



FOREFRONT SMALL GROUP STUDY

Restless Souls explores the quiet restlessness many of us carry — the sense that even when life is full, something inside still feels unsettled. Inspired by Augustine’s words, “Our hearts are restless until they rest in you,” this series invites us to rediscover simple, ancient practices like Scripture, prayer, and listening to God. As we slow down and make space for Him, we begin to move from simply believing in God to actually living with Him — and find the rest our souls have been searching for.

Icebreaker:

What’s one time you were really confident about something... and then turned out to be completely wrong?

DAILY WALK / NEXT STEP:

Take 5–10 minutes one day this week—no distractions—and ask yourself one honest question:

“What am I holding onto that I haven’t surrendered to Jesus?”

Write it down. Be specific.

Then, in your own words, pray something simple:

“God, I don’t fully know how to let this go—but I trust You more than I trust myself. I’m giving this to You.”

And revisit that each day this week. Not perfectly—just honestly.

GROUP STUDY

3.29.26:

Read: Luke 19:36-42

1. When you hear “real faith isn’t proven in celebration; it’s proven in surrender,” what stands out to you most?
2. Why do you think it’s so easy to follow Jesus when things are going well, but harder when they aren’t?
3. Have you ever experienced a moment where your expectations of God didn’t match reality? What did that do to your faith?
4. What are some subtle ways we can “shape” Jesus into the version we want instead of accepting who He is?
5. Why do you think surrender is so difficult for people in general?
6. What does surrender actually look like in everyday life (work, relationships, decisions, etc.)?
7. What would it look like for you personally to trust God in a deeper way this week?

Looking Ahead to Next Sunday:

TOPIC: “The Story Isn’t Over”

John 20:1-18

Have questions about this study or about Forefront Church? You can contact evan@forefront.org and our team will help you.