is fitting for the upright to praise him.
 2 Praise the LORD with the harp;
 make music to him on the ten-stringed
 lyre.
 3 Sing to him a new song;
 play skillfully, and shout for joy.
 For the word of the LORD is right and true;
 he is faithful in all he does.
 5 The LORD loves righteousness and justice;
 the earth is full of his unfailing love.
 (Psalm 33: 1-5)

JUNE 2026

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Setting The Course

There is a time for everything, and a season for every activity under the heavens. (Ecclesiastes 3:1)



SUNDAYS

10:30 a.m. – Worship Service

MONDAYS

9:00 a.m. – Baggers – Prep for Food Pantry – Meets in the Library, 9AM

TUESDAYS

9:00 a.m. – 11:00 a.m. – Food Pantry – Fellowship Hall –Tuesday June 9th, 23rd

WEDNESDAYS

THURSDAYS

10:00 a.m. – Women’s bible study – June 4th, 11th, 15th 25th

7:00 p.m.- AA –Room 1, FLC -- June 4th, 11th, 15th 25th

FRIDAYS

OFFICE CLOSED

Treasurer’s Report – April

INCOME	\$16,801.73
EXPENSES	\$19,191.53
MONTHLY Net income	\$ -2,389.80

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Don’t Miss Up Coming Events

- Mon, Tues, Wed, Fri Boy Scout Meetings, FLC
- Mon, Tues, Thur, Fri Girl Scout Meetings, FLC
- June 8 Finance Team Meeting, 10AM

Buildings & Grounds/Security Team Meeting 11AM
Care/Missions Team Meeting, 12PM
June 9 Food Pantry, 9AM-11AM
June 14 Planning Team, 11:45
June 17 Session, 4PM
June 21 Happy Fathers Day
June 23 Food Pantry, 9AM-11AM

JUNE Mission

See page 9



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Pastor's corner

*All
God-breathed and is useful for teaching, rebuking, correcting, and training in
righteousness. (2 Timothy*

Scripture is

A GUIDE TO CARING FOR YOUR MIND, BODY, AND SPIRIT

Rev. Carmelo Mercado, DMin, ChFC®

According to the National Institutes of Health, **one in five individuals** will experience a mental health challenge at some point in life. Many seek support not only from healthcare professionals, but also from clergy and trusted members of the community. In a community shaped by diverse beliefs, backgrounds, and life experiences, this gives us an important responsibility: to respond with understanding, respect, and care.

We should be mindful of how we speak about mental health. **Labels** such as “bipolar” or “schizophrenic” can unintentionally reduce a person to a diagnosis. In the same way, telling someone they simply need “more faith” or should “pray more” can cause harm rather than help. Just as we take care of our heart, kidneys, or knees, **we should not neglect, stigmatize, or discriminate against the brain**, which is also a vital organ that can experience chemical imbalances.



Healthy communities should reflect the full range of human experience, including joy, sadness, anxiety, loneliness, and hope. Our words and actions can support healing—or make it harder.

Adapted from the “12 Steps to Wellbeing,” here are practical ways to care for our mind, body, and spirit:

1. **Talk about your feelings.** Share your thoughts and emotions with someone who will listen. Talking can be healing, and listening is a gift. We cannot ignore our emotional health and expect to grow fully in other areas of our lives.
2. **Stay active.** Physical activity, even a simple walk, can improve mood, sleep, and concentration.

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3. **Eat well.** Balanced meals help support both body and mind.
4. **Be mindful with alcohol.** Be aware of how it affects your mood. For some, it can make things worse. Make choices that support your overall health and seek help if needed.

5. **Stay connected.** Keep in touch with friends and loved ones through calls, messages, or visits. Connection makes a difference.
6. **Seek professional support.** A therapist or pastoral counselor can help you understand your feelings and take helpful steps forward. In a crisis, call or text **988** for free, immediate support.
7. **Take breaks.** Rest, short trips, or a change of routine can renew your energy and perspective.
8. **Do something you enjoy.** Engage in activities that bring you joy—whether it is a hobby, time with others, or even a good laugh. Humor and laughter can be powerful medicine for the mind and soul.
9. **Accept yourself.** Be realistic about your strengths and limits. Practice patience and self-forgiveness.
10. **Care for others.** Helping others can give a sense of purpose, mission, and connection.
11. **Keep learning.** Trying something new can stimulate your mind and build confidence. This can include learning about different cultures, languages, and religious or non-religious perspectives, which can broaden understanding and deepen connection with others.
12. **Get involved.** Isolation can make things harder. Join a group, attend activities, or participate in community or worship life.

Mental health is an important part of overall wellbeing. It deserves the same care, attention, and respect as any other part of the body. By supporting one another with compassion and understanding, we can help build a healthier and more hopeful community.



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Letter of thanks

“Pray continually, give thanks in all circumstances” (1 Thessalonians 5)

Dear Friends of the Deltona Presbyterian Church,

As we look ahead to the trips taking shape for Colombia and Brazil, we wanted to pause and say a genuine thank you. Your generosity is doing far more than covering travel or training—it is opening the way for entire communities to engage with God’s Word in their own language. That reality still stirs our hearts and keeps us moving forward with purpose.

Please pray with us as the Jiw team finalizes dates for the Colombia workshop. At the moment, it looks like that trip will fill most of August. We would love for the two ladies who recently joined our coordination team to travel with us, but we need the dates confirmed soon to make that possible. They’ll be coming from Papua New Guinea, and coordinating long international trips takes time and careful planning.

For Brazil, we’re encouraged by the openness of the training center team to update their literacy program. They’ve been using a very old method that doesn’t incorporate the literacy software, and we’ve been gently encouraging this shift for quite a while. It seems the pieces are finally coming together for this year. The trip will likely fall at the end of October into early November. Please pray for wisdom as we navigate these sensitive transitions, train the new Brazilian literacy teacher, and help build fresh enthusiasm for literacy within their training center.

We love working together with you! Every time a consultant grasps a new principle... every time a teacher gains confidence... every time a community begins reading Scripture in their own language—your prayers and gifts are part of that story. Thank you for sending us with strength, joy, and the steady reminder that we are not walking alone. We are grateful for you and look forward to sharing how God answers prayer as these trips unfold. We are praying for you.

Safe and so secure in His hands!

Jerry & Joyce McDaniels



"The

The Mission Field

*harvest is
plentiful,*

but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." (Matthew 9:37)

APRIL 2026

Greetings in the name of Jesus,

Another wonderful day with ROOT Motorcycle prison ministry. We spent the day with the ladies April 11, 18 and 24 and 25 in Lowell Correction Institution and Work Camp. The lord showed out in a mighty way. There were so many divine appointments and tears shed. It was very hot, but that did not stop these soldiers for Christ, Sylester, one of our volunteers, celebrated his birthday April 18 with the ladies and they all sang to him. There were 350 to 1300 women in various sections.

Some were training dogs for disabled peoples, and another section had 50 horses for the girls to train, God is good,

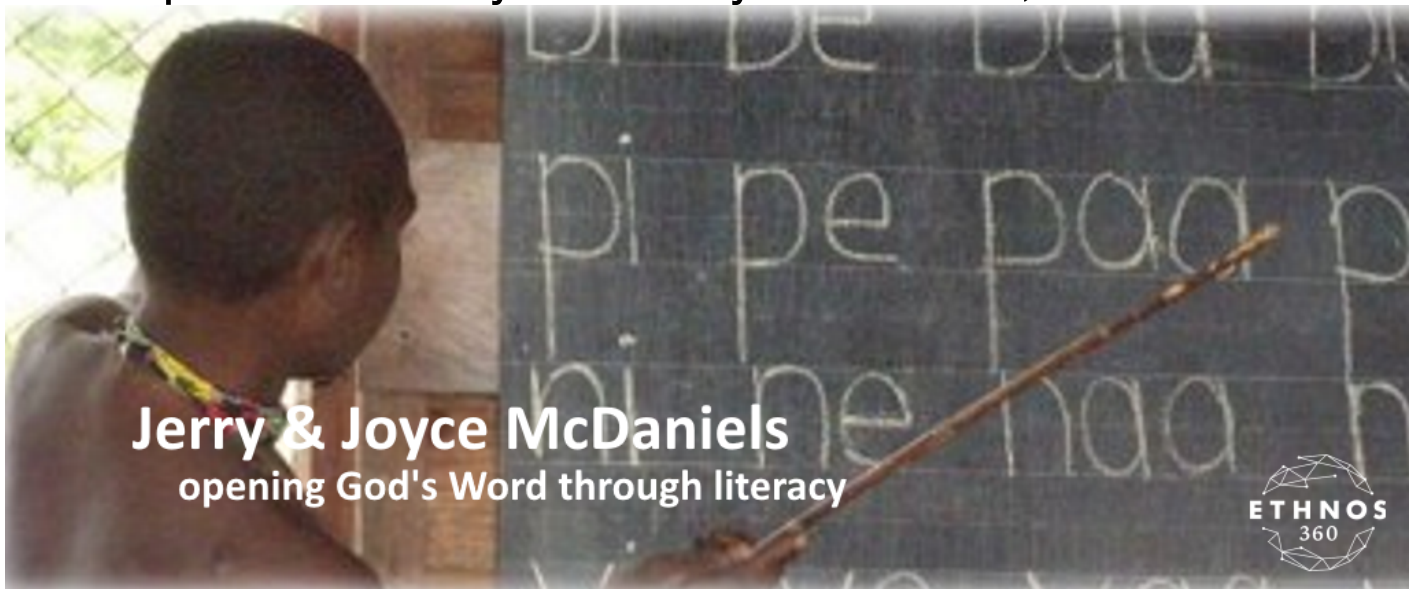
The Seminole County Juvenile Detention Center has 12 boys and 4 girls on Thursday night 7pm-8pm, We volunteers share the Gospel and we all pray the teens will make better decisions and talk to God. The number varies each week.

Thanks for all your prayers and gifts.



Judi Nordaas, 212 Brazil Ct, Sanford, FL 32771, judi_nordaas@ntm.org

Update from Joyce & Jerry McDaniels, Ethos 360



We're thrilled to share that plans are coming together for two additional literacy trips this year—one to Colombia and one to Brazil! Both represent strategic, longprayedfor steps toward strengthening literacy work and equipping local believers to carry it forward with confidence.

First - Colombia!

Would you pray with us as we work on details for a trip to Colombia? We'll be continuing the training of a literacy consultant and working sidebyside to write the full Jiw literacy curriculum. This is a milestone we've been asking the Lord for over many months. The Jiw people have Scripture, but many still cannot read it for themselves. This workshop will help create the lessons, primers, and tools needed so the Jiw community can have full access to God's Word in their own language. It will also give our consultantintraining valuable, hands on experience in the language she has learned and is now ministering in—an essential step in her development and future ministry.

And that's not all...

We're also working on plans to travel to Brazil to serve at the missionary training center there. We've been invited to help train their literacy teacher—an incredible opportunity to invest in the next generation of workers preparing to serve in languages still waiting for Scripture and literacy. Strengthening their training program now means stronger teams, betterprepared teachers, and longterm impact across many people groups throughout Brazil.

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Jerry & Joyce McDaniels

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DPC Monthly Mission

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'" (Matthew 25:40)

**June Mission – Items for our food pantry
Canned Goods, Cereal, Peanut Butter, Jelly**



Food Pantry Statistics April

Families Signed In: 234

Total Household Members: 955

Total Number of Bags Distributed: 986

New Families Registered: 44

May Mission – Collection of money to assist with the Jesus Ministry – completion of the building of dormitories for the orphans in Guatemala.



Thank you for your donations and prayers for this much needed mission.

THE FUN ZONE

“God has brought me laughter, and everyone who hears about this will laugh with me.” (Genesis 21:6)



JUNE WORD SEARCH

- SUMMER
- SOLSTICE
- SUNSHINE
- GRADUATION
- VACATION
- BLOOM
- WARMTH
- WEDDING
- FREEDOM
- PRIDE
- BEACH
- HOLIDAY
- OUTDOORS
- BARBECUE
- FESTIVAL
- TRAVEL
- RELAX
- HEAT
- LEISURE
- GLOW

I	W	S	E	F	R	E	E	D	O	M	M	N	H	L
S	G	I	U	E	R	E	L	A	X	A	T	H	E	V
T	U	R	W	N	S	M	O	I	F	L	R	O	A	A
P	I	M	A	D	S	A	L	Q	E	N	A	L	T	C
A	C	E	M	T	U	H	H	P	K	R	V	I	E	A
R	S	O	B	E	I	C	I	O	Q	N	E	D	B	T
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WWW.HOMESCHOOLOF1.COM

JUNE WORD SEARCH

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FELLOWSHIP PRAYER LIST

MEMBER CONCERNS:

<i>Joan David</i>	<i>Bernie Pitt</i>
<i>Teresa Narsh</i>	<i>Paddy Martin</i>
<i>Elaine Brown</i>	<i>Will Euverard</i>
<i>Kathy Hall</i>	<i>Bud Schwarz</i>
<i>Audry Ostwald</i>	<i>Dave Cooper</i>
<i>Sarajini Persaud</i>	<i>Don Loveless</i>
<i>Dottie Grenier</i>	<i>Fran David</i>
<i>Randy Breedlove</i>	<i>David Lathrop</i>
<i>JR Scafidi</i>	<i>Cynthia Clark</i>
<i>Bill Morgan</i>	<i>Virginia Poczik</i>

MEMBER FAMILY & FRIENDS:

Meg & Caitlyn McCormick (Family of Cheryl Bladt)
Barbara Miller (Karen Tegge's mother)
June & Gene Perry (Larry Perry's wife and son)
Rick's brother (friend of Angel)
Robbie Ross

ACTIVE MILITARY PERSONNEL:

Army:

Cory McClure (son of Connie McClure)
Clayton Herriford (Grandson of Emil R. Newby)

Air Force:

Tyler Conner (nephew of Connie McClure)

**PERMISSION IS REQUIRED TO PUBLISH A NAME
ON THE PRAYER LIST. PLEASE CALL THE OFFICE
OR PASTOR WITH PRAYER REQUESTS**

GRIEVING THE LOSS OF LOVED ONES

June Birthdays

*If your birthday is not listed here, please contact
the church office to provide the date*

<i>JR Scafidi</i>	<i>June 1</i>
<i>Cliffard Clarke</i>	<i>June 2</i>
<i>Nick Pizza</i>	<i>June 6</i>
<i>Lynn Frost</i>	<i>June 7</i>
<i>Evelyn Garcia</i>	<i>June 17</i>
<i>Crosby Lowe</i>	<i>June 21</i>