

PRESCHOOL ROUTINE



7:00-8:00

Rise and Shine!

Breakfast, get dressed, brush teeth + make beds!

8:00-8:30

Learn Something Time

Use this time to review your colors, letters, shapes or animals!

Try a Scavenger Hunt around the house where you "hunt for things that are the color red." Use flashcards to learn new animals and their sounds or read a favorite book and point to the letter "A" each time you see it. Let us know the creative ways you are learning by posting a picture on social media using #KCONLINE

8:30-9:00

Kids Crossing God Times

9:00-9:30

Free Play

9:30-10:30

Morning Walk Time!

10:30-11:00

Music Time

Get out your toy instruments (or pots and pans) and play along to some of your favorite songs! Check out our Kids Crossing Spotify playlist for some great tunes!

11:00-11:30

Make Lunch Together

Get out your toy instruments (or pots and pans) and play along to some of your favorite songs! Check out our Kids Crossing spotify [Early Childhood] playlist for some great tunes!

11:30-12:30

Lunch

12:30-2:30

Nap

2:30-3:00

Cuddles + favorite TV Show/Book!

3:00-3:30

Creation Time

PlayDough, painting, coloring [or a fun art project!] Check out our Kids Crossing Pinterest for creative ideas and our favorite resources!

3:30-4:00

Time To Move

Hide and Seek, freeze tag or one of the Kids Crossing Pinterest Movement activities! Take it outside to get some fresh air if you are able.

4:00-5:00

Free Play

5:00-6:00

Screen Time

6:00-7:00

Dinner

7:00-8:00

Baths + Bedtime Routine