



# FOREFRONT SMALL GROUP STUDY

## Series Overview:

Worship is more than music—it's the way we respond to who God is and what He has done. In this series, we'll rediscover worship as a daily posture of surrender, gratitude, and trust that shapes every part of our lives. From mountaintop praise to worship in the middle of struggle, we'll learn that true worship was never meant to stay inside a song.

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## ICEBREAKER:

If you could completely eliminate one minor inconvenience from your everyday life forever, what would it be and why?

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## DAILY WALK / NEXT STEP:

This week, whenever you feel anxiety, frustration, fear, or stress rising, pause before reacting and pray this simple prayer: "God, I don't know what to do... but my eyes are on You."

Then take one intentional step to redirect your focus toward Him—through prayer, worship music, scripture, community, or quiet reflection.

# GROUP STUDY 5.31.26

Read: 2 Chronicles 20:20-22,  
Acts 16:25-26, Psalm 22:3

1. When life gets overwhelming, what do you naturally turn to first for comfort or control?
  2. Why do you think fear and anxiety can become such loud voices in our lives?
  3. Have you ever had a moment where shifting your focus changed your perspective, even if your situation didn't immediately change?
  4. What do you think it practically means to "keep your eyes on God" in everyday life?
  5. Why is honesty important in our relationship with God?
  6. What are some healthy ways people can fight isolation, anxiety, or hopelessness spiritually and relationally?
  7. What is one practical habit or rhythm that helps you stay spiritually grounded when life feels chaotic?
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## Looking Ahead to Next Sunday:

**TOPIC: Designed on Purpose**

**Genesis 1:26-28, Genesis 2:18-25, Matthew 19:4-6**

Have questions about this study or about Forefront Church? You can contact [evan@forefront.org](mailto:evan@forefront.org) and our team will help you.