

# Sister to Sister Newsletter



## *From the Heart of First Lady Tamí*

In the words of the late James Brown, "Say it loud—I'm Black and I'm proud!" What a powerful month to celebrate Black History—Our History. What began as a single day, then a week, has grown into an entire month dedicated to honoring the resilience, brilliance, creativity, faith, and contributions of Black people throughout history and today.

Black History Month reminds us that our story matters. Our voices matter. Our legacy matters. It is a time to reflect, to teach, to uplift, and to pass the torch to the next generation with pride and purpose.

And nestled within this powerful month is another reminder—love. A month where one day is intentionally set aside to celebrate love in all its expressions. With all of this, I can't help but pause and reflect on the ultimate expression of love.

The love of God.

A love so deep, so intentional, so sacrificial, that He gave His only begotten Son for us. Not because we earned it, but because He loved us first.

"For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life." — John 3:16 (KJV)

# February Birthdays

A very happy birthday goes out to:

- Christine Johnson (2/4)
- Serena Mosteller (2/4)
- Celia Bolden (2/11)
- Sheryl Gonzalez (2/23)



## Deep Dive

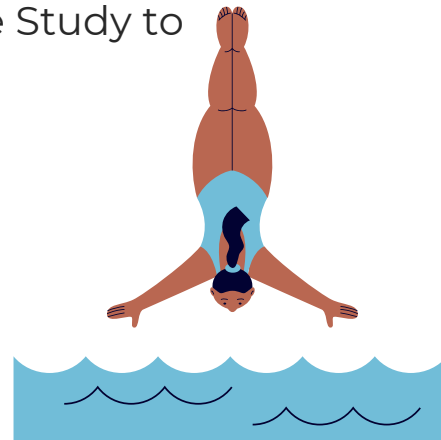
Dive in with us on Mondays at 7PM via Zoom for Bible Study to grow in Christ and extend love and support to one another.

**Zoom Meeting ID: 898 1686 2091 Passcode: 165904**

2/9 - Fearfully & Wonderfully Made - Psalm 139:14

2/16

2/23



Come and share in our discussion. Invite a friend. All ladies are welcome. Deep dive questions are provided at [nvision.org](http://nvision.org)

# *Upcoming*

## EVENTS

2026

**2026**  
FEB

**NATIONAL HEART  
DISEASE MONTH**

**02**  
MAY

**FAMILY GAME DAY  
OPEN TO ALL**

**2026**  
AUG

**SOAK IN THE SUN**

**10**  
OCT

**BREAST CANCER &  
DOMESTIC VIOLENCE  
WALK/RUN**

**17**  
OCT

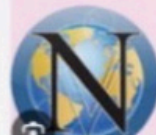
**HEALTH & WELLNESS/  
MENTAL HEALTH EXPO  
(MEN, WOMEN &  
CHILDREN)**

**19**  
DEC

**SIGHT & SOUND  
THEATRE**

**20**  
DEC

**SENIOR CITIZEN  
SURPRISE**



**NEW VISION  
Church**

# Gospel Fitness



Come enjoy a fun, **FREE** workout normally held on the 2<sup>nd</sup> Sunday of each month. This month it will be held on **Sunday, February 15**. Whether you're a fitness beginner or enthusiast, you'll feel motivated as expert **Xtreme trainer Monica Freeman** guides you through step moves designed to strengthen and challenge your body.

*\*\* Everyone is welcome. \*\**

The newsletter aims to keep sisters informed, increase participation, and foster sisterhood. If you have suggestions, would like to provide content, or want to assist with edits, please contact **Pearl Wells** at [pearl.wells@verizon.net](mailto:pearl.wells@verizon.net).

## **SOCIAL MEDIA:**

**Facebook:** Join our NVC Sister-2-Sister Ministry Facebook page.

**Website:** [www/nvision.org](http://www/nvision.org)  
click on sister-2-sister-womens-ministry

To learn more about the Women's Ministry, contact First Lady Tami Dabney