



FOREFRONT SMALL GROUP STUDY

This week, we're reflecting on Psalm 23:5–6, a reminder of how God's faithfulness continues to overflow in our lives.

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows."

Even in the face of uncertainty and opposition, God provides blessing and protection. The table represents His generous provision; the anointing with oil reminds us that we are chosen, loved, and cared for personally by Him. David's declaration that his cup overflows expresses deep gratitude for blessings that exceed sufficiency—evidence of God's abundance even when life feels uncertain.

Faith calls us to pause and recognize the very things we once prayed for that are now reality. God's goodness and love continually pursue us, assuring us that His presence and care will follow us all our days.

So here's the step:

What prayers from your past can you now see God answering? How does remembering His faithfulness strengthen your trust for the future?

Here is a good way to walk this out in your daily life over the next week:

Are there things in your life that you need? Do you need restoration; or are you walking through a situation that seems dark and scary? Psalm 23 takes us through God's promises to be with us and look after everything we need. It is in Him that we can find true rest, peace, and love.

[7-day Bible reading/devotional plan](#)

GROUP STUDY:

1. Read Psalm 23:5–6 together. What stands out to you most in these verses?
2. David writes that God prepares a table "in the presence of my enemies." What does it mean to experience God's blessing even in hard or hostile circumstances?
3. The anointing with oil symbolizes God's personal care and favor. When have you felt especially seen or valued by God?
4. "My cup overflows" speaks to abundance, not just sufficiency. Where do you see God's abundance in your life right now?
5. How can gratitude for answered prayers deepen your faith and help you trust God in the areas you're still waiting on Him?
6. Read Philippians 4:19. How does this verse connect with David's confidence in Psalm 23?
7. What's one way you can intentionally celebrate or share God's faithfulness with someone this week?

Have questions about this study or about Forefront Church? You can contact info@forefront.org and our team will help you.