



GROUP STUDY

2.8.26:

**Read: Proverbs 3:5–6;
Philippians 4:6–7; Matthew
6:25–34**

FOREFRONT SMALL GROUP STUDY

What if the biggest threat to our faith isn't unbelief... but living like God doesn't matter?

Practical Atheism explores the gap between what we say we believe and how we actually live. This series challenges us to move beyond agreeing with truth on Sunday to being transformed by it Monday through Saturday—inviting us from knowing about Jesus to truly knowing Him.

Icebreaker Question:

If you could control one completely uncontrollable thing in life (weather, traffic, other people, time, etc.), what would you choose?

DAILY WALK / NEXT STEP:

This week: Pick one thing you've been trying to control and intentionally hand it to God every single time anxiety about it shows up.

Don't just do it once — practice releasing it over and over.

Because trust isn't trust until it costs you control.

1. What's something in your life right now that feels outside your control?
2. Why do you think we struggle so much to let go of control, even when we say we trust God?
3. Have you ever experienced peace in a situation that didn't make logical sense? What was that like?
4. What's the difference between planning wisely and trying to control outcomes?
5. When you feel anxious, what is your normal response?
6. What might it look like to turn anxiety into a cue to pray instead of a reason to spiral?
7. What is one "next right step" you feel like you can take this week instead of trying to figure out everything at once?

Looking Ahead to Next Sunday:

TOPIC: Selective Obedience: When God Gets My Yes—With Conditions

Luke 6:46; John 14:21; 1 Samuel 15:22

Have questions about this study or about Forefront Church? You can contact info@forefront.org and our team will help you.