

Sister to Sister Newsletter

October 2025 Edition

My Sisters, ♡

I truly love each of you, and I thank God daily for the privilege of serving alongside such powerful women of God. It brings my heart so much joy.

Never forget how important you are to the Kingdom. We are the heartbeat of our churches, the anchors in our families, the light in our workplaces, the encouragement among our friends, and the vessels God uses to impact this world. Each of us carries His glory into every space we enter.

The Word reminds us in Proverbs 31:25: "She is clothed with strength and dignity; she can laugh at the days to come." This is the picture of a woman who knows her worth in Christ and walks boldly in it.

And in the New Testament, Matthew 5:16 declares: "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven." Sisters, our lives are testimonies, and through every role we hold—whether in our homes, on our jobs, in ministry, or among friends—we reflect His light to the world.

Let us continue to stand strong together, walking in our calling, lifting one another up, and showing the world the beauty of Christ through our lives.

With love and gratitude,

First Lady Tami



Happy October Birthdays:

A very happy birthday to *Tawanta Whitmire (10/05)*, *Pearl Wells (10/17)*, *Zahria Harper (10/18)*, and all other S2S women celebrating a birthday in the month of October. If your name is not listed, please update your breeze account so that we can shout you out when your birthday rolls around next year.

Weekly "DEEP DIVE" Prayer Time and Discussion:

"When life gets tough, what's the first thing you usually do—pray, plan, or panic?"

Join S2S on Monday, September 29th at 7pm via Zoom for a "Deep Dive" into 2 Chronicles 7:14 "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land." Invite a sister-friend and let's go deeper in our faith. We look forward to seeing you online Mondays @ 7pm. Discussion question can be found on the church website. Thank you to Angela Robinson who graciously facilitated a session this month when needed.

Meeting ID: 898 1686 2091 **Passcode:** 165904 **Mobile** +16469313860



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Reminder *(Lead Deanna Fraser)*

To help S2S budget and plan effectively, please sign-up for the December 2026 Sight and Sound Trip and the March 2026 Retreat. Thanks in advance.

Gospel Fitness Class® *(Lead Charlene Wilson)*



Our next fitness class is **Sunday, September 13th at 12:30pm**. Mark your calendar and invite your friends to New Vision Church for an Xtreme Fitness workout led by certified instructor Monica Freeman. Whether you're a fitness beginner or enthusiast, you'll feel motivated as our expert trainer guides you through step moves designed to strengthen and challenge your body. See you there!



X-TREME
FITNESS

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“Adopt a Shelf” Program: New Vision Church's Outreach Ministry (under the leadership of S2S Sistah Gina Winchester) supports the *Adopt A Shelf" Program at the Bowie Interfaith Food Pantry. Because of your generous 184 rolls of Toilet Paper were donated to assist those in need in our community. We're a church in the community making an impact with our lives. Thanks for giving.

Gina Winchester

September

184 Rolls
Delivered

A SPECIAL INVITATION FROM THE HEART OF FIRST LADY

Sisters

I would love for you to join me at this upcoming event. This Foundation has truly been a blessing to me throughout my Breast Cancer journey — a sisterhood I never even realized I needed.

The CEOs have even supported us by attending our Sister to Sister Breast Cancer Awareness events!

Event Link: Bethesda Theater

(<https://share.google/MlfLvnA8K130tKmAV>)

Let's show up in love and support together.

Tami Dabney

MIRIAMM & The Edith P. Wright Breast Cancer Foundation, Inc. Turn Bethesda Theater

PINK FOR

The 15th Annual
EPW AWARDS

CELEBRATING COMMUNITY ACHIEVEMENTS IN THE FIGHT AGAINST BREAST CANCER

SUNDAY, OCTOBER 5TH AT 3PM

Special Guest Host
Taylor Thomas

Tickets Available at
BethesdaTheater.com

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sat 10/4 	Domestic Violence 5K Walk/Run @ Fairwood Community Park: 12390 Fairwood Parkway, Bowie, Md. Sponsored by the Prince Georges County Police Department – DVS Feel free to rock your “In October Wear PINK and PURPLE” Tee Shirt <u>Register today:</u> Walk hours: 8:00 AM – 12:00PM.
sun 10/5 	Domestic Violence Round Table Discussion @ New Vision Church, Bowie, Md., at 12:30pm Please wear PURPLE. Feel free to rock your “In October Wear PINK and PURPLE” Tee Shirt Refreshments will be available. Resource Table: Hotline, Counseling, Safe Exit Plans.
Sat 10/11 	Walk By Faith Breast Cancer Walk for Life @ Allen Pond Park, 3330 Northview Drive, Bowie Md. Walkers, runners, and families are welcome to join in the walk. Please Register in advance. 8:30 AM sign-in, 9:30 AM opening ceremony, 10 AM walk/run begins
Sun 10/12 	Pink & Purple Xtreme Gospel Fitness @ New Vision Church, Bowie, Md Please wear PINK and/or PURPLE. Sport your “In October Wear PINK and PURPLE” Tee Shirts Workout session is after church service (12:30 PM) w/Monica Freeman, Certified Xtreme Fitness Trainer
Sun 10/19 	Pink Sunday - Breast Cancer Awareness Please wear PINK. Feel free to rock your “In October Wear PINK and PURPLE” Tee Shirt Survivors discuss their journey, early detection, support & prevention. There will be a Memorial Table with candles and ribbons.

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In October Wear PINK and PURPLE Tee Shirts: *(Lead Connee Prout)*

"We Wear PINK and PURPLE" T-Shirts are ready for pickup from Connee Prout. New orders will be processed and ready for pickup at church the following week. These beautifully designed shirts designed by Connee Prout can be worn for most Breast Cancer Awareness & Domestic Violence Awareness Month activities. Tee shirt order forms are available on the table in the rear of the church. The cost is \$20/\$25.

Note: A New Vision Church design is also available.

Breast Cancer Awareness Walk:

New Vision Family and Friends are invited to participate in the "Walk By Faith Breast Cancer Walk for Life", on Saturday, October 11th at Allen Pond Park from 8:30am - 12:30pm. Please register as soon as possible to join the New Vision Church Team <https://www.givesignup.org/RaceGroups/122545/Groups/1892073>. Registration is \$15 youth 6-12, \$35 adults, \$25 adults 67+, \$0 survivors/volunteers. If you are a survivor and would like to be honored, please register and contact Charlene Wilson no later than September 30th to be included in the survivors program. Volunteer opportunities such as route cheerleaders, security set-up are also available. Come out and help support the cause. All are welcome.



Next Newsletter Edition: November 30th

The intent of the newsletter is to keep sisters informed, increase participation, and foster sisterhood. If you have suggestions, would like to provide content, or want to assist with edits, please contact Pearl Wells at pearl.wells@verizon.net. All newsletter inputs are requested by October 27th.

Social Media:

Facebook: To stay connected, please join our **NVC Sister-2-Sister Ministry** FaceBook page.

Website: For current S2S information, log on to **nvision.org** and click on "**sister-2-sister-womens-ministry**".

To learn more about the Women's Ministry, contact First Lady Tami Dabney.