### **EMBARC – New International Version**

### LEVEL 1

### Salvation

### Week 1

Romans 3:23

" For all have sinned and fall short of the glory of God;" The Gospels - Matthew, Mark, Luke, John

#### Week 2

Romans 6:23

" For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."

History - Acts

### Week 3

John 3:16

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

Pauline Epistles - Romans, I Corinthians, II Corinthians, Galatians, Ephesians, Philippians, Colossians

### Week 4

John 3:36

" Whoever believes in the Son has eternal life, but whoever rejects the Son will not see life, for God's wrath remains on him."

Pauline Epistles - I Thessalonians, II Thessalonians, I Timothy, II Timothy, Titus, Philemon

### Week 5

Acts 4:12

" Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved."

General Epistles - Hebrews, James, I Peter, II Peter, I John, II John, III John, Jude

#### Week 6

Ephesians 2:8,9

"For it is by grace you have been saved, through faith--and this not from yourselves, it is the gift of God: not by works, so that no one can boast."

Prophecy - Revelation

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## The Person of Christ

Week 7

John 1:1

" In the beginning was the Word, and the Word was with God, and the Word was God."

Week 8

John 1:14

" The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the One and Only, who came from the Father, full of grace and truth."

Week 9

Galatians 4:4

" But when the time had fully come, God sent his Son, born of a woman, born under law,"

Week 10

Galatians 4:5

" to redeem those under law, that we might receive the full rights of sons. "

Week 11

Colossians 2:9

" For in Christ all the fullness of the Deity lives in bodily form"

Week 12

John 20:28

" Thomas said to him, "My Lord and my God!"

## Prayer

### Week 1

James 4:2,3

"You want something but don't get it. You kill and covet, but you cannot have what you want. You quarrel and fight. You do not have, because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures."

### Week 2

Psalm 66:18

" If I had cherished sin in my heart, the Lord would not have listened:"

### Week 3

I Peter 3:12

" For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil."

## Week 4

**James 5:16** 

" Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."

#### Week 5

John 14:13

" And I will do whatever you ask in my name, so that the Son may bring glory to the Father."

#### Week 6

Jeremiah 33:3

"Call to me and I will answer you and tell you great and unsearchable things you do not know."

## The Word of God

## Week 7

II Peter 1:20,21

"Above all, you must understand that no prophecy of Scripture came about by the prophet's own interpretation. For prophecy never had its origin in the will of man, but men spoke from God as they were carried along by the Holy Spirit."

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### Week 8

Psalm 119:9

" How can a young man keep his way pure? By living according to your word."

The Law - Genesis, Exodus, Leviticus, Numbers, Deuteronomy

### Week 9

Psalm 119:11

" I have hidden your word in my heart that I might not sin against you."

History - Joshua, Judges, Ruth, I Samuel, II Samuel, I Kings, II Kings, I Chronicles, II Chronicles, Ezra, Nehemiah, Esther

#### Week 10

II Timothy 2:15

"Do your best to present yourself to God as one approved, a workman who does not need to be ashamed and who correctly handles the word of truth."

Poetry and Wisdom - Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon

#### Week 11

II Timothy 3:16

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."

The Major Prophets - Isaiah, Jeremiah, Lamentations, Ezekiel, Daniel

## Week 12

II Timothy 3:17

" So that the man of God may be thoroughly equipped for every good work."

The Minor Prophets - Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, Malachi

#### Psalm One

#### Week 1

### Psalm 1:1

"Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers."

### Week 2

### Psalm 1:2

"But his delight is in the law of the LORD, and on his law he meditates day and night."

## Week 3

### Psalm 1:3

"He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers."

#### Week 4

### Psalm 1:4

"Not so the wicked! They are like chaff that the wind blows away."

#### Week 5

## Psalm 1:5

"Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous."

## Week 6

### Psalm 1:6

"For the LORD watches over the way of the righteous, but the way of the wicked will perish."

## Psalm Twenty Three

### Week 7

Psalm 23:1

"The LORD is my shepherd, I shall not be in want."

### Week 8

#### Psalm 23:2

"He makes me lie down in green pastures, he leads me beside quiet waters."

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Week 9

Psalm 23:3

"He restores my soul. He guides me in paths of righteousness for his name's sake."

Week 10

Psalm 23:4

"Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me."

Week 11

Psalm 23:5

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows."

Week 12

Psalm 23:6

"Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever."

### The Beatitudes

## Week 1

# Matthew 5:3

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."

### Week 2

### Matthew 5:4

"Blessed are those who mourn, for they will be comforted."

## Week 3

## Matthew 5:5

"Blessed are the meek, for they will inherit the earth."

## Week 4

## Matthew 5:6

"Blessed are those who hunger and thirst for righteousness, for they will be filled."

### Week 5

## Matthew 5:7

"Blessed are the merciful, for they will be shown mercy."

### Week 6

## Matthew 5:8

"Blessed are the pure in heart, for they will see God."

### Week 7

## Matthew 5:9

"Blessed are the peacemakers, for they will be called sons of God."

## Week 8

## Matthew 5:10

"Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven."

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Week 9

Matthew 5:11

"Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me."

Matthew 5:12

"Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."

## Guidance

Week 11

Proverbs 3:5

"Trust in the LORD with all your heart and lean not on your own understanding;"

## Week 12

Proverbs 3:6

"In all your ways acknowledge him, and he will make your paths straight."

## LEVEL 5

#### Week 1

### Romans 8:28

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

### Week 2

### Romans 8:29

"For those God foreknew he also predestined to be conformed to the likeness of his Son, that he might be the firstborn among many brothers."

### Week 3

### Romans 8:30

"And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified."

#### Week 4

## Romans 8:31

"What, then, shall we say in response to this? If God is for us, who can be against us?"

### Week 5

### Romans 8:32

"He who did not spare his own Son, but gave him up for us all--how will he not also, along with him, graciously give us all things?"

### Week 6

## Romans 8:33

"Who will bring any charge against those whom God has chosen? It is God who justifies."

### Week 7

### Romans 8:34

"Who is he that condemns? Christ Jesus, who died--more than that, who was raised to life--is at the right hand of God and is also interceding for us."

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## Week 8

Romans 8:35

"Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?"

## Week 9

Romans 8:36

"As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered."

## Week 10

Romans 8:37

"No, in all these things we are more than conquerors through him who loved us."

## Week 11

Romans 8:38

"For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers,"

## Week 12

Romans 8:39

"Neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

## Resisting Temptation and the Ten Commandments

#### Week 1

Matthew 4:10

"Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only'."

1st Commandment - Thou shalt have no other gods before me.

#### Week 2

Proverbs 30:8

"Keep falsehood and lies far from me; give me neither poverty nor riches, but give me only my daily bread." 2nd Commandment - Thou shalt not make unto thee any graven image.

### Week 3

Proverbs 30:9

"Otherwise, I may have too much and disown you and say, 'Who is the LORD?' Or I may become poor and steal, and so dishonor the name of my God."

3rd Commandment - Thou shalt not take the name of the Lord thy God in vain.

### Week 4

1 Corinthians 10:13

"No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it."

4th Commandment - Remember the Sabbath day to keep it holy.

### Week 5

Ephesians 6:1, 2

"Children, obey your parents in the Lord, for this is right. Honor your father and mother"--which is the first commandment with a promise."

5th Commandment - Honour thy father and thy mother.

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## Week 6

1 John 3:15

"Anyone who hates his brother is a murderer, and you know that no murderer has eternal life in him."

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6th Commandment - Thou shalt not kill.

### Week 7

Matthew 5:28

"But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart."

7th Commandment - Thou shalt not commit adultery.

### Week 8

Ephesians 4:28

"He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need."

8th Commandment - Thou shalt not steal.

#### Week 9

Proverbs 12:22

"The LORD detests lying lips, but he delights in men who are truthful."

9th Commandment - Thou shalt not bear false witness against thy neighbor.

## Week 10

Matthew 6:19

"Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal."

10th Commandment - Thou shalt not covet.

#### Week 11

Matthew 6:20

"But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal."

### Week 12

Matthew 6:21

"For where your treasure is, there your heart will be also."

#### The Armor of God

#### Week 1

### Ephesians 6:11

"Put on the full armor of God so that you can take your stand against the devil's schemes."

### Week 2

## Ephesians 6:12

"For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."

## Week 3

## Ephesians 6:13

"Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand."

## Week 4

# Ephesians 6:14

"Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place."

### Week 5

### Ephesians 6:15

"And with your feet fitted with the readiness that comes from the gospel of peace."

### Week 6

## Ephesians 6:16

"In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

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### Week 7

Ephesians 6:17

"Take the helmet of salvation and the sword of the Spirit, which is the word of God."

### Week 8

Ephesians 6:18

"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints."

## The Lord's Prayer

### Week 9

Matthew 6:9

""This, then, is how you should pray: "'Our Father in heaven, hallowed be your name."

#### Week 10

Matthew 6:10

"Your kingdom come, your will be done on earth as it is in heaven."

### Week 11

Matthew 6:11, 12

"Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors."

### Week 12

Matthew 6:13

"And lead us not into temptation, but deliver us from the evil one."

### The Protection of God

### Week 1

Isaiah 41:10

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

#### Week 2

Psalm 27:1

"The LORD is my light and my salvation-- whom shall I fear? The LORD is the stronghold of my life-- of whom shall I be afraid?"

### Week 3

Psalm 27:2

"When evil men advance against me to devour my flesh, when my enemies and my foes attack me, they will stumble and fall."

## Week 4

Psalm 27:3

"Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident."

#### Week 5

Psalm 27:4

"One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to seek him in his temple."

## Week 6

Psalm 27:5, 10

"For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock. Though my father and mother forsake me, the LORD will receive me."

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### Week 7

Psalm 121:1

"I lift up my eyes to the hills-- where does my help come from?"

### Week 8

Psalm 121:2

"My help comes from the LORD, the Maker of heaven and earth."

## Week 9

Psalm 121:3,4

"He will not let your foot slip-- he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep."

## Week 10

Psalm 121:5,6

"The LORD watches over you-- the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night."

### Week 11

Psalm 121:7

"The LORD will keep you from all harm-- he will watch over your life;"

## Week 12

Psalm 121:8

"The LORD will watch over your coming and going both now and forevermore."

## Prophecy of the Messiah's Death

#### Week 1

Isaiah 53:1

"Who has believed our message and to whom has the arm of the LORD been revealed?"

### Week 2

Isaiah 53:2

"He grew up before him like a tender shoot, and like a root out of dry ground. He had no beauty or majesty to attract us to him, nothing in his appearance that we should desire him."

### Week 3

Isaiah 53:3

"He was despised and rejected by men, a man of sorrows, and familiar with suffering. Like one from whom men hide their faces he was despised, and we esteemed him not."

#### Week 4

Isaiah 53:4

"Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted."

### Week 5

Isaiah 53:5

"But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed."

## Week 6

Isaiah 53:6

"We all, like sheep, have gone astray, each of us has turned to his own way; and the LORD has laid on him the iniquity of us all."

#### Week 7

Isaiah 53:7

"He was oppressed and afflicted, yet he did not open his mouth; he was led like a lamb to the slaughter, and as a sheep before her shearers is silent, so he did not open his mouth."

### Week 8

Isaiah 53:8

"By oppression and judgment he was taken away. And who can speak of his descendants? For he was cut off from the land of the living; for the transgression of my people he was stricken."

#### Week 9

Isaiah 53:9

"He was assigned a grave with the wicked, and with the rich in his death, though he had done no violence, nor was any deceit in his mouth."

## Week 10

Isaiah 53:10

"Yet it was the Lord's will to crush him and cause him to suffer, and though the LORD makes his life a guilt offering, he will see his offspring and prolong his days, and the will of the LORD will prosper in his hand."

## Week 11

Isaiah 53:11

"After the suffering of his soul, he will see the light of life and be satisfied; by his knowledge my righteous servant will justify many, and he will bear their iniquities."

### Week 12

Isaiah 53:12

"Therefore I will give him a portion among the great, and he will divide the spoils with the strong, because he poured out his life unto death, and was numbered with the transgressors. For he bore the sin of many, and made intercession for the transgressors."

### LEVEL 10

## The Happy Life

Week 1

Psalm 32:1

"Blessed is he whose transgressions are forgiven, whose sins are covered."

Week 2

Psalm 32:2

"Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit."

Week 3

Psalm 32:3

"When I kept silent, my bones wasted away through my groaning all day long."

Week 4

Psalm 32:4

"For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Selah"

Week 5

Psalm 32:5

"Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD"-- and you forgave the guilt of my sin. Selah"

Week 6

**Psalm 32:6** 

"Therefore let everyone who is godly pray to you while you may be found; surely when the mighty waters rise, they will not reach him."

Week 7

**Psalm 32:7** 

"You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. Selah"

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Week 8

Psalm 32:8

"I will instruct you and teach you in the way you should go; I will counsel you and watch over you."

Week 9

Psalm 32:9

"Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to you."

Week 10

Psalm 32:10

"Many are the woes of the wicked, but the Lord's unfailing love surrounds the man who trusts in him."

Week 11

Psalm 32:11

"Rejoice in the LORD and be glad, you righteous; sing, all you who are upright in heart!"

Week 12

Psalm 33:22

"May your unfailing love rest upon us, O LORD, even as we put our hope in you."

## Looking to God

Week 1

Psalm 123:1

"I lift up my eyes to you, to you whose throne is in heaven."

Week 2

Psalm 123:2

"As the eyes of slaves look to the hand of their master, as the eyes of a maid look to the hand of her mistress, so our eyes look to the LORD our God, till he shows us his mercy."

Week 3

Psalm 123:3

"Have mercy on us, O LORD, have mercy on us, for we have endured much contempt."

Week 4

Psalm 123:4

"We have endured much ridicule from the proud, much contempt from the arrogant."

Week 5

Psalm 4:1

"Answer me when I call to you, O my righteous God. Give me relief from my distress; be merciful to me and hear my prayer."

Week 6

Psalm 4:2

"How long, O men, will you turn my glory into shame? How long will you love delusions and seek false gods? Selah"

Week 7

Psalm 4:3

"Know that the LORD has set apart the godly for himself; the LORD will hear when I call to him."

Week 8

Psalm 4:4

"In your anger do not sin; when you are on your beds, search your hearts and be silent. Selah"

Week 9

Psalm 4:5

"Offer right sacrifices and trust in the LORD."

Week 10

Psalm 4:6

"Many are asking, "Who can show us any good?" Let the light of your face shine upon us, O LORD."

Week 11

Psalm 4:7

"You have filled my heart with greater joy than when their grain and new wine abound."

Week 12

Psalm 4:8

"I will lie down and sleep in peace, for you alone, O LORD, make me dwell in safety."