

THE B4 MONTHLY

- JANUARY 2021 -

2020 YEAR-END GIVING STATEMENTS

If the church has an email address on file for you, we will email you a link and instructions to retrieve your 2020 year-end statement the third week of January 2021. If we do not have an email on file, a record of tax-deductible donations will be mailed out the last week of January 2021. If you've had a change of address, please notify our business office in writing, or email it to it@b4church.org.

JANUARY 3

NEW SERIES BEGINS ON THE SH'MA: AN ANCIENT HEBREW PRAYER

Our Advent series focused on God's presence revealed to us through Jesus. This follow-up series will look at our response to God's invitation to be his people. How do we become the people of God? This question is addressed in Deuteronomy 6:4-9, a passage which is called the Sh'ma in Hebrew. The commands that God gave the Israelite people in this passage serve as an invitation from God to "listen" to him and respond with our whole selves. This series will explore practical ways that we can do this throughout the rhythms of our daily life and among the relationships we hold most dear.

JANUARY 5

THE B4 PODCAST RETURNS

The B4 Podcast is back for our second season! Join us every Tuesday as we wrestle through how to live like Jesus in the midst of the craziness of our present time. We'll be discussing current events and how to view them through God's eyes. We'll hear stories from people in our congregation to encourage and inspire. Through it all, we'll seek to provide practical ideas on how to incorporate our faith into our lives. If you have ideas on issues you would like us to discuss please send an email to podcast@b4church.org.

B4 KIDS CHURCH AT HOME FEBRUARY LAUNCH BOX REGISTRATION

Are you interested in continuing to establish strong, spiritual rhythms in your home? B4 Kids Launch Boxes are a way to do this. Our Launch Boxes are full of fun resources that allow you to facilitate Church at Home for your children. Registration for a February Launch Box opens January 21st; you can find the registration links on our B4 Kids page.

JANUARY 5

TUESDAY AFTERNOON CONNECT GROUP

If you are looking to Connect with others over a great book, join us for our January Connect Group. Every Tuesday in January we will be meeting in person from 1:00 - 2:00 pm to discuss Hannah Hurnard's timeless allegory, *Hinds Feet on High Places*. We will be discussing the story of Much Afraid as she journeys with her companions Sorrow and Suffering. This book, written in 1955, will provide unique insight into the current season and remind us of the unseen hand that guides our way. Participants will need to buy or borrow a copy of the book to participate. Space is limited, so please register today and join us!

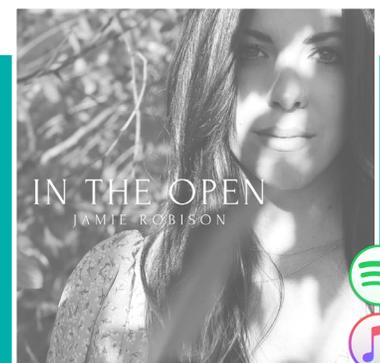
JANUARY 5

INTERESTED IN CITIZENSHIP CLASSES?

B4 will host citizenship classes beginning January 5th at 7pm. The course will be taught by PDX Friends of Refugees, and will continue for nine weeks through March 9th. It will meet in person (as permitted) on the church campus in the West Building. The classes are free, and intended for anyone who is interested in becoming a US citizen or learning more about citizenship. Contact Bethany (bwoodard@b4church.org) to get connected.

ALBUM RELEASE BY JAMIE ROBISON

Jamie has been a worship leader at B4 for many years and has just released an album! This work, "In the Open," is a worshipful journey of honesty, hope and freedom inspired by Psalm 18:19. Profits from this project will be given back into the community, specifically one of B4's current partners, Road to Hope. Join us in celebrating this work by checking out iTunes, Spotify, or by contacting us for physical CDs.



B4CHURCH MERCH JANUARY 2021

Available in the commons before or after services.



\$8 MASKS



\$10 MUGS

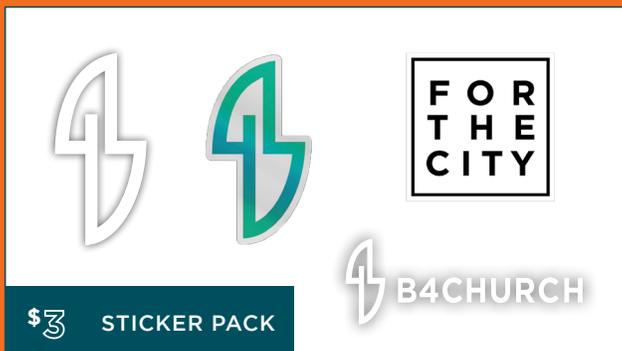


*COMING MID-JANUARY

\$10 BEANIE



\$25 HOODIE



\$3 STICKER PACK

JANUARY 7 + 10

IN-PERSON SERVICES RESUME

Starting Thursday, January 7th, we will resume meeting in person with three services each week: Thursday nights at 6:30 PM and Sunday mornings at 9 + 11 AM. We will also offer B4 Kids gatherings for Babies - Preschool during the 9 am service, and Middle School during both Sunday services, registration is required for those areas. Revised public health guidelines mean no more plastic barriers, color-coded entries, and QR check-ins. We will still observe physical distancing and face-covering guidelines at all services so you can worship together safely. We'll also sanitize the auditorium between gatherings. Look for an email on Monday Mornings with the registration link, or you can find it at b4church.org.

JANUARY 7 + 10

B4CHURCH MERCH AVAILABLE

If you would like some sweet B4 swag, you are in luck! Starting January 7th, we are opening up our own merch store. You can swing by the commons before or after service to pick up your very own B4 branded merchandise. We have ordered a limited supply of sweatshirts, beanies, mugs, and masks that will be available for purchase. When they are gone, they are gone, so get yours while you still can! We will open the store again when we do our next order in the spring with different products.

JANUARY 10

CONNECTING WITH GOD COURSE

Whether you are a new Christian or are just feeling a bit dry in your faith, if you are looking to draw closer to God in the new year, this course is for you! Together, we will explore practical ways that you can connect with God in your everyday life. In this four week course, we will learn about various spiritual practices like prayer, rest, and solitude that can help you draw nearer to God. We will participate in these practices together as a group and help you develop your own "rule of life" to help you live a life sustained in God's love and grace. This course will meet on Sunday's from 9:00 - 10:30 am starting January 10th. Our last class session will be January 31st. Because of current social distancing requirements, space in this course is limited and registration is required.

JANUARY 13

PRIMETIMERS LUNCH

Prime Timers is a gathering of those 55 and older who meet to share a meal, fellowship, and worship. Our next meeting is January 13th from 11:00 am - 1:00 pm in the Commons. Reservations are required so please call Carolyn Hanson (503.475.6042) to reserve your space.

JANUARY 11 + 18

GRIEFSHARE ONE NIGHT EVENT: LOSS OF A SPOUSE

The death of a spouse brings a unique kind of pain. If you are struggling with the pain of losing a spouse, please consider joining us for our evening seminar. The night will include a helpful video teaching, small group discussion, and prayer. This event will take place in person on January 11 from 6:30 - 8:30 pm in the Commons or online on January 18 from 6:30 - 8:30 pm. Please RSVP to mtj@b4church.org.

Whether you have lost a spouse or someone else close to you, please feel free to join us weekly for Griefshare. We provide a safe place where you can be with others on the grief journey. We share resources, prayer, small group discussion and video teaching to help you through this difficult time and come to know Jesus as your healer and comforter. Check out b4church.org/groups for more information.

JANUARY 12

TUESDAY PLAYTIME: AN OPEN GYM FOR TODDLER + PRESCHOOL FAMILIES

If you are looking for a safe place for your toddler or preschooler to play and interact with friends, our Tuesday Playtime is for you! Every other Tuesday beginning on the 12th, we will be hosting an open gym time from 9:00 - 11:00 am. All are welcome, whether you attend B4 regularly or just live in the area. Register today for the next available Playtime. For more information, or if you have any questions, reach out to Carrie Koster (ckoster@b4church.org).

JANUARY 19

FINANCIAL PEACE UNIVERSITY: OFFERING BIBLICAL WISDOM FOR YOUR FINANCES

If one of your New Year's Resolutions is to improve your financial picture, Financial Peace University (FPU) is a great place to start. It teaches a biblical way of handling money and can help you get your finances on track. This 9-week class teaches you how to get rid of debt and create a wise plan for your money. Whether you feel like your finances are a mess or you just need a tune-up, this class is for you. This course will meet in person on Tuesdays from 6:30 - 8:30 pm. Purchase of a year-long Ramsey+ subscription (\$129.99) is required to access the materials for this class. .

JANUARY 19

ALPHA ASKS THE BIG QUESTIONS

Alpha is a 9-week course where anyone can learn the basics of Christian faith, whether they are new to Jesus, processing doubts about Christianity, or just wanting to explore it. The goal is to provide a welcoming, authentic environment where people can wrestle with the big questions of life. If there's someone in your life that you've wanted to talk about faith with, invite them to go through Alpha with you! Participants will have the option of being in an in person small group that meets on Tuesdays from 6:00 - 8:00 pm (where dinner is provided each week) or an online only group. Whether you would like to go through the course yourself or would like to invite a friend who is walking that journey, we would love to have you as a part of our next Alpha Course.

JANUARY 25

REUNION: A MARRIAGE EXPERIENCE

Are you looking to strengthen your marriage? Do you want to connect with other couples at B4? If so, the Reunion marriage experience is designed for you. Whether you've been married for many years or only a few, this 17-week marriage course is meant to help you and your spouse grow in your relationship while learning from mentor couples and others on the same journey. Information and registration are available by contacting Marriage Pastor Debi Mills (dmills@b4church.org).

JANUARY 26

MOTHERWISE BEGINS ITS WINTER SESSION

Our revamped MotherWise is back for the winter season! We will continue to meet every other Tuesday evening. If you did not join us this fall, but are interested in signing up now, you are more than welcome to sign-up today. We will be meeting in two ways: a live group at B4 and a Zoom small group. Each meeting includes a large group time and a small group time of prayer and discussion facilitated by a mentor mom. Moms with children that are babies through high school from all walks of life are welcome. Registration link available at b4church.org.

WEEKLY AT B4:

WEEKLY LIVE SERVICE IN-PERSON + ONLINE

Thursdays, 6:30 pm, Sundays, 9 + 11 am

B4 KIDS BIRTH - PRESCHOOL

Sundays, 9 am

MIDDLE SCHOOL

Sundays, 9 + 11 am

B4 CULTURE FELLOWSHIP

Sundays, 10 am

GRIEFSHARE

Mondays, 6:30 pm (Starting again Jan 25)

HIGH SCHOOL

Tuesdays, 7 pm (Starting again Jan 12)

YOUNG ADULTS

Wednesdays, 7 pm

CELEBRATE RECOVERY

Thursdays, 6:30 pm (Loft)

MEN WITH BIBLES

Thursdays, 6:55 pm (East Building)

*** Events and groups subject to change.
Please check our website at b4church.org
for the most up to date information. ***

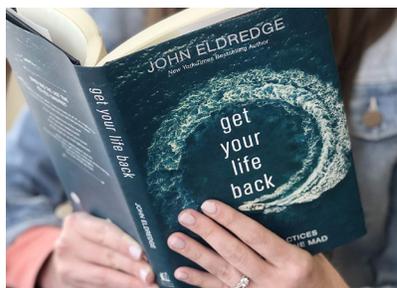
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JANUARY BOOK RECOMMENDATIONS



Next Right Thing by Emily Freeman

Freeman offers a fresh way of practicing familiar but often forgotten advice: simply do the next right thing. With this simple, soulful practice, it is possible to clear the decision-making chaos, quiet the fear of choosing wrong, and find the courage to finally decide without regret or second-guessing.



Get Your Life Back by John Eldredge

Begin restoring your life here and now. Your soul will thank you for it. A REFRESHINGLY SIMPLE GUIDE TO RECOVER YOUR LIFE! In *Get Your Life Back*, New York Times bestselling author John Eldredge provides a practical, simple, and refreshing guide to taking your life back.

You can check out books on our virtual library at b4church.org/resources.

**THANK YOU
FOR YOUR
FAITHFUL
SUPPORT**

The best way to give is online, just scan the QR Code. It's safe and secure, but if you prefer to mail a check, you can send it to B4Church at:

13565 SW Walker Road, Beaverton OR, 97005



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13565 SW WALKER RD, BEAVERTON, OR 97005
B4CHURCH.ORG • INFO@B4CHURCH.ORG • 503.644.9104