



FOREFRONT SMALL GROUP STUDY

This Week: Psalm 23:1-3 invites us to trust the Lord as our Shepherd—the one who provides, protects, and leads us every step of the way. When the psalm says, “He makes me lie down in green pastures,” it’s important to know that green pastures in ancient Israel weren’t endless, lush fields like we might imagine. Instead, they were just enough grass for the sheep to eat that day—no more, no less—but always enough. God provides what we need for today, even if it’s not what we hoped for tomorrow. He leads us beside quiet waters, refreshing our souls, and guides us along right paths for His name’s sake. As our Shepherd, He lovingly corrects and gently leads us, always faithful and trustworthy. Sometimes His care looks like rest, sometimes correction, but it’s always perfect provision. So here’s the step: What part of your life needs to stop striving for more and simply trust that God’s daily provision is enough? Where can you rest in His guidance today, knowing He is leading you exactly where you need to be? Will you lean into the Shepherd’s care even when the path isn’t what you expected?

Here is a good way to walk this out in your daily life over the next week:

Are there things in your life that you need? Do you need restoration; or are you walking through a situation that seems dark and scary? Psalm 23 takes us through God’s promises to be with us and look after everything we need. It is in Him that we can find true rest, peace, and love. [7-day Bible reading/devotional plan](#)

GROUP STUDY:

1. Read Psalm 23:1–3 together. What stands out to you most in these verses, and why do you think David chose to describe God as a Shepherd rather than something else?
2. In ancient Israel, “green pastures” were not endless fields but daily provision. How does this change the way you understand verse 2? Where do you struggle most with trusting God’s provision one day at a time?
3. Compare Psalm 23:2 with Matthew 6:11 (“Give us today our daily bread”). What do these passages together teach us about God’s rhythm of provision?
4. Verse 3 says God “refreshes my soul.” What do you think that refreshment looks like in practical terms for you personally? Where have you experienced it recently?
5. Psalm 23:3 also speaks about being led in “right paths” for His name’s sake. How do you discern if the path you’re on is the one God is leading you on versus one you’ve chosen for yourself?
6. Sometimes the Shepherd’s care looks like rest, and sometimes it looks like correction. Read Hebrews 12:5–11. How have you experienced both rest and correction from God? Which one is harder for you to receive?
7. Think about an area of your life where you’ve been striving, anxious, or resistant to trust God’s provision. What would it look like this week to rest in His daily care instead of pushing for more or worrying about tomorrow?

Have questions about this study or about Forefront Church? You can contact info@forefront.org and our team will help you.